



## Ireland's National Age Friendly Recognition & Achievement Awards 2026

8<sup>th</sup> October 2026

The Limerick Strand Hotel, Limerick





Funding support for Ireland's National Age Friendly Recognition and Achievement Awards kindly provided by Limerick City and County Council



# Welcome & Fáilte



**John Moran,**  
Mayor of Limerick,

Welcome to Limerick and to the 2026 National Age Friendly Recognition and Achievement Awards. It is a great honour for Limerick to host this national celebration of the people, organisations and communities that are helping to make Ireland a better place in which to grow older.

Tonight's awards recognise the creativity, dedication and compassion of those whose work supports older people to remain active, connected and valued within their communities. Their efforts are helping to create a society where ageing is viewed not as a challenge, but as a positive and rewarding stage of life.

As Mayor, I am proud that Limerick is an Age Friendly county that values the contribution older people make to every aspect of community life. Their experience, leadership and sense of civic responsibility help strengthen our communities and enrich life across our city and county.

I hope that during your stay you will have an opportunity to experience some of what makes Limerick special, from the historic King John's Castle and vibrant Milk Market to the beauty of Lough Derg, the Shannon Estuary and the Ballyhoura region.

What makes Limerick truly special, however, is its people. Across our neighbourhoods, towns, villages and rural communities, there is a strong tradition of volunteerism, community spirit and looking out for one another. Those values align closely with the principles of the Age Friendly movement and help create places where people of all ages can thrive.

To all of our nominees and finalists, congratulations on your achievements and thank you for the positive difference you are making in the lives of older people throughout Ireland.

I wish you an enjoyable evening, every success in the awards and a memorable stay in Limerick.



**Cllr. Tom Ruddle**  
Príomh Chomhairleoir of  
Limerick City and County  
Council,

It is a pleasure to welcome you to Limerick for the 2026 National Age Friendly Recognition and Achievement Awards.

These awards recognise individuals and organisations whose work is helping to ensure that older people remain active, valued and connected members of their communities.

As elected representatives, we see every day the important contribution that older people make to civic and community life. Whether through volunteering, local leadership, advocacy or simply looking out for neighbours, they play a vital role in making our communities stronger and more resilient.

Through the work of our Older People's Council and Age Friendly Alliance, Limerick is committed to ensuring that older people have a voice in the decisions that affect their lives and future wellbeing.

Tonight is an opportunity to acknowledge the dedication, creativity and commitment of those who are leading positive change across Ireland. Their work reminds us that truly age friendly communities are built through partnership, inclusion and participation.

Congratulations to all nominees and finalists. Thank you for the difference you are making, and I hope you enjoy your time in Limerick.



**Dr Pat Daly**

Director General,  
Limerick City and County Council

On behalf of Limerick City and County Council, I am delighted to welcome you to the 2026 National Age Friendly Recognition and Achievement Awards.

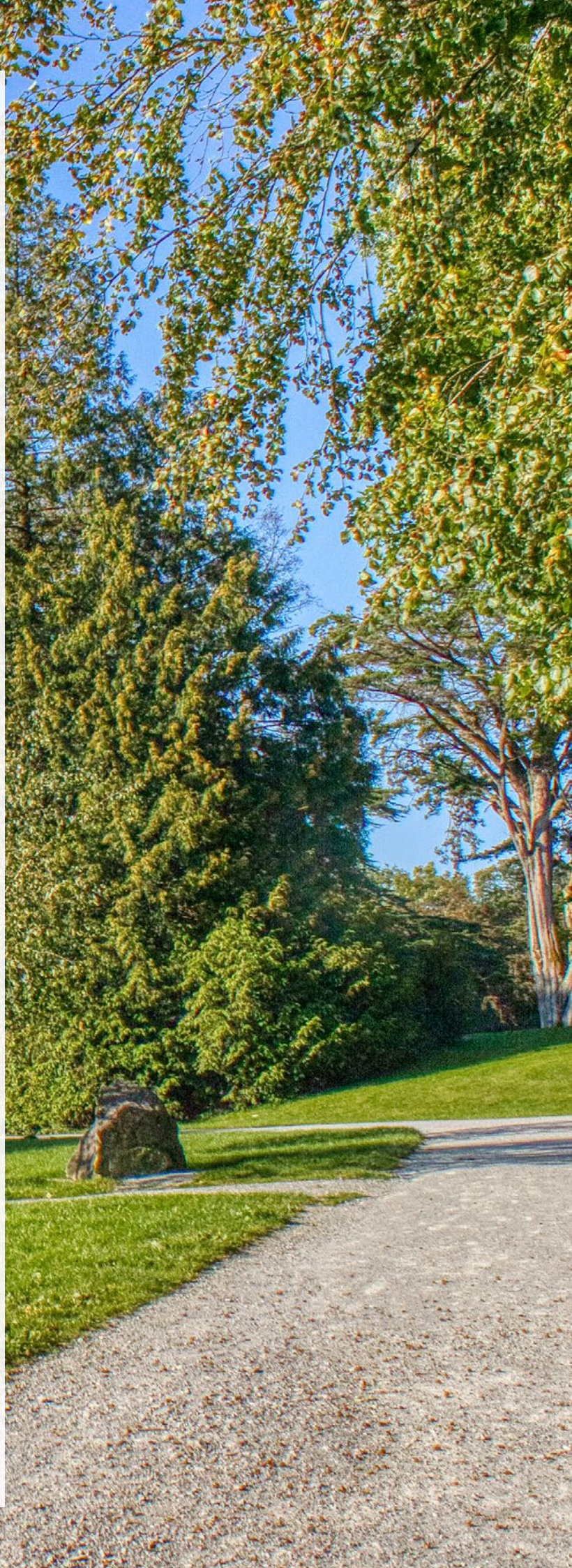
These awards highlight the outstanding work taking place across Ireland to support older people and create communities that are more inclusive, accessible and connected.

In Limerick, our Age Friendly Programme is built on partnership. Through the combined efforts of the Age Friendly Alliance, Older People's Council, community organisations, public services and volunteers, we continue to develop initiatives that promote participation, wellbeing and independence.

The projects and people being recognised this evening demonstrate the power of collaboration and the real impact that can be achieved when organisations work together around a shared purpose.

I would like to congratulate all nominees and finalists. Your dedication, innovation and leadership are helping to improve the lives of older people and strengthen communities throughout the country.

I hope this event provides an opportunity to celebrate achievements, share ideas and build new connections that will continue to advance the Age Friendly movement in the years ahead.





# Age Friendly Ireland

## Meath County Council

### A Shared Service Function of Local Government

The overarching goal of Ireland's Age Friendly Programme is that every local authority area in Ireland will be a great place in which to grow old. Underpinning the Age Friendly Programme is the core principle that older people are a most valuable resource to their communities and to our society in general. For this reason, the voice of the older person is at the very heart of the Programme.

Ireland's Age Friendly Programme is part of a worldwide, World Health Organisation (WHO) inspired movement which embraces the challenges and opportunities that our ageing population presents by facilitating local authorities to take the lead on changing thinking about ageing, and how services are planned and delivered. In 2006, the WHO developed a framework involving eight domains of liveability which influence our quality of life as we age. The availability and quality of these eight community features impacts on the health and wellbeing of older adults. Age Friendly programmes across Ireland devise and implement actions which support communities in becoming more inclusive of older people by addressing their concerns under the **eight domain areas**.

