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National Updates

A large, colorful graphic advertisement. On the left, a white circle with an orange border contains the "Age Friendly IRELAND" logo (a stylized flower) and the text "National Age Friendly Recognition & Achievement Awards Apply Now!". Below this, it says "Sponsored By ipb insurance" with the ipb logo. At the bottom left of the circle are three small icons: a wave, a crown, and a target, with the text "comhairle chontae na mi meath county council" below them. On the right side of the graphic is a large, golden trophy with several stars on top, set against a dark blue background with glowing green and blue light trails. The trophy sits on a grey base with the "Age Friendly IRELAND" logo on it.

Apply Now!



Health in Ireland: Key Trends 2025


The annual publication illustrates the significant improvements in health outcomes in the past decade and highlights some of the challenges in the access of timely and efficient healthcare.


Read More




AccessibleEU European Event

Advancing Accessibility in Transport

 Tuesday 9 June 2026

 9.30 to 16.30 (IST)

 Aviva Stadium, Havelock Area, Lansdowne Road, Dublin 4, Ireland

 Hybrid Event

[Join us!](#)

Accessible
centre **EU**

We move with you!



Centre for Excellence
in Universal Design
Ulster University
National Disability Authority

Advancing Accessibility in Transport Conference

Only a few weeks left until the Advancing Accessibility in Transport Conference at the Aviva Stadium and online!

AccessibleEU are holding this, in collaboration with our Centre for Excellence in Universal Design.

Join them to explore the complexity of accessibility in transport, underlining the real-world consequences of inaccessible systems for passengers with disabilities.

Through keynote speakers, expert panels, and lived-experience testimonies, participants will examine accessibility challenges, as well as innovations and solutions for creating transport systems designed around users' needs.

Date: Tuesday, 9 June 2026

Time: 9:30am – 4:30pm

Venue: Aviva Stadium, Dublin (Havelock Area) or Online (Hybrid)

Participation is free of charge.

The venue is fully accessible, with live English captioning, Irish Sign Language (ISL), and International Sign interpretation available throughout the event. A livestream link will be shared with registered participants the day before the conference.

Secure your Place

HSE WEBINAR INVITATION

Men's Health Week 2026

Date: Monday 15 June 2026
Time: 12:00pm - 1:00pm

Find out more at www.mhfi.org

ONE STEP AT A TIME - progress, not perfection



Men's Health Week

Join in at the start of Men's Health Week, Monday 15th June, 12pm – 1pm, to hear from a range of speakers who will share their insights and experience on the key theme for the week, One Step at a Time – progress not perfection. Guest speakers include:

- Poet and Mental Health Advocate, Daragh Fleming
- Broadcaster and Entrepreneur, Bobby Kerr
- Founder of the innovative 'Be OK Garage' promoting mental health, Dave Smith
- Social Prescriber and Screening Champion, Lewis Byrne
- HSE Project Manager, Bláthín Casey

Register Here



Connections with the GAA is renewed and strengthened in Nursing Homes through GAA+, Nursing Homes Ireland and Age Friendly Ireland Community Linkage Project

A powerful collaboration between the GAA and Nursing Homes Ireland (NHI) is helping to bring the excitement of Gaelic games directly into care settings across the country. Through this partnership, GAA+ has provided NHI with a unique code for each of its members, so that they can access live matches for the 2026 Championship season. This initiative is already making a meaningful difference, strengthening connections to community, sport, and shared identity—particularly for those who may no longer be able to attend matches in person.

Through the Age Friendly Ireland Community Linkage Project, residents were supported to access the GAA+ streaming service and to avail of other GAA opportunities. Sacred Heart Nursing Home in Roscommon Town has fully embraced the GAA Season hype. Residents have enjoyed live match screenings, creating a lively atmosphere of camaraderie and friendly rivalry. A highlight was a visit from the St Brigid's GAA Club, both Men's and Ladies championship-winning teams, bringing a strong sense of local pride and connection.

Residents also showed their support for the Roscommon Senior Men's football team for recent games by decorating the home in county colours. One resident was invited and participated in an Age Friendly Walkability Audit of Dr. Hyde GAA Park in Co. Roscommon to identify opportunities for improvement, ensuring that the stadium meets the needs of all visitors.

