



Age Friendly City Strategy 2025 – 2029



Comhairle Cathrach Chorcaí
Cork City Council

Table of Contents :

2. Foreword
- 3 WHO Age Friendly Cities & Communities / National Shared Service
4. Structure & Governance of Shared Service
5. Cork City Age Friendly Programme, Alliance & Older Person Council
6. Cork City Healthy Age Friendly Homes Programme
7. Strategy Overview & Monitoring Framework
8. Consultation Processes
9. Our Values
- WHO Age Friendly Thematic Areas, Strategic Goals and Action
10. RESPECT & SOCIAL INCLUSION
11. HOUSING
12. SOCIAL PARTICIPATION
13. CIVIC PARTICIPATION & EMPLOYMENT
14. COMMUNICATION & INFORMATION
15. COMMUNITY SUPPORTS & HEALTH SERVICES
16. OUTDOOR SPACES & PUBLIC BUILDINGS
17. TRANSPORTATION
18. Contact Details Age Friendly Cork City



Foreword

Foreword from Chief Executive Valerie O'Sullivan

We are delighted to present the new Cork City Age Friendly Strategy. We look forward to working closely together to implement the actions of the plan over the next four years.

People worldwide are living longer and healthier lives. This means that the population of Ireland is ageing and will continue to do so over the coming years and decades, and we see this as a very positive thing.

The Central Statistics Office (CSO) estimates that by 2041 there will be around 1.4m people in Ireland over the age of 65 – that equates to one in every four people. There are currently 24,852 people aged 65+ living in Cork city with 8,420 of that number living alone. 3,853 residents are over 85 years old.

This strategy is based on a review of the implementation of the previous programme and on a comprehensive consultation process which brought older people from across the city and key service providers together to identify how we can continue to ensure that Cork is a great city in which to live, work and grow older.

It provides us with a roadmap which will enable us to build on the many achievements of our previous strategy. I would like to thank the Age Friendly Alliance members for their commitment to the programme and the four Elected Members who were part of the original Age Friendly Forum Finbarr Coughlan, Nora O'Donovan, Noel Dempsey and Phil Ui Mhurchú are acknowledged for their years of service. Thanks also to the wider Age Friendly Forum membership who gave of their time and experience to develop this new Age Friendly Strategy.

An ageing population can be viewed as presenting challenges in terms of public finances and public services. Cork City Council views it as adding richness to society, opportunities to learn from older people who have so much to offer and share through their life experience. It also presents us all with the opportunity to create a society that supports and values positive and healthy ageing, and for services to be shaped around that goal. Getting older is a fact of life for every one of us, if we are lucky. Ageing knows no barriers and is something we all have in common.

The Age Friendly concept is at the heart of this vision for an inclusive society that empowers and values older people.

Valerie O'Sullivan
Chief Executive
Cork City Council



World Health Organisation Age Friendly Cities and Communities

The WHO Age Friendly Cities and Communities programme was launched in 2006 and set out 8 thematic areas through which a more inclusive, age friendly society should be pursued at national and local level. Since its launch in 2006 the WHO Age Friendly Cities and Communities programme has evolved into a dynamic global network of national and local Age Friendly programmes with Ireland being very much an active member and indeed a leader in this global network.

WHO defines an Age Friendly city as:

“An age-friendly city encourages active ageing by optimizing opportunities for health, participation and security in order to enhance quality of life as people age.”