Ireland's Age Friendly Programme is coordinated by Age Friendly Ireland, an appointed shared service of local government hosted by Meath County Council. The national Age Friendly Ireland Shared Service brings together, supports and provides technical guidance to the 31 local authority led, multi-agency Age Friendly Programmes. At City and County level it is developed through cooperation and partnership of older people with government agencies and service providers working side by side. Under the leadership of the local authority Chief Executives and senior managers,

governance is anchored in the multi-agency Age Friendly alliances, supported by broadly representative older peoples' councils engaged as co-design partners. The Age Friendly City and County Alliances provide the collaborative framework to involve senior leaders from key stakeholders such as the Local Authority, HSE, An Garda Síochána, Chambers of Commerce, community sector, third-level institutions, and others, who have sufficient influence and resources to develop and deliver ambitious and collaborative Age Friendly Programmes.

Ireland's Age Friendly Programme aims to make sure that as we age, we can all:

- ▶ have a real say in what happens in our own lives and what happens in the areas in which we live;
- ▶ Enjoy good health, excellent services, and live in a safe environment;
- ▶ Participate fully in everything that is going on in our communities, cities and counties.

There is no doubt that the aims of Ireland's Age Friendly Programme are ambitious and require a change in how we think about ageing. The Programme asks us to imagine new ways in which service providers and other organisations can work together to deliver improvements in supports and services that not only benefit older people but the community as a whole. The Programme is underpinned by an approach where plans are developed and agreed locally and where the agencies involved agree to be accountable to each other and to older people at local level.



**Kieran Kehoe**  
Chief Executive  
Meath County Council

# Foreword

Now in its tenth year, the National Age Friendly Recognition and Achievement Awards bring public attention to services and initiatives in Ireland that excel in supporting older people.

This focus on older people is essential if we are to make sure Ireland as a whole is prepared for the scale of change required to support ageing communities over the coming years.

The Health in Ireland: Key Trends report tells us that 44.1 per cent of older people have a long-standing illness or health problem. Society needs to adapt so that people can continue to participate, access services, travel and live a good quality of life, deep into old age. All aspects of society - from built environment and housing to social participation opportunities and health services - should be equipped to meet our needs as they change across the lifecourse.

In 2026, the CSO records 891,000 people aged 65 and over living in Ireland. This already significant proportion of the population will continue to grow in the coming years. The demographic balance is shifting, so we will have many more older people, and proportionally fewer younger people and people of working age, which will increase the old age dependency ratio. Globally, by 2030, one in six people will be aged 60 or older, and this figure will hit 2.1 billion (one in five people) by 2050.

Ireland is on a positive trajectory for ageing. We are the first country in the world to have organisational structures and strategic plans in place nationwide to develop Age Friendly communities. We have strong political support nationally and at local level, and positive engagement with all sectors. We are in the midst of major reform programmes for health care including home care reform, and dedicated policy for housing for older people. Most importantly, our shared ambition to develop Age Friendly communities is guided by the voice of older people through Older People's Councils. It is important to keep up the momentum for this societal transformation. The

National Awards is a key mechanism for driving awareness of why change is needed, and how to achieve it.

The number of applicants to the National Age Friendly Awards is growing year on year. The Age Friendly badge of recognition is highly sought after as a mark of excellence. All of the shortlisted projects here tonight were selected following a highly competitive process. You are all outstanding examples of what can be achieved when we envision a society with an Age Friendly lens, and strive to make that a reality. I am very grateful to our esteemed panel of judges for taking on the difficult task of assessing applications (with the volumes of information that entailed reviewing), and travelling from county to county to see and experience what the projects have to offer.

This year, we are delighted that the Awards are sponsored by IPB Irish Public Bodies Insurance. Their support adds further weight to the value of this process, and the significance of the collective efforts of everyone engaged in this movement.

We are also delighted that the Age Friendly Awards night is an associated event for Ireland's Presidency of the Council of the European Union. Alongside the official programme, Associated Events are additional events that align with the themes and priorities of Ireland's EU Presidency and contribute to the broader programme of activity taking place.

The Judges' Special Recognition Award, will acknowledge a specific organisation or project that has made a particular impression on the judges for their significant supports for ageing communities.

We are also delighted to be introducing, The Best Age Friendly Programme category, kindly sponsored by IPB Insurance. This will showcase the incredible work done across the country, recognising one programme that has gone above and beyond.

I would like to thank Limerick City & County Council, under the leadership of Director General Pat Daly, for hosting the Awards this year. Limerick has previously hosted the National Convention of Older People's Councils, and we are delighted that they are promising a showstopper of a night with the 2026 Awards.

Thank you all for being part of the journey to create an Age Friendly Ireland, and for your contribution and commitment to supporting older people's inclusion and quality of life. You are leaders in this movement and the impact of your actions will reverberate far beyond this evening.

# Key Note Speaker



**Kieran O'Donnell, TD**  
Minister of State

Kieran O'Donnell is Minister of State at the Department of Health with special responsibility for Older People and the Department of Housing, Local Government and Heritage with special responsibility for Housing. He was appointed to these roles on 29 January 2025.

He previously served as Minister of State with responsibility for the Office of Public Works since April 2024, and as Minister of State for Local Government and Planning at the Department of Housing, Local Government and Heritage from December 2022 to April 2024.

Minister O'Donnell is the Fine Gael TD for Limerick City Constituency. First elected in May 2007, he was re-elected in 2011, 2020 and 2024

He has served as:

- Chairperson of the Oireachtas Transport and Communications Committee
- Vice-Chairperson of the Public Accounts Committee (PAC)
- Member of the Banking Inquiry
- Member of the Oireachtas Finance and Budgetary Affairs Committees
- Spokesperson on Finance for Fine Gael

He was elected to the Seanad in 2016. Prior to his entry into national politics, he was elected to Limerick County Council in 2004.

Minister O'Donnell is a Chartered Accountant, with many years of experience with his own practice and is a business studies degree graduate from the University of Limerick (UL).



# Master of Ceremonies



**Marty Whelan**  
Master of Ceremonies

Arguably one of Ireland's favourite broadcasters, Marty Whelan is a much-loved Award-winning radio and TV personality who frequently Hosts and MCs conferences and events all over Ireland.

Marty's professional and relaxed manner keeps audiences entertained while also taking on the serious business of presenting Awards and keeping your event on track.

As well as charity work, and being seen and heard on RTÉ radio and television, Marty has presented a variety of shows.

Every morning Marty takes the chill out of early morning starts with music, news, weather and travel updates on the popular show, 'Marty in the Morning' on RTE Radio. Marty is also a previous winner of the VIP Style Award for Most Stylish Man and recently launched his memoir, 'That's Life' in Dublin.

Best known as a broadcaster on Lyric FM, co-host of Winning Streak and a seasoned Eurovision commentator he has also presented Open House, Celebrity Bainisteoir and many more!

# Ireland's National Age Friendly Recognition and Achievement Awards Selection Panel



**Pat Dowling,**  
*Chairperson*

Pat Dowling, a native of West Limerick and graduate of the University of Limerick, now calls Kilkee his home after he and his wife, Rose, moved there in November 2016. Pat has dedicated over 25 years to Local Government leadership. He served as Chief Executive of Clare County Council from 2016 until his retirement in late 2024, following his role as Deputy Chief Executive of Limerick City and County Council, where he oversaw the merger of both councils under the Local Government Reform Act 2014.

During his tenure in Clare, Pat championed rural development, digital innovation, tourism –including the transfer of Shannon Heritage sites – and secured significant increases in capital investment. He previously led housing and regeneration programmes in Limerick and played a pivotal role in national local government reform.

Pat has been deeply involved with Age Friendly Ireland, most recently serving as Chair of the National Network of Age Friendly Alliance Chairs, comprising all 31 Local Authority Chief Executives and six independent chairs. In this role, he was instrumental in ensuring continued local government leadership and support for the national programme.

Beyond Local Government, Pat's career has included leadership positions with Clare Youth Service, the National Youth Council of Ireland, Macra na Feirme, and the Kildare LEADER Programme. Today, he continues his involvement with Age Friendly Ireland as Chair of the National Recognition and Achievement Awards Adjudication Panel and advisor on the future development of the awards.