The collaboration between the GAA, Community Linkage Project and Nursing Homes Ireland showcases how innovative partnerships can enhance quality of life, promote social inclusion, and keep residents connected to the passions that have shaped their lives.



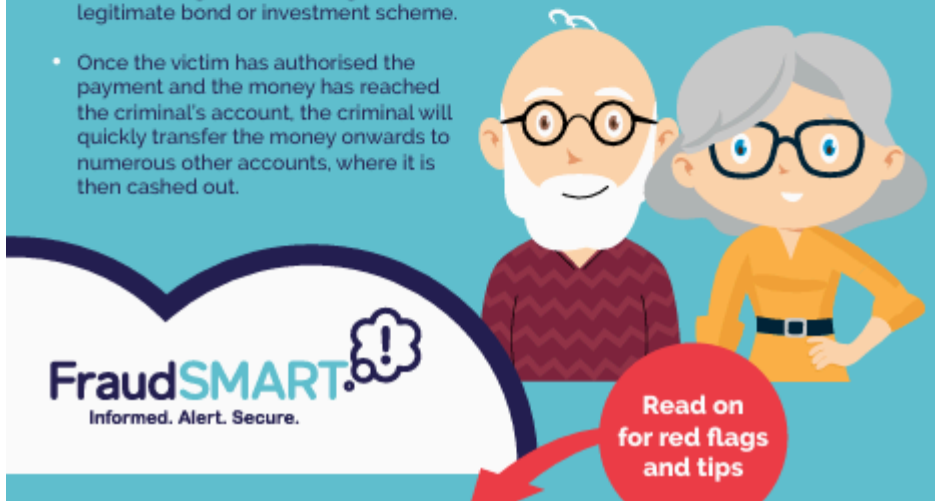
The graphic features a dark blue background. On the left, a red oval contains the text 'Targeting over 50s!!' in white. To the right, the title 'FraudSMART Spotlight on Investment Scams' is written in white, with 'FraudSMART' in a larger, bold font.

An investment scam occurs when a criminal tricks someone into investing money to a scheme or venture that does not exist, ultimately transferring funds to the fraudster's account. The scams promise attractive returns that are usually higher than other retail investment opportunities. Common investment scams include shares, bonds, cryptocurrencies, pensions and overseas land investment.

How does the scam work?

These scams are highly convincing and appear to be legitimate.

- Fraudsters may hide behind websites, including product or investment comparison websites, which can appear to be legitimate.
- Consumers looking to invest may submit their details to an online form for more information and the fraudsters then call or follow up with an email, often including what looks like a high-end brochure that may use the name and branding of a well-recognised, legitimate bond or investment scheme.
- Once the victim has authorised the payment and the money has reached the criminal's account, the criminal will quickly transfer the money onwards to numerous other accounts, where it is then cashed out.
- A fraudster may spend a number of months communicating back and forth with no pressure or urgency placed on the consumer in order to build up a sense of trust.
- Other techniques used by fraudsters to convince consumers of their legitimacy include creating a 'copy-cat' profile on LinkedIn of a real employee from an investment firm.



Red flags to look out for:

- **Cold call:** You are cold-called about an investment opportunity – i.e. you receive an unexpected telephone call/e-mail/social media message.
- **Claims of low or no risk:** There is a promise of a guaranteed, quick and profitable return on the investment with little or no risk. All investments carry some level of risk.
- **Pressure to act:** You feel pressured into making decisions without proper research or due diligence.
- **Lack of transparency:** The investment lacks transparency and you cannot access clear and detailed information about the operations, financials, or investment strategy
- **Complexity and confusion:** The investment opportunity is overly complex or difficult to understand.

Checklist to avoid investment scams:

- ✓ **Take your time:** It is important to note that there are very few legitimate investment opportunities that require you to hand over or transfer money immediately.
- ✓ **Research thoroughly:** Check the individual and firm for qualifications, credentials, reputation and history. Be wary of brochures that may appear legitimate. Contact the investment firm directly using numbers from their official website or other reputable independent sources. The Central Bank Consumer Hub is a good place to start.
- ✓ **Verify the information:** Check all information with a trusted third party such as a legal/financial professional and consult family and close friends.