Age Friendly Ireland, National Shared Service

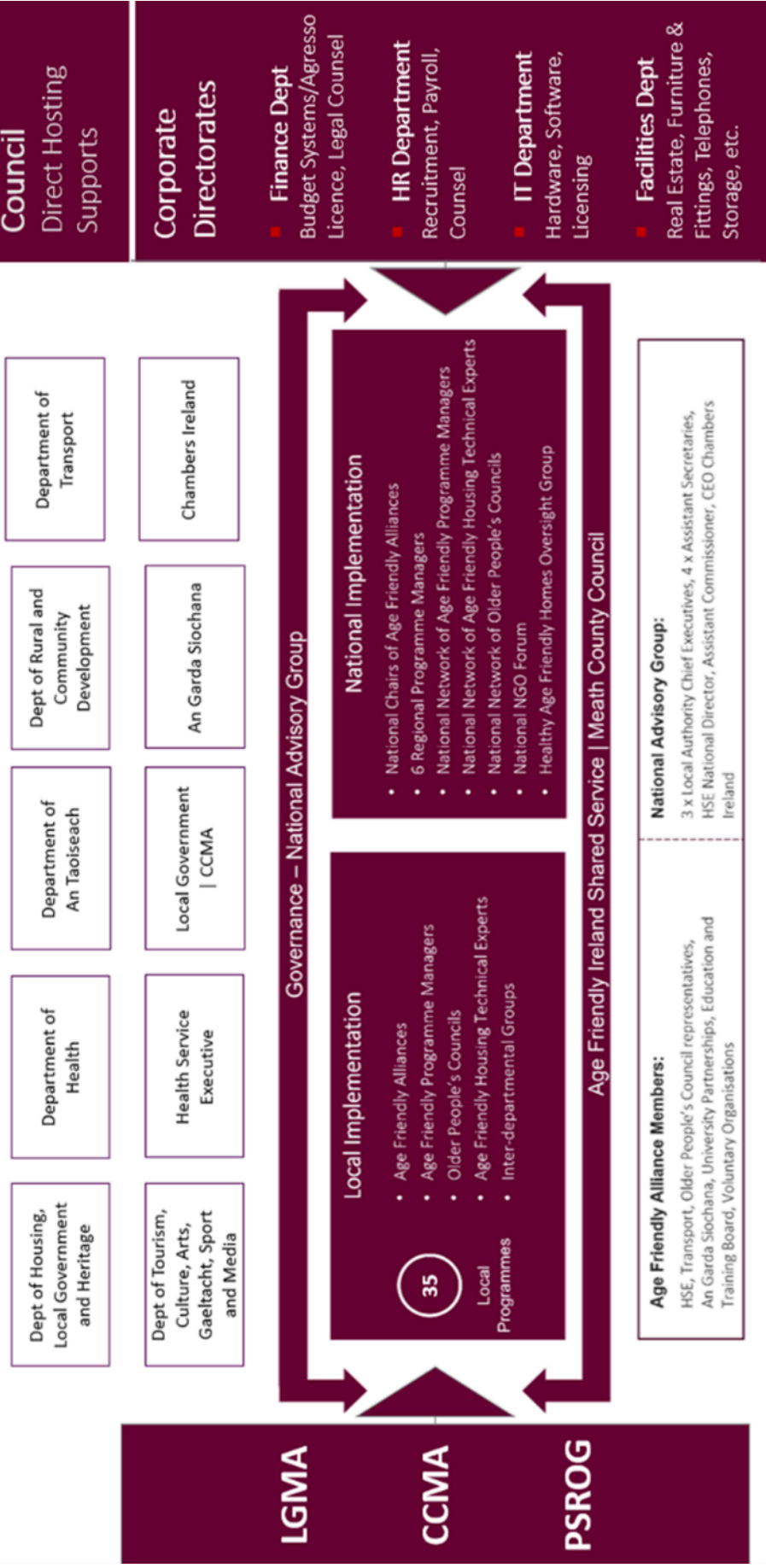
Age Friendly Ireland is a shared service of local government hosted by Meath County Council and it supports cities, counties, towns, villages, and rural communities across Ireland to prepare for the rapid ageing of our population by paying increased attention to the environmental, economic and social factors that influence the health and well-being of older adults.

Age Friendly Programmes work to provide walkable streets, housing and transportation options, access to key services and opportunities for older people to participate in community activities. By doing so, these communities are better equipped to become great places, and even lifelong homes, for people of all ages. Local Age Friendly Programmes are informed by a positive ageing perspective and seeks to enhance and improve the lives of older people across the country by giving them a voice in the decision-making processes that affect their ability to live full and active lives.

“Age is one of the first things we notice about other people:
Ageism arises when age is used to categorise and divide
people in ways that leads to harm, disadvantage and injustice
and erodes solidarity across the generations”
(WHO Global Report on AGEISM).



Structures & Governance



The Cork City Age Friendly Programme

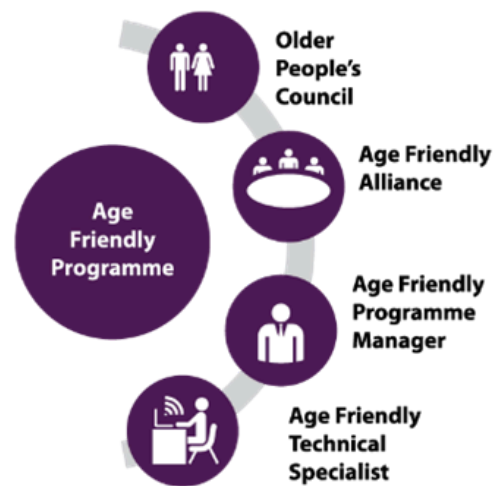
Cork City Age Friendly Programme operates with the same structure which relies on an active Older People's Council, an Age Friendly Alliance, an Age Friendly Programme Coordinator, two Healthy Age Friendly Homes coordinators and an Age Friendly Housing Technical Advisor within the local authority.

Cork City Age Friendly Alliance

The Cork Age Friendly City Alliance is an interagency partnership comprising of senior personnel in public sector, not-for-profit and community organisations that promote a positive approach to ageing. The member agencies of the local Age Friendly Alliance form a strategic partnership to develop and oversee the Age Friendly Strategy.