**Madeleine Quirke**

Madeleine Quirke is former CEO of Wexford Chamber having retired in 2018.

Since 2007 Wexford Chamber flourished under her leadership and that of a very strong Board of Directors. Various directorships and involvements on committees and local organizations have been well served by Madeleine including Its Good 2 Talk (Wexford), Wexford Walking Trails and most recently as Sponsorship Chair of the Fleadh Executive Committee for the 2024 and 2025 Wexford Fleadh.

She has been proactive in encouraging County Wexford businesses to act responsibly in terms of giving to the community and demonstrating that business cares. An advocate for 'sustainable business practices', Madeleine places great emphasis on the environmental, economic and social impact of a company's business practice.

Delighted to have been involved in AFI since 2023, Madeleine continues to be inspired by the innovation and volunteerism that AFI brings to communities.



**Anna Marie Delaney**

Anna Marie Delaney served as Chief Executive of Offaly County Council and retired from the post earlier this year. She took up that role in February 2016. She is a former Chair of the City and County Management Association.

She has previously held positions with Laois County Council, Kildare County Council and Galway County Council.

A native of Co. Laois, she served as Director of Services with Laois County Council for 10 years, prior to joining Offaly County Council. Anna Marie's experience included Planning / Housing / Economic Development / Human Resources / Community Development and Library Service.

Anna Marie was instrumental in establishing the Age Friendly Alliances for Laois and Offaly, demonstrating her commitment to communities and community well-being.



**John Kerin**

John Kerin, a native of The Burren in County Clare and who now lives in Ennis after he and his wife Joan moved there in 2000. John retired as Chief Superintendent in An Garda Síochána in 2019 after forty one years service, the last twenty years in which he led out on managing substantial change in work systems and practices, multi-agency operations such as the protection of U.S. Presidents while visiting Limerick & Clare, the EU/US Summit at Dromoland, anti-war protests at Shannon airport, as well as numerous murder investigations. John worked in various roles in every county in Munster and lived for various periods in Cork, Tipperary and Limerick before returning to his native county.

During his career and following his retirement, John has been actively involved as chair of fundraising committees for Clare hurling and football. He also acted as Chair of the County (Clare) Covid Community & Voluntary Response Committee.



## Clare Curley

Clare spent her entire career in Local Government, where she served for a total of 39 years. She worked in a number of Local Authorities, including in Dublin and Kilkenny and retired from Tipperary County Council. She was Director of Services for a period of 21 years and had responsibility for Housing, Fire and Emergency Services, Human Resources, Corporate Services and Environment and Climate Action at various stages. She was also District Director for the Tipperary Cahir Cashel Municipal District. She worked with Public Representatives, communities and a range of stakeholders over the years. She was involved in a wide range of projects in Local Government.

She has a Bachelor of Arts Degree in Public Management. She was a Board Member of the Housing Finance Agency and served on a number of national committees.

Since her retirement, she has been engaged in recruitment for Local Authorities. She also supports her local Tidy Towns Committee.

She was delighted to be involved with Age Friendly Ireland's Recognition and Achievement Awards 2026.



## Jimmy Feane

Jimmy Feane is a native of Bruree, County Limerick and still resides there.

He retired from Limerick City and County Council as Director of Services having served a total of 36 years in Local Government, all in Limerick. He was responsible for managing the Human Resources element of the merger of Limerick City and County Councils which took place in 2024.

Since his retirement Jimmy continues to offer his services to Local Government and regularly sits on Interview Boards and provides other consultancy services to local authorities across the country.

Jimmy is the chair of a local Community based Voluntary Housing project and has immersed himself in various community projects in his local area. A passionate GAA supporter, he has held most officer positions in his own club and is the current County Demographics Officer with Limerick GAA.

Jimmy says that the experience of visiting the various shortlisted projects for this year's AFI awards has been both uplifting and inspiring.

## Beacons of Hope

Their Age Friendly visits completed,  
The canal guided them gently  
To the M50 and to home.

It is Summer 2026.  
We have traversed  
The highways and byways  
Of Ireland on our trips.

We encountered soccer players  
and gardeners,  
Ukrainians and volunteers  
And above all, we met the  
elderly.

We bumped into Faith Amond  
With all her style  
And Eddie Keher  
With his great smile  
(Jimmy tried to recruit him for  
Limerick!)

We travelled from Drogheda to  
Dungarvan,  
Cabra to Cork,  
Inistioge to Inchicore  
And many miles in between.

We had two constants on our  
way  
Competing with Mayo flags  
On our route.

Bobbing in the wind  
Through inner city Dublin  
Flying proudly  
As we made our way along.

They became Beacons of Hope  
That we were nearing our  
destinations  
Alternative Sat Navs  
During three sunny weeks.

They were Jimmy's Limerick flags  
Bought for a different reason,  
But ended up as guides for me  
As I followed his car along.

*Clare Curley, Judge*



## World Congress in San Sebastián

Members of our Age Friendly Ireland team were delighted to be in attendance at the 3rd World Congress of Age Friendly Cities and Communities in San Sebastián, this year.

Our National Programme Manager, Emer Coveney and our National Technical Programme Manager, Declan Gaffney were thrilled to take part in the Housing Breakout Session. Speaking on how Age Friendly Ireland is a national organisation that is bringing about a transformational change in how Irish society prepares for population ageing.

Our Regional Programme Manager for the West, Dara McGuigan then had the opportunity to speak at Plenary 4 - Strengthening peer support and collaboration.

Across the few days, Age Friendly Ireland also had the opportunity to showcase posters on various projects and initiatives around Ireland. Our National Network of Older People's Councils Chair and Vice Chair, Catherine Lenihan and Liz Downes supported with these, with Catherine presenting on the Older People's Councils, and Liz presenting on Intergeneration Connections through the Hi Digital Programme. Declan, Dara, and Claudia Roessing from our Research section presented on Age Friendly Housing, Universities, Transport and Closing the Loop for Age Friendly Futures. These posters proved a fantastic chance to outline the work being done across communities around Ireland.



# Ireland's National Age Friendly Recognition & Achievement Awards 2026

Limerick Strand Hotel  
Thursday 8<sup>th</sup> October 2026

**6.15pm**      **Registration & Drinks Reception**

7.00pm      **Marty Whelan, *Master of Ceremonies***

7.10pm      Welcome from  
**John Moran, *Mayor of Limerick***  
**Councillor Tom Ruddle, *Príomh Chomhairleoir Limerick City & County Council***  
**Kieran Kehoe, *Chief Executive, Meath County Council, Age Friendly Ireland Shared Service***  
**John Hogan, *Chair of IPB Insurance***

**7.30pm**      **Dinner and Awards Ceremony commences**

7.55pm      **Pat Dowling,**  
*Chair of the Age Friendly Awards Selection Panel*

8.05pm      **Kieran O'Donnell, TD**  
*Minister of State for Older People and Housing (Keynote Speaker)*

8.10pm      Presentation of Awards  
**Age Friendly Healthy Ageing Award**  
Presented by  
**Kieran O'Donnell, TD, *Minister of State for Older People and Housing***

**Age Friendly Community Innovation Award**  
Presented by  
**Jake Ryan, *Department of Rural & Community Development and the Gaeltacht***

**Age Friendly Communication Award**  
Presented by  
**Anna McHugh, *Head of Corporate Communications, An Post***

**Age Friendly Transport Award**  
Presented by  
**Eamonn Murtagh, *Assistant Secretary General, Department of Transport***

**Age Friendly Housing Award**  
Presented by  
**David Kelly, *Assistant Secretary, Department of Housing, Local Government and Heritage***

