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National Updates



Councillor Moore, Kildare Co Co

Over the past year Councillor Seamie Moore, Kildare County Council, aged 87 years has been studying at Maynooth University on a Spatial Planning Course, specifically designed to inform elected Council members.

The study subjects covered Town Planning, Transportation, Climate Change, Role of Councillors, Local Environment, Housing and Development Planning itself.

Seamie was delighted to indicate that as a Kildare CC representative, he was one of only four students to receive an overall Distinction. He received five subject distinctions.

Seamie said 'age is not a barrier' to further studies and encourages anyone who is thinking about it to return to education



The poster features a background of stylized grey mountains under a warm, orange-hued sky. In the top left, the Irish Heart Foundation logo consists of a red heart icon above the text 'Irish Heart Foundation' and 'The National Stroke & Heart Charity' in smaller red font. In the top right, a blue speech bubble contains the text 'Hidden Hearing' in white. A large blue and red banner in the center reads 'FREE HEALTH CHECKS' in white, with 'Blood Pressure - Pulse Check - Ear Wax Check' below it. To the left of the banner, three icons (location pin, calendar, and clock) precede the text: 'SKERRIES COMMUNITY CENTRE, K34 K377', 'WEDNESDAY, 26TH AUGUST', and '9AM - 4:45PM'. At the bottom, a blue section contains the text 'Meet the experts from the Irish Heart Foundation & Hidden Hearing' and 'No appointment necessary.'

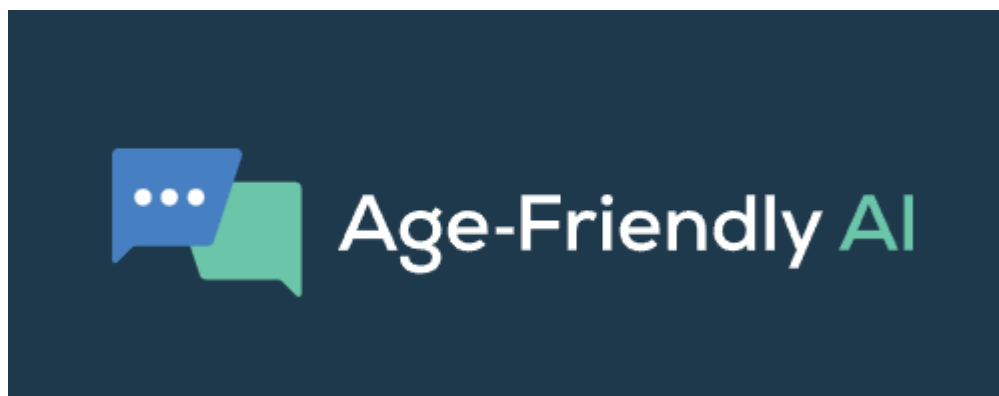
Irish Heart Foundation
The National Stroke & Heart Charity

Hidden Hearing

FREE HEALTH CHECKS
Blood Pressure - Pulse Check - Ear Wax Check

📍 SKERRIES COMMUNITY CENTRE, K34 K377
📅 WEDNESDAY, 26TH AUGUST
🕒 9AM - 4:45PM

Meet the experts from the
Irish Heart Foundation & Hidden Hearing
No appointment necessary.



Learn More



Arts and Health in Older Persons Services: Guidance Documents

You are invited to join Minister Murnane O'Connor for the launch of Arts and Health in Older Persons Services: Guidance Documents. These resources will support staff in residential and day care services for older persons to plan and deliver creativity and arts programmes. They include practical advice on how to use person-centred creativity to support the daily routines of residents, contribute to the goals of individual care plans, and make a service feel more like a home.

The launch will be of particular interest to managers, activity co-ordinators, and care staff working in residential and day care services who are interested in developing arts activities in their settings, and connecting with arts and cultural opportunities in their communities. It will also be of interest to artists and arts organisations supporting arts programming in Older Persons Services.

These guidance documents have been developed by Réalta, the national resource organisation for arts and health, on behalf of the National Creative Arts and Health Group which is an ongoing partnership between the Department of Health, through the Healthy Ireland programme; the Creative Ireland programme at the Department of Culture, Communications and Sport; the Health Service Executive; and the Arts Council.

Register Here



Marion played an important role in shaping the Waterford Older People's Council

It is with profound sadness that the Waterford Older People's Council learned of the passing of their much-loved colleague and friend, Marion O'Mara, who died peacefully on Monday, 17 August 2026, surrounded by her loving family.

On behalf of all the Age Friendly Ireland family, we send our deepest condolences to Jim, Jennifer, Marions son in law, grandchildren, siblings and wider extended family on her sad passing. Marion was a beautiful lady and contributed her time so generously to the Older Peoples Council in Waterford and at national level. Marion leaves a legacy of selfless dedication and unwavering passion which has enriched the lives of older people in Ireland today and for future generations to come. We will always be profoundly grateful and our lives have been blessed by knowing Marion. Rest in eternal peace.

Jim Farnan, Waterford OPC Chair wrote a touching tribute to Marion for Waterford News.