Alliance member organisations includes (but is not not limited to) :

Alzheimer's Society of Ireland
 Cork City Partnership
 An Garda Síochána
 Cork Education and Training Board (CETB)
 Bus Éireann
 Cork Healthy City Initiative
 Cork Age Friendly Forum
 Health Service Executive (HSE)
 Cork Business Association (CBA)
 Healthy Age Friendly Homes
 Cork Chamber
 Irish Rail
 Cork City Council
 Corks Age Friendly Ambassador



Cork City Older Persons Council (OPC)

The Cork City Age Friendly OPC is a representative group of older people, established by the local authority as part of the local Age Friendly Programme providing an opportunity for older people in the City to come together, share concerns and ideas, informing the decision-making process of the Cork Age Friendly City Programme.

The OPC elects representatives to represent its views at the Cork City Age Friendly Alliance. The OPC representatives also participate in national level structures. The Older People's Council is a two tier structure with an Executive Committee and a wider membership base with public quarterly meetings held in City Hall. OPC representatives are key collaborators and stakeholders who co-design the actions and objectives of the Cork City Age Friendly Strategy.



The Cork City Healthy Age Friendly Homes Programme (HAFHP)

A support service designed to enable older people continue living in their homes and to avoid the early or premature admission into long term residential care. The programme comes from an agreement between Department of Health, Department of Housing and Age Friendly Ireland. The Staff and administration are funded by Slaintecare, and it is a free service for over 65s. The programme works by having the Local Co Ordinator visit the older participants in their own homes to provide advice and assistance to access Grants, Supports and services that will be of benefit to older person and advise and encourage the participants to access the groups and services and transport links in their area.

The HAFHP Coordinators work closely with the HSE, staff of the local authority housing and Community directorates, local development groups and other stakeholders supporting the Age Friendly community in Cork City.

In Cork City the programme has supported 40% of the participants with accessing City Council services, such as Housing adaption grants, Housing aid for older person grants, disabled driver permits and social housing applications. 10% of the participants were assisted with accessing senior alert schemes or other assistive technology. The remainder of the support actions are spread over, links to the HSE services, finance assistance, and encouraging engagement with the community. The HAFHP team are constantly working to track al the support services for older persons and promoting the Cork City as an Age Friendly city into the future.



Cork Age Friendly City Strategy 2024 – 2029 – an overview.

This strategy was developed by the Cork Age Friendly Alliance in consultation and cooperation with older people in Cork.

The ambition for this Age Friendly Strategy is that Cork City will continue to:

- Develop as a great place to grow old.
- Have easily accessible public buildings, shops and services.
- Incorporate older people's views into significant decisions being made about Cork.
- Promote a positive attitude to ageing and address stereotypes about older people.
- Create more opportunities for older people to be engaged with their city socially, as employees and as volunteers.

Cork has expanded fivefold since the boundary extension in 2029.

Cork now embraces many new areas and new communities, and we are making a conscious effort to be as diverse as the city we represent. Cork cities population is projected to grow by 150,000 people by 2024, a 50% increase in population in a very short period of time.

Actions are proposed to be delivered by the Cork City Older Peoples Council (OPC), Cork City Council, appropriate agencies and overseen by the Cork Age Friendly Alliance. These actions will be reviewed against periodic progress reports by the OPC to the Alliance.

Monitoring Framework

Specifically, the monitoring process for this strategy will involve the following elements:

- Cork City Age Friendly Alliance will oversee the implementation of this Action Plan through its regular meetings.
- Key stakeholders and representative of the OPC will report on progress at Alliance meetings.
- Multi-agency steering groups may be formed to implement key programs.
- Corks Age Friendly Programme Manager will attend National & Regional Age Friendly Ireland meetings and training and work directly with the national office on specific projects where required.
- A mid-term review of this strategy will be undertaken in the latter half of 2027.

Cork City Age Friendly Alliance will continue to use the expertise it has currently available to it and the Alliance will form new strategic partnerships where appropriate. In order to ensure that agencies and organisations fulfil their commitments laid out in this document and that we demonstrate their impact in the community, we have developed our action plan with key performance indicators (KPI's) and desired outcomes in mind.



Consultation Processes

As part of the consultation process for this strategy Cork City Age Friendly Alliance and Cork City Age Friendly Forum were keen to reach a broad cohort of the population of older people in Cork city. The research and consultations that form the basis of this document were undertaken between April to November 2024. Consultations focused on the eight interconnected domains of the WHO's Age Friendly Cities Framework:

Respect & Social Inclusion	Housing
Social Participation	Civic Participation & Employment
Communication & Information	Community Supports & Health Services
Outdoor Spaces & Public Buildings	Transportation

The consultations included five different elements:

- A series of Consultation sessions with Older People in conjunction with CARL UCC *
- Community Consultations for the Local Economic Community Plan (LECP)
- Consultation with Stakeholder Organisations
- A series of eight theme based 'in person' meetings to review issues and proposed actions
- Review of current Age Friendly Policy Literature and Best Practice

Methodologies included a review of the literature pertinent to older people and consultation process including a series of workshops with older people facilitated by UCC, online and over-the-phone interviews, stakeholder specific questionnaires, and a series theme focussed consultation sessions.