9.00pm

## Main Meal

9.30pm

Presentation of Awards

### Age Friendly Business Innovation Award

*Presented by*

**Ian Talbot**, *CEO, Chambers Ireland*

### Age Friendly Environment Award

*Presented by*

**Ger Craddock**, *Chief Officer, Centre for Excellence in Universal Design at the NDA*

### Age Friendly Safety & Security Award

*Presented by*

**Paula Hilman**, *Assistant Commissioner, An Garda Síochána*

### Age Friendly Active Living & Leisure Award

*Presented by*

**Kieran O'Donnell**, *TD, Minister of State for Older People and Housing*

### Age Friendly Intergenerational Award

*Presented by*

**Lar Power**, *Chief Executive, Kilkenny County Council, Chairperson, County & City Management Association*

10.15pm

## Dessert

10.30pm

### Judges Special Recognition Award

*Presented by*

**Pat Dowling**, *Chair of the Age Friendly Awards Judging Panel*

10.40pm

### Best Age Friendly Programme 2026

Sponsored by IPB Insurance and presented by:

**John Kearns**, *Chief Executive Officer*

**Graham Orr**, *Director of Member & Client Relations*

10.50pm

**Dr. Pat Daly**, *Director General Limerick City and County Council*

11.00pm

## Entertainment





# The National Age Friendly Recognition and Achievement Awards Categories

The Age Friendly Recognition and Achievement Awards showcase age friendly initiatives from around the country that are contributing to making Ireland a great place in which to grow old. This year, ten categories of awards, aligning to the WHO themes, have been chosen as they have a meaningful impact on the lives of older people in Ireland.

## Age Friendly Transport Award

Getting to where you want to go when you want to go is so important to so many older people. This category recognises the vital difference that availability to good quality, easily accessible, user friendly and reliable transport options can make to an older person.

### Safe Journeys Ahead Age Friendly Cavan

The Older People's Road Safety Initiative in Cavan 'Safe Journeys Ahead' was developed in response to a clearly identified and growing concern: an increase in road traffic incidents involving older people, both as drivers and pedestrians. This issue was recognised by An Garda Síochána, Cavan County Council's Road Safety Working Together Group, and Age Friendly stakeholders, highlighting the need for a targeted, preventative response.

### TFI Local Link Limerick Clare

#### TFI Local Link Limerick Clare

TFI Anseo is an innovative smart demand-responsive transport service that launched in the North East of Limerick City in October 2025. The service provides residents within the pilot area with a flexible, convenient, and affordable public transport option in areas where no public transport service previously existed.

### TFI Local Link Laois Offaly TFI Local Link Laois Offaly

TFI Local Link Laois Offaly continues to play a vital role in connecting rural communities across both counties, providing accessible, affordable and reliable public transport services. The organisation now coordinates 67 services and approximately 766 trips per week, helping people access employment, education, healthcare, shopping and social opportunities while reducing rural isolation.



## Age Friendly Active Living and Leisure Award

This recognises initiatives that enable older people to stay healthy and independent through accessible physical activity, recreation, and enjoyable leisure opportunities. It celebrates programmes and environments that remove barriers to participation (e.g., cost, transport, inclusive design and tailored support), promote safe movement and social connection, and help prevent isolation – aligning with the WHO Age Friendly Cities and Communities Health domain by supporting wellbeing, prevention, and quality of life in later years.

### The DLR Afternoon Tea Dances

#### DLR Sports Partnership

The DLR Afternoon Tea Dances initiative is an innovative, community led response to social isolation and inactivity among older adults in Dún Laoghaire Rathdown. The project is delivered through Healthy Ireland funding for the past three years. In 2025 we delivered six Tea Dance events with over 1,000 older adult participants.

### The Vintage Vibes Coastal Community Hub

#### Vintage Vibes Coastal Community Hub

The Vintage Vibes Coastal Community Hub is a community not-for-profit organisation established to create a community where older people are celebrated and empowered to age positively. The need was identified by the founding member who, through her profession, noticed a high level of loneliness, isolation and health related problems amongst the ageing population in the area.

### Dublin City Sport and Wellbeing Partnership

#### Dublin City Council, HSE

Dublin City Sport and Wellbeing Partnership is delivering a multi-agency Community Wellness Programme (CWP) that targets older and vulnerable cohorts across Dublin. Most of these participants are recovering from Cardiac and Pulmonary disease. This innovative initiative started in 2018 between Dublin City Council and the Health Service Executive to support older clients, promoting long term adherence to health enhancing behaviours.

# Age Friendly Business Innovation Award

We know that creating an enjoyable and accessible experience for older consumers pays dividends for small and large businesses and the wider community. This category acknowledges age aware businesses which are innovative in their approach, and which recognise that older people as both producers and consumers bring a wealth of experience and expertise to our society. We welcome entries from collaborative projects where business and the community came together to effect change.

## Rock the Rails Family Store Kilrush

### The Family Store

The Family Store in Kilrush, Co. Clare, is a strong example of an age-aware and innovative local business that supports older people through inclusive and practical retail approaches. The store has adapted to better meet the needs of its community, particularly older customers. A key initiative is its outreach service, where clothing is brought directly to older people in community and residential settings using mobile rails. These visits turn shopping into a social and enjoyable experience, often including informal fashion shows that boost confidence, dignity, and connection.

## Specsavers Limerick Active Age Engagement

### Specsavers Limerick

At Specsavers Hearcare and Opticians, Limerick, we have ongoing engagement in the community. Our projects focus on strengthening community engagement through targeted outreach initiatives such as participation in the Plus 50 Show, TY events, The Limerick Show and regular visits to Active Retirement Groups in the county. The core aim is to raise awareness of the importance of maintaining both eye and hearing health, while also building trust and visibility for the business within local communities.

## Ag obair le Chéile – working together Protecting What Matters!

### Sheridan Insurances, Cavan

Sheridan Insurances, Cavan, is an Age Friendly & Dementia Friendly / Inclusive Business. Noeleen Conaty is our Champion in this area and is trained accordingly. We aim to provide a friendly, welcoming, caring and stress free service to all our customers with special emphasis on those who find themselves in a vulnerable position. Noeleen our Champion is a Health Insurance Broker and provides a one to one service for those who like a personable service. She simplifies the Features, Advantages and Benefits of the cover and matches it with the customers affordability. This service is invaluable to those who find themselves in a vulnerable position, as it allows them to maintain their Independence and their loved ones are assured that they are being looked after in a personable and professional manner.



## Age Friendly Safety and Security Award

Feeling safe and secure at home and when out and about greatly enhances the lives of older people. This category acknowledges the impact of community-based responses that enable older people to feel secure in their homes and in the wider community, and to know what to do when they don't.

### Storm Ready Packs

#### Longford Older Persons Council

The 'storm ready' packs were compiled by the Longford Older People's Council and Age Friendly Programme members to help older people stay safe and connected during severe weather. The initiative was a direct result of the impact of recent storms, including Storm Eowyn, which caused long power cuts, water disruption and mobile network failures.

### Road Safety for Older People

#### Clare Older Persons Council, Age Friendly Clare

The Road Safety for Older People Event, held at Clare Marts, Ennis on 18 April 2026, was a community-focused initiative aimed at improving safety, awareness, and confidence among older road users. Co-designed by the Clare Older People's Council and Clare County Council's Age Friendly Programme, the event ensured that the real concerns of older people informed both its content and delivery.

### High Security Locks Scheme

#### Age Friendly Dún Laoghaire – Rathdown

The Dún Laoghaire – Rathdown County Council (dlr County Council) High Security Locks Scheme supports homeowners aged 65 and over by providing an upgrade to high-security anti-snap lock cylinders on external doors. The scheme covers the full cost of replacing existing lock barrels for up to two locks per home.