If you think you may have fallen victim to an investment scam:

- **Contact both your bank and An Garda Síochána as soon as possible.** Every reported case of fraud is investigated thoroughly.
- **Be wary of a repeat scam.** If you've been a victim of fraud in the past, whoever took your money may keep your contact information and contact you again. This time, they'll claim they can recover the money you lost but you'll need to pay a fee first. Hang up on any callers that claim they can get your money back for you.

FraudSMART is a fraud awareness initiative developed by Banking & Payments Federation Ireland (BPI).

Sign up to FraudSMART alerts to protect yourself against scams – go to www.fraudsmart.ie



Fraud Smart



Irish Construction Excellence Awards

We were thrilled to be at the Irish Construction Excellence Awards last night in the The Convention Centre Dublin (The CCD). It was an honour that the Age Friendly Housing & Public Realm Training had been nominated for a 2026 ICE Award in the CPD category!

Creating accessible, inclusive spaces for an ageing population is vital for the future of our built environment. This nomination is a wonderful recognition of the team's dedication to

delivering impactful training that drives real change in Irish construction.

Huge Congratulations to Winner in our category - ATU Donegal Bsc (Hons) Quantity Surveying.

Local Updates



From the United States of America

BISHOP BLANCHET BAND



CONCERT BAND



JAZZ BAND



DRUMLINE

WHYTE RECITAL HALL

ROYAL IRISH ACADEMY OF MUSIC
36 - 38 Westland Row,
Dublin 2

Saturday. 13 June 2026
19:30 - 20:45

Free tickets here!



For more information: music@wenstravel.com



Community Event on Financial Literacy

The Louth Age Friendly Team were among a number of groups and organisations who attended a free community event on finances and keeping your money safe. The event was hosted by AIB in The Imperial Hotel Dundalk on Tuesday 12th May and Age Friendly Louth hosted an information table at the event.

Participants were given handy hints and tips around protecting your money from fraud, budgeting, preparing for financial emergencies and local supports available in Co Louth.



Age Friendly Walks for Bealtaine

Age Friendly Louth partnered with Walking For All and Cooley Connect Well to host an Age Friendly Walk in Cooley GFC on Wednesday 20th May to celebrate Bealtaine. The walk led by trained walkers from Cooley Connect Well was suitable for people of all ages and abilities.



Memory Café Dundalk Library

2ND TUESDAY OF EVERY MONTH

2.30-3.30PM

Tuesday 9th June 2026

**Guest Speaker: Rebecca Carolan from
Sage Advocacy**

**REBECCA WILL TALK ABOUT THE FAIR DEAL AND
OTHER SERVICES THAT SAGE CAN HELP US WITH**

MUSIC



*Tea &
chat*

THE CAFÉ IS A WARM AND WELCOMING PLACE FOR PEOPLE TO
COME AND MEET OTHERS ALSO LIVING WITH DEMENTIA /
ALZHEIMER'S. CARERS, FAMILY AND FRIENDS ARE ALL WELCOME,
THERE IS NO BOOKING REQUIRED

Dementia Support

Supported by The Alzheimer Society of
Ireland

**0429353190 DUNDALK LIBRARY
0877489258 MAEVE MONTGOMERY**



THE Alzheimer
SOCIETY OF IRELAND



Fingal OPC Annual Conference Report – Smart Choices for Safer Living

Deputy Mayor of Fingal, Cllr Gráinne Maguire opened Fingal OPC's Annual Conference on Wednesday, 20th May 2026, at Kettles Hotel, Swords, with an attendance of 120 participants from across the county.

The aim of the Conference was to empower older people with practical knowledge and awareness of available supports to maintain independent living. A range of informative presentations were delivered throughout the day, covering key topics including personal safety, fire safety, fall prevention, online safety, and the home supports available to older people. These sessions provided practical advice and guidance to help attendees make informed decisions about their safety and wellbeing.

The Conference also encouraged engagement and peer learning, with opportunities to speak to presenters, visit information stands, and share experiences with others. Attendees left better informed, more confident, and reassured about the supports available to help them to continue to live safely and independently at home.