The process engaged with a broad a range of older people. Several tools were used to discover the views and attitudes of older people in Cork City to achieve a meaningful consultation and assessment process, which developed this action plan capturing the priorities of older people in the City,

**CARL is an initiative at UCC that links students with community groups to explore topics of interest to that community group. Working with the staff and students at UCC students learned community-based research 'live' in the community, in progressing the strategy.*

Participants and stakeholders came from across the city to discuss the World Health Organisation (WHO) Age Friendly themes and to propose actions for this document and the key strategic drivers for the Age Friendly Strategy.



Our Values:

This strategy reaffirms Cork Cities Commitment as an Age Friendly City and a collective mission to make Cork city 'a great place to grow old in'. In addition to the eight WHO themes, consultations with older people via the UCC Cork Conversations consultative process identified four overarching values that underpin this strategy:

Respect Contribution Connection Advocacy

These overarching core values, have a focus on the practical goals that can strengthen the delivery of all of the proposed actions outlined within this document.

Respect :

Older people have reported experiences of being ignored, dismissed or patronised because of their age, Age Friendly Cork City endeavours to ensure that our older people are treated with respect.

Connection :

Age-based prejudice, loneliness and isolation are associated with lower levels of wellbeing in older adults and the life changes typical of later life, including retirement and bereavement, can put older people at increased risk of social isolation by reducing their social connections. A key goal of the actions laid out in this strategy is a drive towards ensuring better connections with and for our older neighbours, friends, colleagues and relatives.

Contribution:

It is important that we enable more people in later life to take up opportunities to contribute their skills, knowledge and experience, improving older people's social connections and sense of meaning and purpose. Many over-55s are currently in paid and voluntary work and thus contributing to the growth of our economy.

Advocacy:

Cork City Age Friendly Alliance and OPC has an important role to play at both local and national level, in advocating for the needs of our cities older population across the eight identified WHO themes that contribute to Corks identity as an Age Friendly City.



1: RESPECT & SOCIAL INCLUSION

'To enable older people to participate fully in the social, economic and political life of the city.'

No	AIMS	ACTIONS	PARTNERS	LEAD	KPI's
1	Ensure the Cork City Age Friendly Programme is engaging with older people in all communities including the most vulnerable; travellers, Roma, asylum seekers and members of the LGBTQIA+ communities.	This action will see a proactive programme of engagement with older people from minority backgrounds such as migrant or Traveller communities, the LGBTQ+ community, people living in long term residential care, and people with disabilities.	Older Persons Council (OPC), Cork Gay Project, Cork Migrant Centre, LAIT , TGV, Cork City Partnership, Community Development Projects, Linc, Healthy Cities	C.R.F.	1.Number of engagements with a view to involving more older people in existing and new projects, events and activities with a strong social inclusion focus. 2. Development of a subgroup of Age Friendly to focus on Social Inclusion issues.
2	Broaden representation on the Cork City Council Age Friendly Forum and Alliance from all communities.	Broaden the membership of Cork City Age Friendly structures by ensuring broad representation reflecting the diversity of Cork City communities including older people from minority backgrounds such as migrant or Traveller communities, the LGBTQ+ community, people living in long term residential care, and people with disabilities.	Older Persons Council, Cork Gay Project, Cork Migrant Centre, LAIT, TGV, Cork City Partnership, Community Development Projects, Linc	Cork Age Friendly Coordinator	1.Number of Intergenerational activities and initiatives developed. 2. Training and capacity building work with older people from minority communities to support their direct participation.
3	Promote inclusion initiatives to combat digital exclusion.	Ongoing provision of information and technology classes to develop full participation.	ALONE, Cork City libraries, Cork City Partnership, Cork ETB	Cork City Libraries, CCP	1.Number of classes provided and number of participants.
4	Roll out of Unconscious Bias Training in Cork City Council to enhance an Age Friendly environment.	Provision of unconscious bias training for all Cork City council staff engaging with older clients and members of the public.	Learning & Development CCC, Cork Age Friendly Alliance, OPC, & Forum, CCC Community Team, Cork City Libraries, CSU, Cork City Council Staff	CCC Learning & Development	1.Numbers of staff attending training annually
5	Assist older people in facing grief and loss.	Support our community partners and the HSE in the roll out and delivery of specific programmes to address the subjects of grief, loss and bereavement.	Cork Age Friendly Alliance, OPC, & Forum, CCC Community Team, HSE	Healthy Age Friendly Homes	1.Numbers engaging with trainings and programmes designed to support those experiencing grief and loss.
6	Support new communities in facilitating Age Friendly initiatives.	Provide encouragement and support for groups of older people living in our new communities e.g. Together Razem's 'Babushka' programme supporting older members of the Polish community through a friendship activity events and initiatives.	Cork Age Friendly Alliance, OPC, and Forum, Cork City Council Community LAIT team, CCP, HSE	LAIT	1.Numbers of new initiatives for older people from different cultural groups. 2. Numbers of people engaging with same.
7	Present evidence-based responses to research enquiries, reflecting the quality of life in older age in Cork city.	Engage with academic and health profile research to generate appropriate responses, regarding the quality of life of older people in Cork city.	UCC, MTU, Cork City Age Friendly Forum & Alliance, Healthy Cities	Age Friendly OPC Research Subgroup	1. Establish a research subgroup of Cork Age Friendly Older Persons Council. 2. Number of relevant academic research requests completed.