Read Here

Local Updates



Knocknagoshel Community Centre

Catherine Lenihan, Chair of Kerry Older People's Council (OPC) and Chair of the National Network of OPCs, hosted a meet up of OPC Chairs and Vice Chairs from the Age Friendly West region at Knocknagoshel Community Centre on 17th July 2026. This informal gathering gave OPC Chairs and Vice Chairs an opportunity to connect, share learnings and examples of local successes and challenges, and support one another in their roles.



Taste of DCU – Monday, 31 August

Our annual Taste of DCU will take place at the School of Nursing, Psychotherapy and Community Health. It is a wonderful opportunity to reconnect with familiar faces, welcome new participants, discover the breadth of activities across DCU, and learn more about the Age-Friendly University Programme.

DCU President Professor Daire Keogh will deliver the welcome address. We would love to see a full house, not only to create a lively atmosphere, but also to show the strong interest in, and ongoing need for, the AFU Programme.

Alongside the presentations, we will invite you to contribute to our new project on belonging at DCU. Postcards will be available for you to write a line or two about what helps you feel welcomed, valued and part of the university community. Your experiences will help shape our understanding of what belonging at DCU really means.

Register Here



WITHIN LIVING MEMORY

*WOMEN, POWER & SOCIAL CHANGE IN IRELAND
AN INTERGENERATIONAL PHOTOVOICE PROJECT*



You are warmly invited to the Launch of the Within Living Memory report an Intergenerational Photovoice Project (author Dr Maria Quinlan) celebrating stories, memories and connections across generations.

Wednesday, 16th September
4:30pm – 6:30pm
AXIS Centre, Main Street, Ballymun, Dublin 9

We would be delighted to have you join us for this special occasion and celebrate the voices, experiences and memories captured through the project

RSVP Patricia Whelan, Telephone 085 876 4034
patricia.whelan@dublinnorthwest.ie



Empowering | Collaborative | Accountable | Purposeful | Courageous











*The Social Inclusion and Community Activation Programme (SICAP) is co-funded by the Irish Government through the Department of Social and Community Development and the Department of Education and Skills.

Dementia Cafe

For people living with dementia/Alzheimer's and their families and friends. Please pop in for a cuppa, support and friendly chats.

**Shannon Family Resource Centre
Free Events**



MONTHLY SPEAKERS !

Opening - Monday 14th September: 11-1pm

Monday 5th October : 11-1pm

Monday 2nd November: 11-1pm

Monday 7th December: 11-1pm



COMHAIRLE CONTAE AN CHLÁIR
CLARE COUNTY COUNCIL



THE Alzheimer
SOCIETY OF IRELAND

CREATIVE BRAINWAVES

GLOBAL VOICES, CREATIVE SOLUTIONS, HEALTHIER MINDS: TALKS & WORKSHOPS

Friday 11th September
in Ennis, County Clare
from **11am To 3pm**



**SCAN THE QR CODE
to book via Eventbrite**

Mike Hanrahan and Karen Meenan, Atlantic Fellows for Equity and Brain Health present Creative Brainwaves on 11th September 2026 in Temple Gate Hotel ,The Square Clonroad Beg, Ennis, Co Clare. They will showcase global and local initiatives in creative arts, dementia, brain health, Parkinson's, and extended reality (XR), with talks, workshops, and performances aimed at promoting wellbeing through creativity and innovation.

Community Information Afternoon

The Clare Older People's Council,
supported by the Clare Age Friendly Programme,
is holding a public open event on:

Date: Tuesday, 8th September, 2026

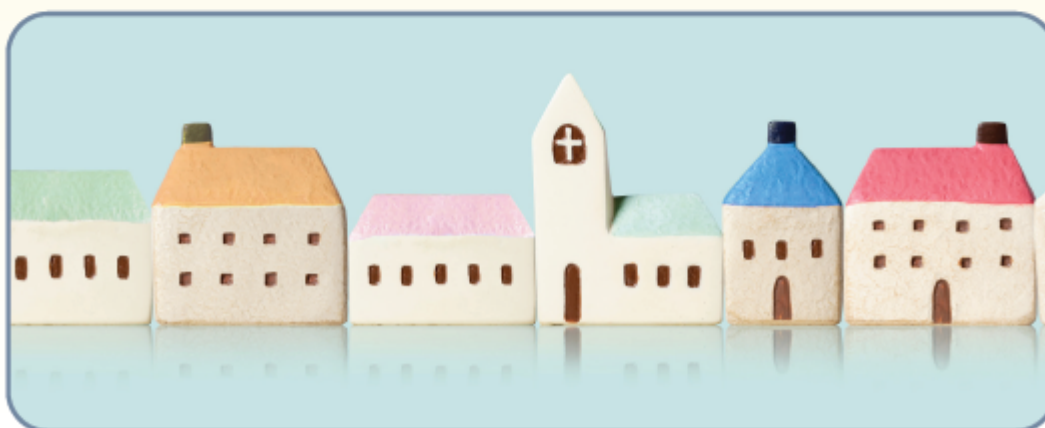
Location: Shannon Library **Time:** 2:00pm to 4:00pm

Join us for an afternoon of engaging talks and feel-good inspiration!