Cavan Older People's Council
will be holding an
Information Roadshow

on

Tuesday 9th June

9.30am – 2.00pm

Cavan County Museum,
Ballyjamesduff, A82 YP70

Light Lunch will be served

Booking is Essential

Phone: 049 4378545

e-mail: agefriendly@cavancoco.ie

by Friday 5th June 2026.

Open to all to attend.

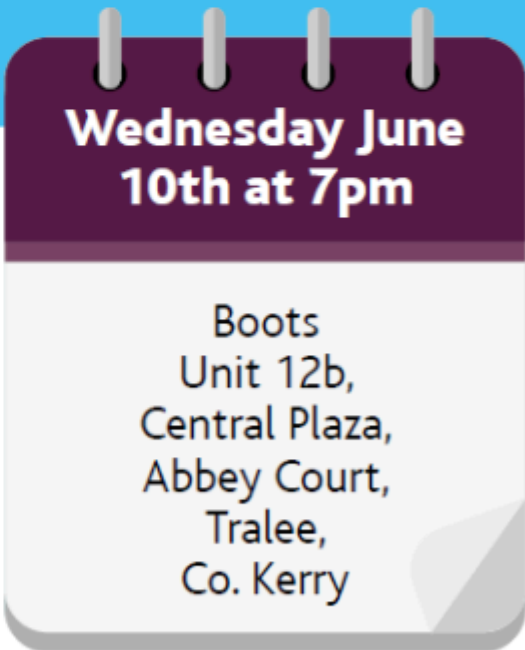
New Members always welcome.





Let's talk dementia and brain health

The HSE's Dementia: Understand Together campaign and Boots Ireland invite you to an evening of information and inspiration.



Healthcare professionals and people affected by dementia will reflect on:

- Dementia and the things we can do to look after our brain health
- Practical steps we can all take to support people with dementia in our communities
- Dementia and community supports and services

FREE TO ATTEND Booking is required. Visit dementiaroadshow.boots.ie to confirm your place.



For further information on the campaign go to understandtogether.ie





Age Friendly Garda Station

On the 29th of April, as part of the process of Wexford Garda Station becoming the first Age Friendly Garda Station in Ireland, a comprehensive walkability audit was carried out at Wexford Garda Headquarters examining both the interior and exterior environment with a focus on accessibility, safety and inclusivity for all members of the community.

The audit was attended by Inspector Graham Rowley, Sgt Dave Ferriter, Garda Denise Kane, Garda Anne Quirke, Sgt in Charge of Wexford Garda Station Sgt Laura Bolger, alongside representatives from Alzheimer's Ireland, Cottage Autism, Vision Ireland, Parkinson Wexford Branch, Angela Cassidy, Wexford Older Persons Council, Local Residents Joseph, Michael, Lucy, Siobhan and Andrew, Carolyne Godkin Wexford County Council, Niamh Bolger Age Friendly Manager Wexford County, Council, Tony Dempsey, Age Friendly Ambassador, Caroline Brogan Regional Manager Age Friendly Ireland and Stephanie Warner Local Authority Integration Team.

The purpose of the walkability audit was to evaluate how effectively the Garda station accommodates individuals with diversity, mobility, sensory and cognitive needs. Attention was given to clarity, lighting, physical access points and overall ease of navigation within and around the station premises.

Participants engaged in a structured walkthrough, identifying both strengths and areas for improvement. Feedback highlighted the importance of clear visual and auditory cues, unobstructed pathways, appropriate seating areas and staff

awareness of accessibility needs.

Inspector Rowley noted the value of the initiative stating that ensuring our public spaces are welcoming and accessible to everyone is a key priority. This audit provides practical insights that will help us better serve all members of the community.

There was emphasises on the collaborative nature of the audit acknowledging the contribution of advocacy and community representatives in shaping more inclusive public services.

The findings from the audit will inform future improvements and guide ongoing efforts to enhance accessibility at Wexford Garda Station.

This initiative reflects continue commitment to inclusivity ensuring that public services are accessible, navigable and supportive for people of all abilities.

On behalf of Age Friendly Wexford, Wexford County Council, An Garda Siochana and Age Friendly Ireland we would like to thank all participants for their attendance and feedback on the day.

The audit was supported by Wexford County Council, Age Friendly Wexford and Age Friendly Ireland.