# Age Friendly Communications Award

Limited access to information is frequently highlighted as a challenge to ageing well in Ireland. Being able to obtain clear and straightforward information affects various aspects of an older person's life, including their health, wellbeing, social connections, and financial stability. As more services move online, some older people face difficulties in accessing this expanding range of resources. This award acknowledges initiatives across the country that are addressing the information gap.

## The Cyber Safety Project Munster Technological University

The Cyber Safety Project addresses the growing need for accessible, inclusive, and tailored support to help people, particularly older adults, safely navigate today's digital world. As more services, communication, and daily activities move online, many individuals can feel vulnerable, excluded, or uncertain about how to protect themselves from online risks such as scams, fraud, misinformation, and other cybercrime. Our mission is to empower individuals with the knowledge, confidence, and practical skills needed to engage safely and confidently online.

## Community Preparedness Alliance

Meath County Council, Meath  
Partnership, HSE, An Garda Síochána

The Meath Community Preparedness Alliance is a county-wide, multi-agency initiative led by Meath County Council in partnership with An Garda Síochána, the Health Service Executive (HSE), and Meath Partnership. The initiative was established to address gaps in how critical information is communicated to older people and vulnerable households during emergencies such as severe weather events, power outages, and flooding. Through a coordinated and inclusive approach, the Alliance enhances emergency preparedness by ensuring that clear, accessible and timely information reaches those most at risk, including individuals who may be socially isolated or digitally excluded.

## Life's What You Make It Podcast

Valerie O'Hanlon, Trish Taylor  
Thompson, Eoin Brady

Life's What You Make It is a podcast created and hosted by Valerie O'Hanlon and Trish Taylor Thompson, designed to support, inform and inspire people as they navigate later life. Rooted in open, honest conversation, the podcast explores themes of reinvention, purpose, and possibility, challenging outdated narratives of ageing. Aligned with the World Health Organization Age Friendly framework, the podcast directly contributes to 'Communication and Information' by making accessible, relatable content available across platforms including Spotify and Apple Podcasts together with broadcasting on Scariff Bay Community Radio.

## Switch Today & Save Money Project

Drogheda & District Support for Older  
People

The Switch Today & Save Money project was developed by Drogheda & District Support for Older People (DDS4OP) in response to ongoing concerns from older people who said their heating and energy bills were becoming increasingly difficult to manage. Older people are often reluctant to change energy suppliers due to a preference for familiarity and security. The initiative supports people by comparing prices, identifying cheaper plans and handling all forms and phone calls. Staff remain with the person throughout the process to ensure everything is completed safely and correctly. There is no cost involved, no pressure to proceed and no obligation to switch.

## Age Friendly Environment Award

The built environment has a unique impact on the lives of all older people. Simple things like adequate public seating, level footpaths and appropriate crossing times at pedestrian crossings all have a huge impact on the ability of older people to be active in their towns and villages. This category recognises projects that bring about change in the built physical environment with older people in mind.

### **The Woodstock Gardens & Arboretum Restoration and Accessibility Initiative**

**Kilkenny County Council Parks Department**

This initiative is specifically aimed at creating an inclusive outdoor space that meets the needs of older adults and people with disabilities, while remaining open to all members of the community. A central focus of the project is addressing the barriers that traditionally prevent these groups from accessing natural and heritage environments, such as uneven terrain, lack of facilities, and limited mobility supports. For older adults, the initiative provides a safe, comfortable, and age friendly environment that encourages active ageing, social engagement, and improved mental wellbeing.

### **The Tuam Palace Grounds Sensory Garden and Active Recreation**

**Galway County Council / Tuam Municipal District Office / Tuam Women's Shed / Tuam Tidy Towns**

This initiative revitalizes historic parkland with inclusive sensory gardens, modern sports facilities, and accessible community spaces. The revitalisation of the Tuam Palace Grounds is a community-driven initiative transforming the historic park into a vibrant, inclusive hub. Central to this mission is the Michael McGrath Sensory Garden, a specialised environment providing accessible play and meditation zones for children of all abilities. This project highlights a commitment to age friendly, social inclusion and mental well-being.

### **Enniscorthy Community Allotments**

**Enniscorthy Community Allotments**

The Enniscorthy Community Allotments project is an age friendly, community-led initiative designed to create inclusive and accessible growing spaces that support sustainability, wellbeing, and social connection in the Enniscorthy area. The project aims to provide shared allotments where local residents of all ages can grow fresh fruit, vegetables, herbs, and flowers while participating in healthy outdoor activity and community life.

### **A Healing Garden for Rehabilitation, Dementia & Remembrance for Staff, Families & Friends**

**Monaghan and Cavan Hospital, HSE, Age Friendly Ireland**

An outdoor green space at the front of Monaghan Hospital was transformed into a Rehabilitation, Dementia and Staff Remembrance Garden, creating a safe, inclusive and therapeutic environment for patients, visitors and staff. This project was made possible through strong community collaboration and support, including service user donations, contributions from local businesses, Monaghan Town funds, Healthy Ireland and Age Friendly Ireland. Additional support was provided by local schools, Older Persons Council members, Tidy Towns groups and families who donated memorial items in remembrance of loved ones.

# Age Friendly Community Innovation Award

The voice of the older person is at the heart of the Age Friendly Cities and Counties Programme, the Programme is designed and implemented with them and not for them. This award recognises those innovative projects that are driven by older people for older people. These projects not only enhance the lives of older people, but benefit the community at large.

## Dungarvan Dementia Inclusive Community

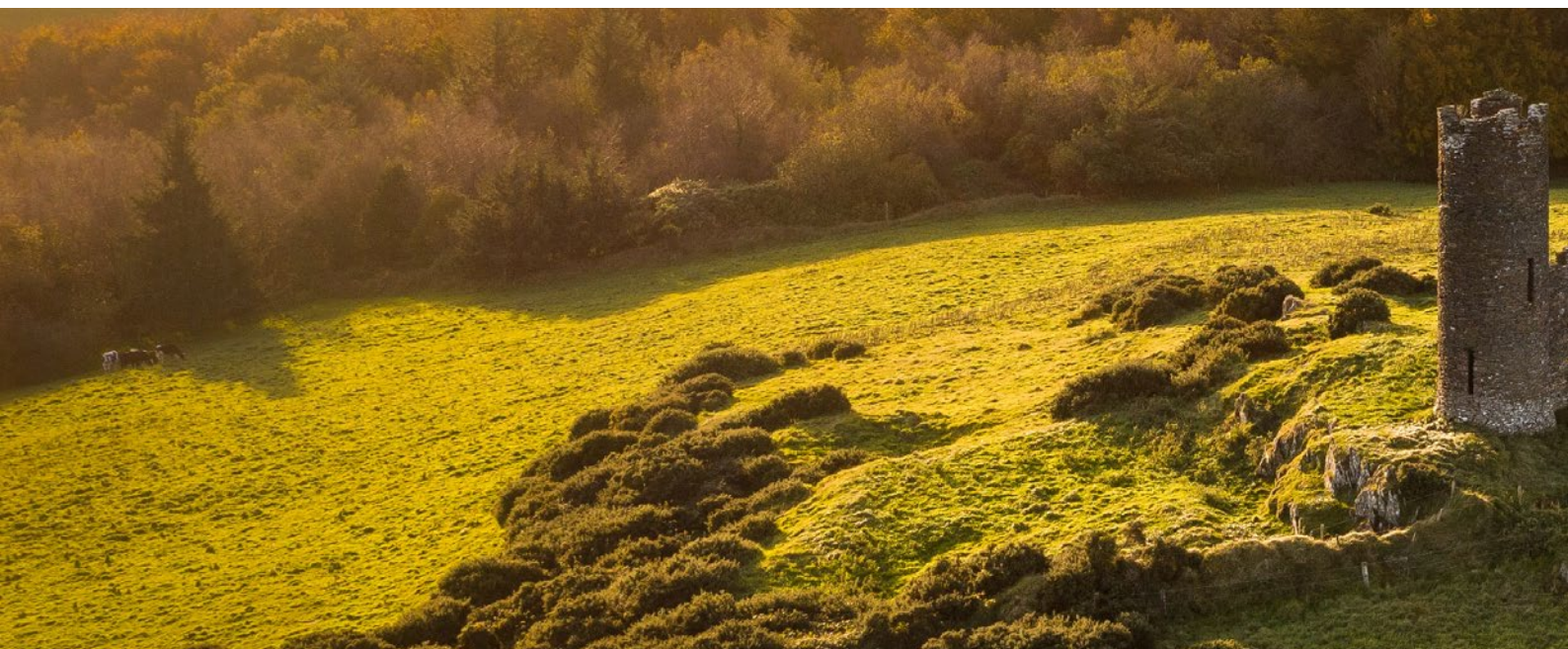
The Alzheimer Society Of Ireland, Dungarvan and West Waterford Chamber, Waterford County Council, Age Friendly Waterford, Waterford Older Person Council

