

To view this email in your browser, please [click here](#).



Friday, 19th September 2025

National Updates



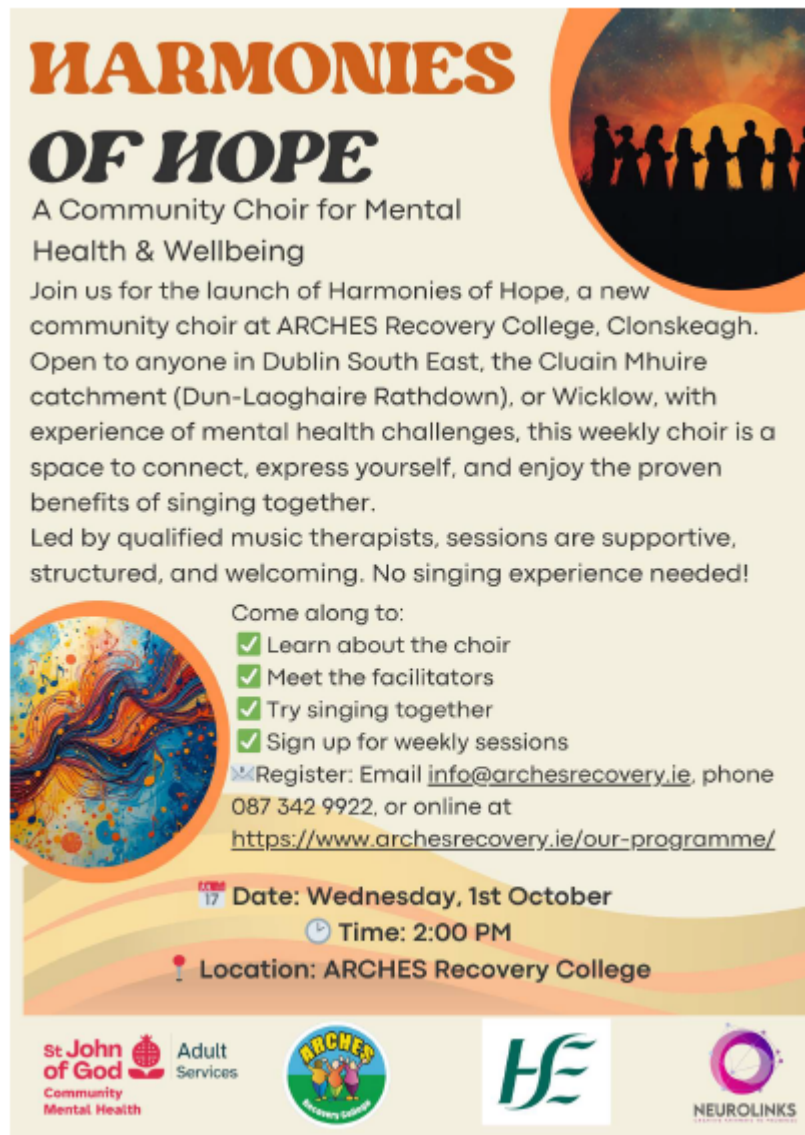
7th Annual HCCI Home Care Conference and Awards Event

Our Chief Officer Catherine McGuigan was delighted to join the 7th annual HCCI Home Care Conference last week. Catherine joined a panel of speakers to discuss the topic of

‘Towards a Healthier and More Caring Future’.

Later that evening at the annual awards event Catherine was honoured to receive the “Outstanding Contribution” Award, in recognition of her leadership and commitment to improving the lives of older people in Ireland.

[Find out more >](#)



HARMONIES OF HOPE
A Community Choir for Mental Health & Wellbeing

Join us for the launch of Harmonies of Hope, a new community choir at ARCHES Recovery College, Clonskeagh. Open to anyone in Dublin South East, the Cluain Mhuire catchment (Dun-Laoghaire Rathdown), or Wicklow, with experience of mental health challenges, this weekly choir is a space to connect, express yourself, and enjoy the proven benefits of singing together. Led by qualified music therapists, sessions are supportive, structured, and welcoming. No singing experience needed!

Come along to:

- ✓ Learn about the choir
- ✓ Meet the facilitators
- ✓ Try singing together
- ✓ Sign up for weekly sessions

Register: Email info@archesrecovery.ie, phone 087 342 9922, or online at <https://www.archesrecovery.ie/our-programme/>

Date: Wednesday, 1st October
Time: 2:00 PM
Location: ARCHES Recovery College

Logos at the bottom: St John of God Community Mental Health, Adult Services, ARCHES Recovery College, HE, NEUROLINKS.

Join the new Choir at ARCHES Recovery College: Harmonies of Hope

They would love you to join them for an Information Day about the Choir: at 2pm on Wednesday, 1st October in ARCHES Recovery College, Clonskeagh. At this session, you'll meet the facilitators and hear more about the project so you can decide if you'd like to

take part. The Choir sessions will start on the 15th October. Weekly sessions will then take place every Wednesday at 2pm until 17th December. No previous singing experience is needed – just bring your voice and your curiosity.

If you'd like to attend the Information Day, please register by email (info@archesrecovery.ie), by phone 087 342 9922, or online on the ARCHES website.

[Find out more >](#)

Age Friendly University Update's in September



Friday: September 19th

As you know, Culture Night takes place on Friday, and you are welcome to visit the St. Pat's Campus for the event, which kicks off at 5 pm - 8 pm. There are lots of things to see, and the AFU office will be hosting a tent at the event, where they will have a special AFU Bingo for the children to enjoy, with a prize at the end.

Monday: September 22nd

They are hosting a webinar on "Ageing with Dignity - Strengthening Care and Support Systems" with a stellar panel of presenters from 10:00 a.m. to 12:00 noon. Register here for the webinar.