2: HOUSING

'To enable older people to live in their own homes and communities by providing the necessary supports and services as well as suitable housing in the right locations.'

No	AIMS	ACTIONS	PARTNERS	LEAD	KPI's
8	Working towards tackling Fuel poverty for older people living in Cork City.	Cork City Age Friendly will work with EnergyCloud to roll out a pilot project for Cork City , using surplus renewable energy that would otherwise be wasted to provide free hot water tanks to some of those in the region who are in energy poverty. EnergyCloud is a not-for-profit social enterprise which works in partnership with all stakeholders to meet one simple objective and that is to use surplus renewable energy to help tackle energy poverty.	Cork Age Friendly Alliance, OPC, & Forum, Community Team, Cork City Council Housing, Cork City Council Climate Action Team, HSE	EnergyCloud	1.Number of people engaging with the EnergyCloud pilot program for Cork City in 2025 - initially 20 households proposed for the pilot. 2. Roll out of the program across the city . Numbers engaged and benefitting.
9	Support the Independent Living of Older People allowing them to 'Age in Place' .	This action will focus on practical supports to older people to live independently in their homes through the implementation of the Housing Aid Grants and Housing Adaptation Grants schemes.	Heathy Age Friendly Homes, ALONE, Age Action	Healthy Age Friendly Homes	1.Number of older people engaging with the HAFH services and grants provided by CCC 2. Number of older people accessing housing aid and housing adaptation grants provided by CCC
10	Promote Cork City Councils Adaptation/Rightsizing/Retrofitting Schemes and Initiatives.	Ensure existing and new Adaptation/ Rightsizing/Retrofitting Schemes and initiatives are communicated widely in a clear and accessible manner.	Cork City Council Housing, Planners, Engineers & Architects	Cork City Council Housing	1.Number of older people engaging with the current offering of Adaptation/ Rightsizing/Retrofitting Schemes and initiatives.
11	Promote Age Friendly Housing Design Principles.	This action will focus on building capacity for best practice Age Friendly Housing initiatives with a view to embedding Age Friendly Housing / Universal Design Principles in new housing developments in Cork City.	Cork City Council Housing, Planners, Engineers & Architects	Cork City Council Housing	1.Number of staff trained in Universal Design Principles. 2. Number of developments incorporating Universal Design Principles.
12	Increase the provision of Age Friendly Housing for vulnerable communities including Travellers, Roma, Asylum seekers and members of the LGBTQI+ communities.	This action will focus specifically on identifying the housing needs of older people from marginalised Community and increasing the provision of Age Friendly accommodation accordingly.	Cork City Council Housing Department	Cork City Council Housing	1.Number of older people benefitting from allocation of appropriate accommodation.
13	Deep Cleans & De-Cluttering Need services.	Work with interagency 'Extreme Clean Group' focusing on cleaning and decluttering service for vulnerable older people.	Cork Age Friendly Alliance, OPC, & Forum, HSE, Cork City Council, Cork City Partnership, An Garda Siochana, Friendly Call	HSE	1.Number of people using this service.

3: SOCIAL PARTICIPATION

'To support the expansion and development of service provider initiatives aimed at encouraging the social engagement of older people.'