In October 2023 the people of Dungarvan came together with ASI to develop plans for Creating a Dementia Inclusive Dungarvan. The aim was to create awareness of Dementia through information sharing, training of businesses, public engagement events and working with local schools and ultimately to help support the creation of new supports for people living with Dementia and their carers in the wider Dungarvan district.

## Roscommon University Hospital Volunteer Service

Roscommon University Hospital

This initiative at Roscommon University Hospital (RUH) demonstrates how a structured volunteer programme can meaningfully connect a hospital with its surrounding community. Introduced in January 2024, the service created new opportunities for individuals from diverse backgrounds to actively contribute to patient care in a non-clinical capacity. By engaging local volunteer centres and community organisations, the programme successfully recruited and supported a broad range of volunteers, fostering a sense of shared ownership and pride in the hospital.



## Babusi - Didusi Razem

Svetlana Zakharova, Cork

This was created to improve the wellbeing and social connections of older Ukrainian migrants in Ireland. Initially formed for women, the group has expanded to include men and now supports 54 older people living in Cork City. The project tackles social isolation by fostering a sense of belonging and inclusion among a population that has experienced displacement and trauma.

## Leighlin Dementia Friendly Community

Helen Jordan and Fr. T Lalor

Established in 2025, this community-led initiative was developed in response to the growing need for stronger supports and services for people living with dementia and their families. A series of public meetings brought together people living with dementia, carers, local businesses, voluntary organisations, service providers, and members of the wider community to explore the development of a Dementia Friendly Community. To ensure the initiative reflected local needs and lived experiences, a comprehensive Community Needs Analysis was undertaken.

## Connemara Memory Café for Brain Health

Healthy County Galway, Alzheimer's Ireland, Forum Connemara, Age Friendly Galway, Creative Ireland, HSE, Carers Ireland and local communities

The Memory Café Initiative for Brain Health in Connemara, led by Healthy County Galway in partnership with Alzheimer's Ireland, Forum Connemara, Creative Ireland, the HSE and local communities, delivers inclusive, dementia-friendly social cafés across Oughterard, An Cheathrú Rua, Clifden, Letterfrack, Carna and Roundstone. Dementia cafés are welcoming community spaces where people living with dementia and their carers can socialise, access information and participate in supportive activities in a safe, stigma-free environment.

## Sporting Memories

Sligo Rovers FC, Alzheimer Society of Ireland

Sporting Memories is an initiative designed to support people and their families impacted by dementia or other cognitive conditions. Using a range of resources including match programmes, old newspaper articles, photographs and video clips, Sligo Rovers and football in general is used to stimulate conversation, reminiscing and social interaction.



# Age Friendly Housing Award

As people age they spend more time in their own homes. This means that older people's quality of life, and thus their health, can depend on the appropriateness of their home environment and the conditions in which they live. This award recognises innovative housing initiatives that enable older people to remain independent for as long as possible.

## Richmond Place, Inchicore

Circle Voluntary Housing Association,  
Dublin City Council, Alone, HSE

Richmond Place, Housing With Supports is comprised of 52 apartments. It is Ireland's first citizen-led Older Person's housing initiative and located at the former St. Michael's Estate, Inchicore. Developed by Circle Voluntary Housing Association with Dublin City Council, Alone, and HSE, it addresses 3<sup>rd</sup> Age housing needs. The design fosters community interaction through shared courtyards and accessible communal areas. It features, 16 two-bedroom and 36 one-and-a-half-bedroom units – designed for independent living with flexible support options.

## St Finbar's Court, Cabra

Dublin City Council

Dublin City Council's new housing scheme, St. Finbar's Court sees the creation of 46 quality homes for Older Persons, a new community centre and 2 semi-private courtyards that now serve the needs of its new residents and the wider area of Dublin 7 for decades to come. St. Finbar's Court integrates best practices in sustainability and energy efficiency with the NDA's Building for Everyone and Age Friendly Ireland's recommendations to provide modern homes that support independent living, allows for 'right-sizing' strengthens community identity and supports the longevity of a diverse historic community.

## Greenhills Grange, Drogheda

Louth County Council, Van Dijk  
Architects Ltd, Cunningham Contracts  
Group

Greenhills Grange is a flagship age friendly social housing development delivered by Louth County Council in Drogheda, comprising 45 two-bedroom bungalows and a five-bedroom supported living unit for people aged 55 and over. The scheme is designed in full alignment with Age Friendly Ireland's Universal Design principles, delivering homes that are accessible, adaptable and sustainable across the life course, with a clear focus on supporting independent living. Homes are future-proofed to accommodate changing needs, enabling residents to age in place safely and independently, while maintaining dignity and quality of life. A number of units have been purpose-designed for wheelchair users, while the supported living unit, managed by Saint John of God services, provides appropriate accommodation for older people with intellectual and physical disabilities, contributing to a diverse and inclusive community where a range of needs and experiences are valued.



# Age Friendly Intergenerational Award

This recognises initiatives that bring older and younger people together in meaningful, mutually beneficial ways. It celebrates projects that increase social participation through shared activities, volunteering, mentoring, learning and community events, while fostering respect, understanding and social inclusion across generations. This category highlights approaches that reduce isolation, challenge age related stereotypes, and create welcoming spaces where people of all ages feel valued and connected.

## Dementia Inclusive Generation

### Alzheimer Society of Ireland

Creating a Dementia Inclusive Generation was established in 2021 by the Alzheimer Society of Ireland in partnership with the Dementia Services Information and Development Centre. Developed in response to evidence that one in three young people know someone living with dementia, the programme aims to support and educate young people who may be navigating the diagnosis of a family member or friend. Its purpose is to build understanding, reduce stigma, and provide practical knowledge about brain health, ageing, and dementia. The programme is delivered in three parts. It begins with The Brain: From the Fantastic to the Forgetful, an interactive, student-led eLearning course exploring brain function, ageing, and dementia. The second phase, Peer Education, supports students to share their learning within their school community. The final phase, Community Engagement, encourages connections with local dementia services and participation in volunteering or fundraising activities.

## Clocha Rince Community Library

### Clocha Rince Community Library

Wisdom Club: Shared Skills and Stories Across Generations is an ongoing intergenerational community initiative based in Clocha Rince Community Library. Established in 2008, the Wisdom Club brings older adults and children from the local national school together through shared activities, creativity, storytelling, games, local history, reading, and traditional skills. Over the years, the project has grown into a wider interconnected programme involving intergenerational reading groups, knitting projects, boccia and shuffleboard sessions, arts and crafts, quizzes, local history discussions, outings to Christmas shows, and shared heritage activities such as butter making using traditional churns and brown bread baking with children.