Guest Speakers: Clare Women's Collective, The Active Retirement (Shannon Branch), CLDC, Shannon Community Partnership, Local link, Local Safety Partnership

Information Stands: LCETB, Family Carers, Locallink, Shannon Community Partnership, CLDC, Clare Women's Collective, Alzheimer's Society, , Task, Lions Club and Clare County Council Housing Grants

Whether you're interested in helpful resources or an uplifting afternoon of connection, this event has something for you! Everyone is welcome.



Library News



Loughboy Library Weekly Online Clinic

Tuesday 25th August from 2.30 - 3.30 pm

Would you like to learn more about the wealth of online resources available from Kilkenny Libraries?

Pop in to see us at our weekly online clinic and we can demonstrate to you how to use such fabulous online resources as Borrowbox, Universal Class and more!

No booking required. Just drop in!

Ciorcal Comhrá Gaeilge / Irish Conversation Group in Loughboy Library

Wednesday 26th August from 11.00 – 11.30am

This is an enthusiastic gathering, seeking to use their cúpla focail. It is open to all levels of fluency, beginners, improvers and advanced.

Just come along any Wednesday agus beidh fáilte romhat!

Knitting and Crafting Group in Ferrybank Library

Every Tuesday from 10.00 am – 12.30pm

Do you enjoy getting creative with crafts Meet fellow craft lovers at our weekly get together, where you can share tips, swap inspiration, and work on your own projects in great company.

All are welcome - no booking required.

Nattering Knitters in Castlecomer Library

Every Thursday from 10.00 am – 12.00 pm

Join this talented bunch of knitters for a knit and a cuppa every Thursday morning 10am to 12pm. No need to book, everyone welcome. Please note, the Nattering Knitters will take a break on Thursday 6th August and will return on 13th August.

New Poetry Group in Castlecomer Library

Thursday 10th of September from 2.00 – 3.00pm

Join Lori for our Poetry Group, where we'll read, write, chat and enjoy poetry together in a relaxed, friendly space. All levels are welcome - whether you're a complete beginner, a curious dabbler, or someone who already loves putting words on a page.

Each session will include gentle writing prompts, shared reading, and time to explore your own voice. Bring a notebook, bring a friend, or just bring yourself.

Tea and coffee provided. Everyone is welcome - no booking required.

Chess Club in Castlecomer Library

Saturday 29th of August from 11.00am to 12.00pm

Our Chess Club continues every Second Saturday, 11.00am to 12.00pm. This is a self-led, everyone welcome, beginners and seasoned players Chess Club.

Come along and share skills or learn from one another and enjoy chess at any level. No Booking Required.

Heritage Week 1926 Census talks in Mayfair Library

Tuesday, August 26th from 11.30am - 12.30pm

Booking is required. Contact Mayfair Library at 056 7794174 or email mayfair@kilkennylibrary.ie.

Adult Book Club in Graiguenamanagh Library

Meets on the first Tuesday of every month at 7.00 pm. New members are always welcome.

Ciorcal Comhrá Gaeilge / Irish Conversation Group in Graiguenamanagh Library

Every Wednesday, 11.00am – 12.00pm If you're looking to use your cúpla focal, this is a great group to meet up with. It's open to all levels of fluency — beginners, improvers, and advanced speakers are all welcome. Just drop in any Wednesday agus beidh fáilte romhat!

Crafty Crew in Graiguenamanagh Library

Every Wednesday from 10.00am – 12.00pm Enjoy meeting up with like minded crafters? Drop into the library any Wednesday morning to share tips, have a chat, and enjoy a cuppa while you work on your projects. All are welcome — no booking required.

Word Searches & Sudoku in Graiguenamanagh Library

Every Friday from 11.30am–12.30pm Drop into the library for an hour of quiet time and enjoy our weekly word searches and sudoku. A lovely way to unwind at the end of the week.

Age Friendly resources available at Graiguenamanagh Library

include hearing loops, magnifiers, C Pens, and a book trolley for use within the library. Reading glasses If you forget your glasses, fear not — we have a selection of reading glasses available to use in the library.

Community Get-Together: Come along to Graiguenamanagh library on the last Friday of each month at 10:30am for a relaxing community gathering. You can chat with neighbours, meet new people, read the newspaper, or enjoy puzzles like Sudoku and word searches over a warm cuppa. This cosy, welcoming space is open to everyone looking to unwind and connect.

Skills for Life: Tech SOS Clinic in Bunclody Library - Thursday 27th August, 7.00 to 8.00pm

Need help with your digital device (tablet, phone, or laptop)? Want to find out more about how to access the free library eResources like BorrowBox and much more? Learn about the range of online resources accessible through Bunclody Library and become more confident using your device. This event is for adults only and it is also an Age Friendly event. Booking required, book online at wexfordcoco.libcal.com or telephone 053 9375466.

Friday Film Club for Adults in Bunclody Library- Friday 28th August, 11.00am to 1.00pm

Join us for a movie screening (some golden oldies as well as more modern classics) for adults. Library staff will select the perfect movie! This movie is for adults only. No booking required.

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no

later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office

Telephone: 046 9032170

Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm

Saturday and Sunday



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