Community Information Afternoon

The Clare Older Peoples Council supported by the Clare Age Friendly Programme is holding its 2nd Mini Expo public event of 2026 on:

Date: Tuesday 9th June 2026
Location: Teach Ceoil Ennistymon Co Clare V95 WKV2
Time: 2:00pm to 4:00pm

Join us for an afternoon of engaging talks and feel good inspiration!

Guest Speakers: Denise O'Brien - CLDC - Warmer Homes Scheme, Alone, National Patient Advocacy Service & Music & Folklore by Joe Rynne & Friends

Information Stands: Family Carers, LCETB, National Patient Advocacy Service, TASK, ICA, Localink, Healthy Clare, Housing Grants, Lions Club and more!

Whether you're interested in helpful resources or an uplifting afternoon of connection, this event has something for you! Everyone is welcome.

FREE EVENT



Community Information Afternoon

The Community Information Afternoon is a free event organised by the Clare Older People's Council, supported by the Clare Age Friendly Programme, as part of its 2026 Mini Expo series. It will take place on Tuesday, 9 June 2026, from 2:00pm to 4:00pm at Teach Ceoil Ennistymon.

The event brings together a range of guest speakers and organisations to provide practical information, advice, and support for older people and the wider community. Topics include housing supports, health services, and advocacy, alongside music and folklore to create an engaging and welcoming environment.

A variety of information stands will also be present, including Family Carers, LCETB, National Patient Advocacy Service, Local Link, Healthy Clare, Housing Grants, and more, giving attendees the opportunity to connect directly with services.

The afternoon promotes awareness, inclusion, and community connection, offering both valuable information and a social opportunity in an accessible and welcoming setting for all.



Bealtaine Cork

During Bealtaine week, some Cork OPC Members had a fantastic workshop at the Mitchelstown Library on writing a crime story, led by Marie O'Halloran, a crime writer with a Diploma in Coaching and Coaching Psychology. They were on the edge of our seats with some of the members' stories! It was a great experience for all!

The energy in the room was amazing, and everyone left feeling inspired to continue their writing journeys.

The feedback received from Marie was incredibly valuable, and it was wonderful to see everyone's creativity come to life through their stories.



Michelle O'Keeffe from MTU (Munster Technological University) gave a presentation at Mitchelstown Library on tips for staying safe online. She delivered a great PowerPoint covering topics such as handling scams, responding to cyber attacks, password management, and safe online shopping.

It was very informative and provided us with valuable insights on staying safe online. Some of the people who attended the session

Library News



Gorey Library

The 1926 Census with Bernie Walsh: Thursday 4th June at 7.00pm at Gorey Library

Join Bernie Walsh in Gorey Library for a walk-through of the newly released 1926 Census of Ireland.

Bernie will highlight what has changed since the 1911 censuses and explain the new information now available to researchers and family historians.

“Singing Letts”: Thursday 25th June at 7.00pm at Gorey Library

Join traditional singer and composer Aileen Lambert, and Niall Lacey on bouzouki, for a musical celebration of the poetry of Winifred M. Letts. The county of Wexford lay at the heart of Letts's lyrical writing. One of her best-known poems, “The Harbour”, is closely associated with Courtown Harbour and reflects her deep connection to the people and landscapes of the county.

In 2024, Aileen Lambert received an Arts Council award to explore Letts's poetry and compose new airs in the traditional style, transforming her poems into song. Though written as poetry, her work has a natural affinity with the ballad tradition.

Arters and Crafters Circle: Saturday 20th June at Gorey Library

Join this informal art and craft circle for a chance to create something with company, share skills or tips or just socialise with other crafty people. All abilities and adults are welcome.

Scrabble Club: Every Tuesday at 7.00pm at Gorey Library

Enjoy playing Scrabble? Come along to our adult scrabble club. No booking needed.

Knitting Circle: Every Friday at 11.00am at Gorey Library

Join the knitting circle any Friday between 11.00am and 1.00pm. All abilities welcome. Bring along whatever you are knitting.

Wordsmiths Writing Group: Every Friday at 2.00pm at Gorey Library

Are you a writer or would you like to start writing? Wordsmiths Writing group can help you to fulfil your writing dream in a supportive environment with others who want to share their work.