## This Product System Service Co-Design Project

### TU Dublin

This Product System Service Co-Design Project engaged 40 students from TU Dublin's B.Sc. in Product Design in exploring how design can support the eight WHO aspects of Age Friendly Communities. Drawing on research into Blue Zones, students investigated the environmental, social and behavioural factors that contribute to longer, healthier lives. Working in partnership with older people in their own networks, Age Friendly Ireland and members of the Older Persons Council (OPC), students adopted a co-design approach that placed older adults at the centre of the design process. Students conducted interviews, observations and collaborative workshops with older people to better understand lived experiences, challenges and aspirations.

## Tidy Towns

### Tidy Towns, Mitchelstown

The Edible Town project is an inter generational project focussed on a common vegetable growing programme across the whole community of Mitchelstown. We have representatives from every age group, background and demographic actively participating across 10 lighthouse sites and many more following along at home. The goal is to combine everyone's expertise across the generations to prepare soil, sow seeds, plant out and harvest a shortlist of vegetables including spinach, beetroot and pumpkin – crops which work around the school year and are hardy for a project of this type.

# Age Friendly Healthy Ageing Award

This recognises initiatives that support older people to maintain and improve their physical and mental health and overall wellbeing as they age. It celebrates preventative and supportive approaches that make it easier to access information and early intervention, health and social care services, and practical help to manage long-term conditions alongside actions that promote emotional wellbeing, resilience, and reduced loneliness. Projects in this category should support strengthening wellbeing, enabling independence, and reducing health inequalities in later life.

## Art of Life

**Creative Cavan, Cavan Library Service,  
Age Friendly Cavan, South West Age  
Partnership**

The Art of Life was an innovative cross-border initiative led by Creative Cavan and Cavan Library Service, in partnership with age-friendly groups across Cavan and Fermanagh. It used creativity to transform how people engaged with one of society's most difficult and often avoided topics - death - by creating safe, supportive spaces where conversations about end-of-life planning could begin.

Many individuals found it difficult to communicate their wishes for the future, often leaving families and healthcare professionals to make challenging decisions at times of crisis. Through a series of free, artist-led workshops, socially engaged creatives used sensitive, reflective and accessible approaches to gently open up these conversations. This creative methodology proved particularly effective in reaching those who may not have engaged with traditional health or support services. The initiative was underpinned by two core strands: immersive creative workshops that supported participants to explore and express their thoughts on end-of-life planning, and Death Positive Libraries, offering curated resources on death, dying and grief. By encouraging advance care planning, the project enabled individuals to articulate their wishes, maintain dignity, reduce anxiety, and ease emotional and practical burdens on loved ones.

## AgeWell

**Third Age Ireland**

AgeWell Ireland is a community-based programme designed to support older adults to live well, independently, and connected within their own homes. Through a preventative, relationship-centred model, trained volunteers ('Companions') provide weekly visits focused on social engagement, wellbeing monitoring, and early identification of emerging health or social issues. Each Companion is matched with 3–5 older people (aged 60+), offering consistent, meaningful interaction that reduces loneliness, improves mental wellbeing, and supports healthy ageing. The programme integrates simple digital tools to track wellbeing, flag concerns, and enable timely intervention by coordinators and health services where required.

## Ownership in Ageing: How The Great Care Co- op is Revolutionizing Community Care

**The Great Care Co-op**

The Great Care Co-op (GCC) is a groundbreaking, carer-led initiative transforming the landscape of homecare and community support for older adults. As Ireland's first worker-owned care cooperative, our mission is dual-focused: to deliver exceptional, relationship-driven care that enables older people to flourish and age with dignity in their own homes, while simultaneously providing fair, empowering employment for care professionals.

# Sponsors



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# Best Age Friendly Programme 2026

Sponsored by IPB Insurance

IPB Insurance is proud to sponsor the Best Age Friendly Programme 2026, recognising excellence in Age Friendly initiatives across Ireland. As the only Irish-owned mutual general insurer in the market, IPB Insurance is committed to supporting the public, education and health sectors through bespoke insurance solutions tailored to their unique needs. Today, we are one of Ireland's largest liability insurers, providing cover for some of the most significant liability, property and motor risks across the public sector, as well as complementary semi-state and private sector markets.

Dedicated to protecting our Local Authority and Education and Training Board (ETB) Members, and the communities they serve, IPB Insurance values the vital contribution of Age Friendly Ireland in creating more inclusive, accessible and sustainable communities. As a Local Authority shared service, we commend Age Friendly Ireland for its leadership in promoting inclusivity, universal design and positive ageing initiatives throughout the country.

Supporting communities lies at the heart of IPB's purpose and values. As the first organisation to deliver a social dividend to Irish society through Corporate Social Engagement (CSE), we are delighted to support this prestigious award. Together with Age Friendly Ireland, we are committed to fostering positive change and enhancing the wellbeing, inclusion and quality of life of communities across Ireland.



# Discover More with the Discover Limerick Pass

If you're planning a visit to Limerick, there has never been a better way to experience the city and county than with the Discover Limerick Pass. Designed to provide visitors with exceptional value, convenience and flexibility, the pass unlocks some of Limerick's most celebrated attractions, heritage sites, museums, tours and visitor experiences, all through one easy-to-use digital ticket. Available as a 1, 2 or 3-day pass, visitors can enjoy a self-guided journey through Limerick while saving money compared to individual admission fees. Further information and bookings are available at [www.discoverlimerickpass.com](http://www.discoverlimerickpass.com).

## Experience the Best of Limerick

At the heart of the Discover Limerick Pass is access to a diverse collection of attractions that showcase the rich heritage, culture and character of Limerick.

Step back more than 800 years at King John's Castle, one of Ireland's finest Norman castles, where immersive exhibitions, interactive displays and spectacular views over the River Shannon bring medieval history to life. Visitors can explore the castle's historic walls and towers while discovering the stories that helped shape Limerick.





Just a short walk away, Saint Mary's Cathedral offers a unique opportunity to experience over 850 years of history. Dating from 1168, the cathedral remains one of Limerick's most treasured landmarks and continues to serve as a place of worship, heritage and culture.

Art and history enthusiasts can immerse themselves in the remarkable collections of The Hunt Museum, home to a fascinating array of artworks, antiquities and artefacts from across the centuries. From works by internationally renowned artists to historical treasures, the museum is one of Ireland's leading cultural attractions.

Visitors can also uncover the stories that shaped the city at The People's Museum of Limerick, where engaging exhibitions celebrate the personalities, communities and events that have contributed to Limerick's rich heritage.

## Discover Limerick Through Local Stories

The Discover Limerick Pass includes unique guided experiences that offer a deeper connection to the city and county.

The Limerick Civic Trust Georgian Walking Tour takes visitors through the elegant streets of Newtown Pery, highlighting the architecture, people and stories behind one of Ireland's finest Georgian quarters.

In the picturesque village of Adare, the Adare Guided Walking Tour provides an engaging introduction to one of Ireland's most beautiful heritage villages, bringing its fascinating history, landmarks and traditions to life through expert local storytelling.



## Ancient Landscapes and Timeless Heritage



Beyond the city, the pass opens the door to some of County Limerick's most remarkable visitor experiences.

At Lough Gur Visitor Centre & Lakeshore Park, visitors can explore one of Ireland's most significant archaeological landscapes. With over 6,000 years of history, interactive exhibits, lakeside trails and the nearby Grange Stone Circle, Lough Gur offers an unforgettable journey into Ireland's ancient past.

At the award-winning Foynes Flying Boat & Maritime Museum, visitors can relive the golden age of transatlantic aviation. Highlights include immersive exhibitions, a full-size replica Boeing 314 Flying Boat and the famous Irish Coffee Experience, celebrating the birthplace of one of the world's most iconic drinks.