No	AIMS	ACTIONS	PARTNERS	LEAD	KPI's
14	Clear Communications around events and opportunities for increased Social Participation	Cork City Alliance will endeavour to facilitate the wide sharing of clear information relating to community groups via 'The Age Friendly guide - a directory of Supports for Older people in Cork City', an Age Friendly Community Newsletter (print and digital) and the CCC Text Alert System.	HSE, Cork Age Friendly , Cork City Libraries, Healthy Cities, CCP Friendly Call Cork	Cork City Council Community and Comm's Teams	1.Development, launch and distribution of an updated print and digital version of Cork Age friendly directory . 2. Numbers receiving Age Friendly Newsletter (print and digital). 3. Numbers of older people signed up to the CCC Text Alert System.
15	Promote active participation through mobility & health initiatives and activities for those aged 55+.	Cork City Alliance will work alongside partner organisations to expand and increase levels of activity from middle age in keeping with the aims of Healthy Ireland. Support the promotion of Health and Wellbeing Programmes that encourages healthy eating and physical exercise for people over 55.	Slaintecare, Cork Healthy Cities, Cork Sports Partnership, HAZ, HSE, Family Resource Centres, Cork City Libraries	HSE	1.Increase in attendance at events that promote mobility and health.
16	Create increased opportunities for social participation through community events and activities.	Maximise the opportunities for older people's social participation through intergenerational learning at social and cultural community-based programmes.	Community Team, Community Organisations, Cork City Libraries , Cork City Arts office, Healthy Cities, CCP SICAP & Friendly Call Cork	Cork City Council Community Team	1. Cork City Council celebration days, events such as Family Fun Days, Play Days, Cork Lifelong Learning Festival , 'Make Way Day' have a visible 'Age Friendly' elements where possible.
17	Develop a Toolkit on ensuring that a Community Event is Age Friendly.	Increasing the participation of older people at community events delivered by Cork City Council and our partner organisations by developing a toolkit that ensures an Age Friendly lens is applied to our events.	Community Team, Community Organisations , Child Friendly Cities, Cork City Libraries , Cork City Arts office	Cork Age Friendly Coordinator	1.Development of an Age Friendly Events Toolkit. 2.Use of the Toolkit in planning events across the Community.
18	Develop increased opportunities for volunteering for older people.	This action will focus specifically on identifying volunteering opportunities for older people. Share information on existing volunteer opportunities and explore opportunities for new Age Friendly volunteer initiatives.	Cork Volunteer Centre, Cork Age Friendly Forum, OPC & Alliance, CCP Friendly Call Cork	Cork Volunteer Centre	1.Numbers of older people engaging with the Cork Volunteer Centre and Community volunteering events.
19	Overcome social Isolation and loneliness.	Increase the availability of Visitation and Telephone Support and Befriending services for older people.	Healthy Age Friendly Homes, Friendly Call, Alone, HSE, Cork Volunteer Centre, Family support centres	Cork City Partnership Friendly Call Cork	1.Number of older people with active Visitation Support and Befriending matches. 2. Number of older people engaged with Telephone Support and Befriending services.

4: CIVIC PARTICIPATION & EMPLOYMENT

'To enable older people to participate fully in lifelong learning opportunities and in the employment market where desired.'

No	AIMS	ACTIONS	PARTNERS	LEAD	KPI's
20	Ensure a strong voice and representation of older people in local policies.	The Alliance will continue to encourage people through the Older Peoples Forum to participate in the Public Participation Networks (PPN).	Alone, Age Action, Age Friendly Forum, OPC and Alliance, Age Friendly Ireland, PPN, Sporting Organisations.	PPN	1.Number of civic and sporting organisations representing older people engaged with the PPN
21	Deliver a succession planning framework for Corks Age Friendly Forum.	Strengthen the membership of the Age Friendly Forum through active promotion and recruitment of new members from across society. Delivery of workshops and induction training for Forum Members.	Age Friendly Forum, OPC and Alliance, Age Friendly Ireland,	Cork Age Friendly Coordinator, Cork Age Friendly Alliance	1.Delivery of a Succession Framework. 2. Number of new members recruited to the wider Forum. 3. Number of members inducted elected and trained. 4. Clear terms of Reference established and adhered to.
22	Support Corks Age Friendly Forum to ensure older people have a voice in matters that affect them.	Promote Corks Age Friendly Forum as a consultative body.	Age Friendly Forum, OPC and Alliance, Age Friendly Ireland,	Cork Age Friendly Forum & Alliance	1.Number new attendees at Age Friendly Forum meetings.
23	Increase Age Friendly principles and awareness in businesses and workplaces .	Increase the number of businesses who have applied Age Friendly practices through the promotion and delivery of the Age Friendly Business Recognition Programme.	Local Enterprise Office, Corks Age Friendly Forum, OPC and Alliance	LEO	1.Number of trainings delivered. 2. Number of accredited businesses.
24	Exercise your civic duty - encouraging voting amongst 55+ cohort	Inclusion of materials guiding people on how to register/ how to vote.	All partners	Cork City Council Corporate Affairs	1.Number of materials distributed 2. The number of registrations on the live register aged 55+
25	Develop increased opportunities for volunteering for older people.	Develop a pilot programme for the recently retired or those approaching retirement - with a view to encourage this cohort to engage with the Age Friendly Forum as part of their civic duty and serve on boards of management for Community Groups.	Cork Volunteer Centre, Cork Age Friendly OPC, Forum & Alliance	Volunteer Centre	1.Numbers of older people engaging with the Cork Volunteer Centre. 2. Numbers available to serve effectively on boards of Community Groups.