Lifting the Lid Public Piano: First Monday of the Month at 2.30pm (8th June) at Gorey Library

All players are welcome to play on our piano on the first Monday afternoon of the month.

Ciorcal Comhrá (evening): First Tuesday of the Month at 7:00pm (2nd June) at Gorey Library

Bain usaid as do chúpla focal. Come along for an hour of informal chat as Gaeilge! Gígí linn sa leabharlann. All are welcome, bring a coffee and chat as Gaeilge.

Ciorcal Comhrá (afternoon): Second Tuesday of the Month at 2.00pm (9th June) at Gorey Library

Due to popular demand we have added a second Irish Conversation Circle to our schedule Bain usaid as do chúpla focal. Tá fáilte roimh gach duine agus gach leibeéal Gaeilge. Use your Irish, all levels welcome.

English Conversation Circle: First Saturday of the Month at 2:30pm (6th June) at Gorey Library

Do you want to practise your conversation skills? Are you learning English, or are you new to the area or just looking to meet new people? Drop into our monthly Conversation circle to practise in a relaxed environment.

Happy to Chat Coffee Morning: Second Wednesday of the Month at 11:00am (10th June) at Gorey Library

Join us for a chat and a cuppa on the second Wednesday of every month.

Gorey Library Film Club: Second Thursday of the Month at 2:30pm (11th June) at Gorey Library

Join us for "Stanley Tucci" month in our Film club, where we'll watch a film with refreshments throughout.

Book of the Month Book Club: Last Tuesday of the Month at 7.00pm (30th June) at Gorey Library

Booking is required as spaces are limited – to enquire about joining this book club please call 053 9483820 or email goreylibrary@wexfordcoco.ie

Wexford Library Service Online Book Club: Last Wednesday of the Month at 11.00am (24th June) at Gorey Library

Join us on the TEAMS App for a discussion about books from the comfort of your own home. For more information email Jan.Doran@wexfordcoco.ie

Loughboy Library Weekly Online Clinic

Tuesday 2nd June from 2.30 - 3.30 pm

Would you like to learn more about the wealth of online resources available from Kilkenny Libraries?

Pop in to see us at our weekly online clinic and we can demonstrate to you how to use such fabulous online resources as Borrowbox, Universal Class and more!

No booking required. Just drop in!

Ciorcal Comhrá Gaeilge / Irish Conversation Group in Loughboy Library

Wednesday 3rd June from 11.00 – 11.30am

This is an enthusiastic gathering, seeking to use their cúpla focail. It is open to all levels of fluency, beginners, improvers and advanced.

Just come along any Wednesday agus beidh fáilte romhat!

Word Games in Ferrybank Library

Every Friday from 2.30 - 3.30 pm

Are you a fan of wordle, crosswords and scrabble? Indulge your passion by dropping in to our Friday afternoon word game group.

A good exercise for the brain cells but lots of laughter guaranteed.

Knitting and Crafting Group in Ferrybank Library

Every Tuesday from 10.00 am – 12.30pm

Do you enjoy getting creative with crafts Meet fellow craft lovers at our weekly get together, where you can share tips, swap inspiration, and work on your own projects in great company.

All are welcome - no booking required.

Movie Mornings for Bealtaine Festival in Castlecomer Library

Friday 29th of May from 11.00am – 1.00pm

Join us every Friday morning in May for a relaxed Movie Morning as part of the Bealtaine Festival. Every Friday at 11.00am we will be screening a classic movie while highlighting Kanopy, the free streaming service available with your library card. Come along and enjoy a selection of timeless classics together with a cuppa and biscuits!!! Everyone welcome. No Booking required.

Friday 29th of May - Guys and Dolls starring Marlon Brando, Jean Simmons and Frank Sinatra.

1926 Census Talk in Castlecomer Library

Tuesday 16th of June from 6.00 – 7.00pm

Noreen Maher will deliver a talk on the newly released 1926 Irish Census and how it can be used to deepen and expand your family history research. A dedicated Q&A session will follow the presentation. To book your place please contact 056 4440561 or castlecomer@kilkennylibrary.ie

New Chess Club in Castlecomer Library

Saturday 6th of June from 11.00 am – 12.00 pm

Our new Chess Club continues on 6th of June from 11.00am to 12.00pm. This is a self-led, everyone welcome, beginners and seasoned players Chess Club. Come along and share skills or learn from one another and enjoy chess at any level.