## Unique Experiences and Added Value



For those seeking something different, Treaty City Brewery offers an authentic taste of Limerick's craft beer scene through guided brewery tours and tastings in the heart of the city's Medieval Quarter.

The Discover Limerick Pass also includes exclusive discounts and added benefits. Pass holders can enjoy a 10% discount at the University of Limerick Visitor Centre, a 10% discount at The Painted Pot creative studio at Barnagh Greenway Hub, and a 10% discount with LiKe Bikes, providing the perfect opportunity to explore the scenic Limerick Greenway by bicycle.

## Your Gateway to Limerick

Whether you are interested in castles, museums, cathedrals, guided walks, ancient landscapes, aviation history, local food and drink, or outdoor adventures, the Discover Limerick Pass offers a convenient and affordable way to experience the very best of Limerick.

With access to King John's Castle, Saint Mary's Cathedral, The Hunt Museum, The People's Museum of Limerick, Limerick Civic Trust Georgian Walking Tour, Adare Guided Walking Tour, Lough Gur Visitor Centre & Lakeshore Park, Foynes Flying Boat & Maritime Museum and Treaty City Brewery, along with exclusive offers at the University of Limerick Visitor Centre, The Painted Pot and LiKe Bikes, the pass provides visitors with an unrivalled opportunity to discover the attractions, stories and experiences that make Limerick such a unique destination.

For more information and to purchase your pass, visit [www.discoverlimerickpass.com](http://www.discoverlimerickpass.com).





## Limerick Greenway

Limerick Greenway stretches for 40km through the scenic countryside of West Limerick, offering a fantastic outdoor experience for walkers, runners and cyclists of all ages. Whether you're heading out for a family cycle, a leisurely stroll or a day exploring with friends, Limerick Greenway provides a safe and enjoyable route through some of the county's most beautiful landscapes.

Built along the former Limerick to Kerry railway line, Limerick Greenway follows the path once travelled by trains carrying passengers and goods across the region. Today, visitors can still see reminders of this rich railway heritage, including old stations, bridges and tunnels dotted along the route.

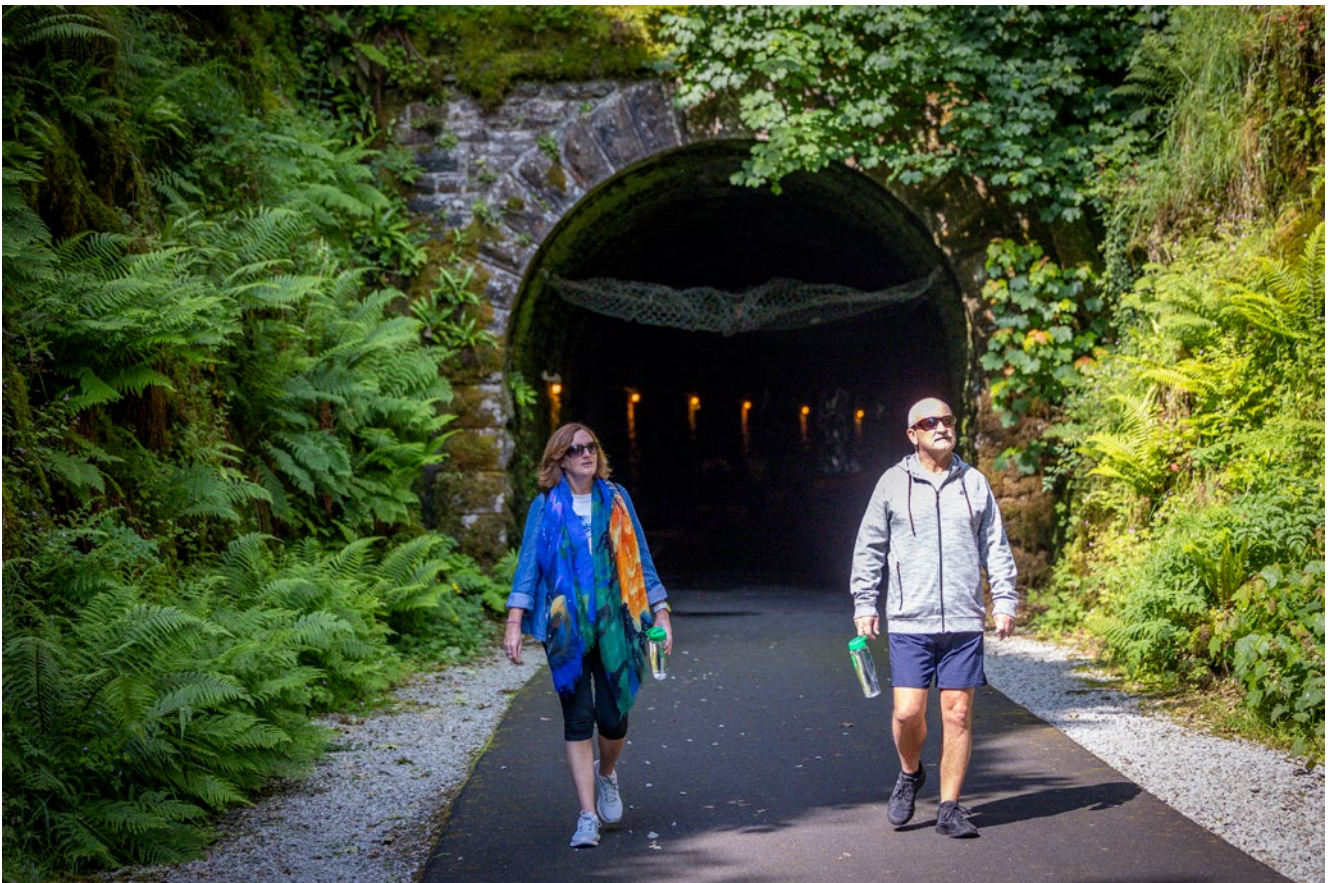
Running from Rathkeale to Abbeyfeale, the Greenway passes through the heart of West Limerick, connecting communities including Ardagh and Newcastle West. The route offers a unique way to experience the region's stunning countryside, heritage and welcoming towns and villages.

Limerick Greenway passes through a variety of charming towns and villages, making it easy to stop for a coffee, enjoy a meal or simply take in the surroundings. Families can enjoy spotting wildlife and discovering historic railway features, while those seeking a more active adventure can tackle longer sections of the trail.

With multiple access points along the route, visitors can choose a short walk or cycle or take on the full Limerick Greenway experience. Bike hire services are available at key Greenway hubs in Rathkeale, Newcastle West and Abbeyfeale, with providers including LiKe Bikes, Locomotion Bike Rental, Pedal Pursuits and RetroVentures offering standard bikes, e-bikes, children's bikes and trailers. Many of these locations also provide convenient parking, cafés, toilets and direct access to the trail.

The Greenway also makes a great addition to a wider visit to West Limerick, where you'll find quality accommodation, local food and a warm welcome in the communities along the way. Whether you're visiting for a few hours or a few days, Limerick Greenway is a wonderful place to get outdoors, enjoy the fresh air and discover a unique part of the county's heritage and landscape.

For maps, route information, access points and visitor tips, visit [www.limerick.ie/greenway](http://www.limerick.ie/greenway) before planning your trip.





# GOLF LIMERICK

Find out more



[Limerick.ie/Golf](https://limerick.ie/Golf)

## STAY | PLAY | EXPLORE



Comhairle Cathrach  
& Contae **Luimnigh**  
Limerick City  
& County Council

ATLANTIC EDGE  
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EUROPEAN EMBRACE



Thank you to everyone who took the time to submit a project to the 2026 National Age Friendly Recognition and Achievement Awards.



Age Friendly Ireland  
Meath County Council, Buvinda House  
Dublin Road, Navan, Co. Meath

[www.agefriendlyireland.ie](http://www.agefriendlyireland.ie)  
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