5: COMMUNICATION & INFORMATION

'To ensure that information relevant to older person's services is easily accessible by everyone in a format most appropriate to their needs.'

No	AIMS	ACTIONS	PARTNERS	LEAD	KPI's
26	Ensure that the Age Friendly Forum remains a source of clear and useful information.	Schedule a variety of guests to attend and present to the Cork Age Friendly Forum on a wide variety of topics that are identified by, and of interest to older people.	Cork Age Friendly Forum, OPC and Alliance, CETB Literacy Coordinators, Healthy Cities	Cork Age Friendly Coordinator	1. Number of Presentations to Forum.
27	Seek to minimise the digital divide.	Endeavour to ensure that Age Friendly information and materials are available in a variety of formats and distributed as widely as possible to prevent those with digital literacy issues from feeling excluded. Continue the provision of digital equipment and training through digital skills classes.	ALONE, Cork City libraries, Cork City Partnership - Friendly Call Cork, Cork ETB	Cork City Libraries, CCP	1. Number of Cork Age Friendly printed materials. 2. Numbers engaging digital classes for older people. 3. Numbers of Acorn tablets in use via Cork City Libraries.
28	Cork City Age Friendly Communication Plan.	Deliver a communication Plan for Cork City Age Friendly with clear goals and objectives, identifying communication channels that can effectively reach our target audience using plain language in all communications.	Cork Age Friendly OPC & Forum, Cork Age Friendly Alliance, Cork City Council Communications Team	Cork Age Friendly Coordinator	1. Plan developed and implemented.

6: COMMUNITY SUPPORTS & HEALTH SERVICES

'to ensure that older people have access to adequate health services and information and to age friendly health and community facilities needed for healthy and active living.'

No	AIMS	ACTIONS	PARTNERS	LEAD	KPI's
29	Promote lifelong learning opportunities for older people to encourage social and economic participation and cognitive health.	Increase opportunities for older people's participation in formal and informal learning through flexible learning initiatives.	Cork Learning City, Cork Access Network, Cork Learning Neighbourhoods , UCC, Cork ETB, MTU, Cork City Libraries, Cork City Partnership SICAP	Cork City Learning City Team	1. Number of older people engaging with the Lifelong Learning Festival, community education courses, third level and further education courses.
30	Promote healthy living activities for older people.	There are currently a wide variety of community-based supports designed to help people to live healthier lives for longer. Cork Age Friendly will engage with and promote such programmes and initiatives supporting the health and wellbeing of older people.	HSE, Slaintecare & Cork Healthy Cities, Age Friendly OPC & Forum, Age Friendly Ireland , Age Friendly Alliance	HSE	1.Engagement with existing Health & Wellbeing programmes. 2. Numbers of appropriate information and guides distributed at events.
31	Addressing Age Related Food Poverty in Cork City.	Scope out the potential for an Age Friendly response to the issue of food poverty.	HSE, Slaintecare & Cork Healthy Cities, Age friendly Forum & Alliance, Food Policy Council	Food Policy Council	1. Scoping meeting.
32	Addressing safety concerns by continuing to identify older persons as a priority group in community policing.	This action will focus on Community Gardaí actively engaging with older peoples' groups through dedicated talks on issues like safety and security and other relevant issues. Gardaí will also engage on an ongoing and more informal basis by simply calling into groups and individuals that are identified to them as in need of information and assistance.	Local Community Safety Partnership, An Garda Síochána, Healthy Cities	An Garda Síochána, Local Community Safety Partnership	1.Number of training events. 2. Number of safety initiatives. 3. Number of Local Forums delivered.

7 : OUTDOOR SPACES & PUBLIC BUILDINGS

'To ensure that the location, design and maintenance of buildings and the surrounding environment are age proofed and in line with current best practice.'