No Booking Required!

Nattering Knitters in Castlecomer Library

Every Thursday from 10.00 am – 12.00 pm

Join this talented bunch of knitters for a knit and a cuppa every Thursday morning 10am to 12pm. No need to book, everyone welcome.

Poetry Workshop for Poetry Day Ireland in Castlecomer Library

Thursday, 28th of May from 2.30 – 4.30pm.

Celebrate Poetry Day Ireland with a Poetry Workshop led by local poet/creative writer lecturer Derek Coyle. Derek will deliver a two-hour creative hands-on session where you will leave with new poem beginnings to develop at home. Beginners, dabblers and experienced writers all welcome!!

Booking is essential as places are limited. Please phone 056 4440561 or email castlecomer@kilkennylibrary.ie

Age Friendly AI Training in the Mayfair Library

Age Friendly AI Training will take place in the Mayfair Library on Thursday 11th June from 6.00 – 7.30pm. This informal training workshop has been designed with & for older adults. To book a place, call 056 7794174 or email mayfair@kilkennylibrary.ie

Shoppe Together - Creative Sewing Workshop in Mayfair Library

Tuesdays 9th, 16th and 23rd June, 2.00 – 5.00pm.

Workshop Callout for Senior Participants

Do you have sewing skills, craft knowledge, or a love of making that you'd like to share? Shoppe – Together invites you to take part in a series of creative workshops connecting with local teenagers facilitated by Susanne Horsch (Visual Artist working in textiles) and Julia MacConville (Visual Artist & Costume Designer) at Kilkenny Mayfair Libraries new Maker Space.

Across three hands-on sessions, you'll work within an intergenerational setting, sharing skills, stories, and experience while exploring sewing, garment repair, and upcycling. Together, we will rework existing clothing, create a personal project and support each other in developing individual textile skills and projects.

Your knowledge and lived experience are at the heart of this project—helping to pass on valuable skills while also learning fresh perspectives from a younger generation. The workshops offer a relaxed and social environment, encouraging connection, creativity, and meaningful exchange.

Join us to make, mentor, learn and be inspired—while building new relationships and highlighting the value of craft, community, and sustainability.

Materials provided.

The workshop series is free but spaces are limited. To book email Julia - juliamacconville@gmail.com

Graigenamanagh library Community Get-Together

Friday 29th May from 10.30 -1 1.30am

New to the area or just looking to meet a few friendly faces? Pop into Graig Library for a cuppa. We'd love to welcome you, share a chat, and help you feel at home in the community.

Join us at the library the last Friday of every month for a warm and welcoming get together. Chat with neighbours, meet new people starting on Friday 29th May 10.30 -1 1.30am.

Adult Book Club in Graigenamanagh Library

meets on the first Tuesday of every month at 7.00 pm. New members are always welcome.

Ciorcal Comhrá Gaeilge / Irish Conversation Group in Graigenamanagh Library

Every Wednesday, 11.00am – 12.00pm If you're looking to use your cúpla focal, this is a great group to meet up with. It's open to all levels of fluency — beginners, improvers, and advanced speakers are all welcome. Just drop in any Wednesday agus beidh fáilte romhat!

Crafty Crew in Graigenamanagh Library

Every Wednesday from 10.00am – 12.00pm Enjoy meeting up with like minded crafters? Drop into the library any Wednesday morning to share tips, have a chat, and enjoy a cuppa while you work on your projects. All are welcome — no booking required.

Word Searches & Sudoku in Graiguenamanagh Library

Every Friday from 11.30am–12.30pm Drop into the library for an hour of quiet time and enjoy our weekly word searches and sudoku. A lovely way to unwind at the end of the week.

Film & Book Club in Graiguenamanagh Library

meets on the second Tuesday of every month at 6.00 pm.

Age Friendly resources available at Graiguenamanagh Library

include hearing loops, magnifiers, C Pens, and a book trolley for use within the library. Reading glasses If you forget your glasses, fear not — we have a selection of reading glasses available to use in the library.

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office

Telephone: 046 9032170

Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm

Saturday and Sunday



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