No	AIMS	ACTIONS	PARTNERS	LEAD	KPI's
33	Develop and improve the accessibility of the physical environment for walkers and those using mobility aids.	Extend Walkability Survey Programme.	Cork Age Friendly Forum, OPC & Alliance, Cork City Access Group	Cork City Council Community Team	1.Number of walkability studies extended.
34	Develop and improve the accessibility of the physical environment for older drivers.	Increase the number of Age Friendly parking spaces in Cork City.	Cork Age Friendly Forum, OPC & Alliance, Cork City Libraries , City Council Roads Department , CBA, Cork Chamber	Cork City Council Planning & Roads	1. Number of Age Friendly Parking Spaces.
35	Continue to integrate Age Friendly Design Principles into the development of public spaces in Cork City.	Integrate Age Friendly principles in the design of outdoor spaces including green spaces/parks, sensory spaces, community integration active spaces.	Cork Age Friendly Alliance, OPC & Forum , Cork City Libraries , City Council Planners, Architects and Engineers, Child Friendly & Healthy Cities	Age Friendly Technical Advisor	1.Number of Age Friendly public amenities in Cork City. 2. Number of widened footpaths/shared street spaces 3. Number of Additional Age Friendly Seats & Leaning posts installed.
36	Implement best practice initiatives in Age Friendly Parks and green spaces for Cork City	This action will focus on developing Age Friendly spaces in local parks including outdoor gym equipment, accessible seating, and other features to create accessible and intergenerational spaces and facilities.	Healthy Cities, Slaintecare, Cork City Council Parks Department , Cork Sports Partnership	Age Friendly Technical Advisor	1.Number of Age Friendly Parks and Green Spaces in Cork City.
37	Roll out the 'Leeside Leithreas' initiative in businesses and workplaces.	This sticker scheme proposed that businesses near amenity areas would agree to make their toilets available to the public. An 'opt in' discrete window sticker indicates businesses who are part of the scheme. Delivery of the Age Friendly Business Recognition Programme.	Local Enterprise Office, Corks Age Friendly Forum, OPC and Alliance, CBA, Cork Chamber	Cork Age Friendly	1.Number of stickers distributed. 2. Number of businesses actively participating.
38	Roll out the 'Take a Seat' initiative in businesses and workplaces.	This initiative invites the setting aside a small number of existing outdoor seats at restaurants and pubs for use by older visitors, without having to buy anything from the participating premises, which would also make its toilet facilities available, if required.	Local Enterprise Office, Corks Age Friendly Forum, OPC and Alliance, CBA, Cork Chamber	Cork Age Friendly	1.Number of businesses actively participating.

8: TRANSPORTATION

'To ensure that the location, design and maintenance of buildings and the surrounding environment are age proofed and in line with current best practice.'

No	AIMS	ACTIONS	PARTNERS	LEAD	KPI's
39	Improve the dissemination of Citywide Public Transport Information.	This action will focus on ensuring the effective and accessible dissemination of current information on existing public transport services through all channels: public signage and timetables, radio and newspaper, online, and community events.	Corks Age Friendly Forum, OPC and Alliance, Bus Eireann, Irish Rail	Bus Eireann, Irish Rail	1.Number of channels sharing Age Friendly Information on public transport services in and from the city.
40	Raise public awareness of the Travel Assistants programmes	Making the public aware of the current 'Travel Assistants' programmes available through Bus Eireann Services and Commuter Train Services.	Corks Age Friendly Forum, OPC and Alliance, Bus Eireann, Irish Rail	Bus Eireann, Irish Rail	1.Number of people engaging with the Bus Assitants programme .
41	Promote Active Travel with older people	This action will focus on promoting active travel with older people through information, awareness-raising and active travel programmes.	Corks Age Friendly Forum, OPC and Alliance, Cork City Council Sustainable Transport & Climate Action Team, Healthy Cities	Cork City Council Sustainable Transport Team	1.The number of older people acively engaging with Active Travel options and initatives eg walks , bike repair days.
42	Develop pedestrian infrastructure, around cycle lanes, to support an age friendly environment	Ensure pedestrian crossings on roads with cycle lanes are clearly marked and in appropriate locations convenient for use by older people.	Corks Age Friendly Forum, OPC and Alliance, Cork City Council Roads Sustainable Transport & Climate ActionTeam	Cork City Council Roads Division	1.Number of walkability audits.

WHO Age Friendly Thematic Areas and Strategic Goals

1: RESPECT & SOCIAL INCLUSION

'To enable older people to participate fully in the social, economic and political life of the city.'

2: HOUSING

'To enable older people to live in their own homes and communities by providing the necessary supports and services as well as suitable housing in the right locations.'

3: SOCIAL PARTICIPATION

'To support the expansion and development of service provider initiatives aimed at encouraging the social engagement of older people.'

4: CIVIC PARTICIPATION & EMPLOYMENT

To enable older people to participate fully in lifelong learning opportunities and in the employment market where desired.

5: COMMUNICATION & INFORMATION

'To ensure that information relevant to older person's services is easily accessible by everyone in a format most appropriate to their needs.'

6: COMMUNITY SUPPORTS & HEALTH SERVICES

'to ensure that older people have access to adequate health services and information and to age friendly health and community facilities needed for healthy and active living.'

7 : OUTDOOR SPACES & PUBLIC BUILDINGS

'To ensure that the location, design and maintenance of buildings and the surrounding environment are age proofed and in line with current best practice.'

8: TRANSPORTATION

'To enable older people in Cork City and areas adjoining the city to get to where they need to go when they want to go there.'

If you would like more information on the Cork City Age Friendly Programme

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