Tuesday, September 23rd

The Love of Lifelong Learning Programme opens for registration. A Google Form for each module will be sent to all participants on the mailing list on Tuesday morning to register for a module.

Payments: If you would like to call the office separately to make a payment, it is open Monday through Wednesday from 9:30 am to 1:00 pm. Grainne will also be on hand to take payments over the phone in the afternoons up to 5pm.

Regretfully, we cannot offer refunds on modules. The days and times offered are non-flexible, and all places are subject to demand. If the required numbers are not met, the module will be cancelled.

Wednesday, October 1st

A coffee morning will take place at All Hallows Campus in the main Dining room from 10.30 - 11.30, so please pop in to meet and mingle with other AFU participants. No registration or booking required.

Friday, October 3rd

The Melbourne Women's Choir will conclude their Irish tour with a lunchtime concert at DCU All Hallows Chapel featuring works by Benjamin Britten, C.V. Stanford, and DCU's own Seán Doherty.

Founded in 1993, the Choir has performed with leading Australian symphony orchestras, hosted national festivals, toured widely across Europe, and recorded three acclaimed CDs. Known for their artistry and versatility—from major concert halls to community settings—the Choir, conducted by Sharon Batterham and Faye Dumont, is delighted to share this performance with Dublin audiences. All welcome, just come along.

Parking

Please ensure you have the correct permit for parking on the DCU Campus at St. Patricks and All Hallows. Parking on the Glasnevin Campus is in the Helix Carpark, which is not covered by the parking permit. Here are the [parking instructions](#). Parking is outside of the control of the AFU office.

Campus Map

[Here is a link](#) to navigate around DCU - the Campus Explorer provides valuable information, guides and a video of each campus and how to get around, which you will find helpful.

Don't forget to check the [website](#) and follow our social media platforms (Facebook & Instagram) to get up-to-the-minute updates about AFU news and opportunities.

UN Day of Older People Event Webinar Monday September 22nd






International Day of Older Persons

Global Voices on Ageing: An Irish Perspective

Ageing with Dignity

Join us on
Monday, September 22nd
Online Webinar 10.30 -12.00
"Ageing with Dignity"

To mark the International Day of Older People

Presenters

Prof. Amanda Phelan (DCU)
Helen Fitzgerald, SAGE Advocacy
Anne Duffy, AFU Participant and ISCP Board Member
Lucie Cunningham, THEHomeshare
Alison Bough, Active Retirement Ireland & AGE Platform
Alison McCarthy, Alzheimer's Society
Drs. Patricia Duffy/Maeve Wiston, Mary Immaculate College
Dr. Tara Byrne, Age & Opportunity

[Register for the Webinar](#)




Simon Brooke Policy Lecture 2025: Age Friendly Housing

The late Simon Brooke, whose memory is in honour of Clúid's annual policy lecture, was former Board Member and later Head of Policy with Clúid, up until his untimely death in November 2019. This year's lecture will include contributions from Age-Friendly Ireland, Co-Housing Communities Ireland, Sage Advocacy, and Clann (Cluid's age-friendly housing service) for a range of perspectives on this timely issue.

Date: 9th October 2025

Time: Registration and reception from

6.30pm, seated by 7pm

Location: Royal Convention Centre, Ship

Street Great, Dublin, D08 E6PD

[Find out more >](#)



National Ploughing Championships 2025

Age Friendly Ambassador for Offaly, Anna-May McHugh joined the Offaly Age Friendly team to showcase all the brilliant work that is hapenning locally. Click below to see all the photos!

[Find out more >](#)

Local Updates

A Night of Culture - King House, Boyle

Roscommon's Older People's secured funding under Creative Roscommon's Open call to host a night of traditional Irish music, song and dance on Friday, 26th May 2025! Veronica Barrett, a member of Roscommon's Older People's Council is also an award-winning singer and songwriter. She will sing her song 'The Ballad of Mary Spain', on the night, she won an All Ireland Fleadh Cheoil medal for this song. Veronica will be joined on the night by the Pipers Cross Céilí Band and a host of Traditional Musicians and a Storyteller. The venue for the night is the historic King House in Boyle. This is a free event, there will be refreshments afterwards. Early booking is essential!.



A NIGHT OF CULTURE

A Celebration of
Traditional Irish Music

Veronica Barrett - Winner of the
All Ireland Fleadh Cheoil na hEireann
in 2017 Presents
"The Ballad of Mary Spain"

Plus
Music on the night by the
"Piper Cross Band"
plus many more artists on the
night!

Friday 26th September 2025
7.30pm - 9.30pm

FREE EVENT

Booking essential - phone 087 1444739
Venue - Main Salon, King House, Boyle, F52 WR26

Clár Éire Ildánach
Creative Ireland
Programme

ROSCOMMON
Comhairle Contae
Ros Comáin
Roscommon
County Council

ROSCOMMON
Age Friendly County

ROSCOMMON
LEADER PARTNERSHIP
Your Local Development Company

Invitation for the Meath Cares About Older People Event

MEATH COUNTY COUNCIL TOGETHER WITH MEATH AGE FRIENDLY ALLIANCE INVITES YOU TO

MEATH CARES ABOUT OLDER PEOPLE

Athboy



Showcasing a range of supports and services available to the older population in County Meath. Information stands and talks throughout the event

 WEDNESDAY 8TH OCTOBER 2025

 11AM - 2.30PM

 ATHBOY CONVENT COMMUNITY CENTRE, KILDALKEY ROAD, ATHBOY, CO. MEATH, **C15 P280**

REGISTER NOW

Booking is recommended as places are limited. For further details or to register attendance for you or your group call us on **046 9097400** or email **community@meathcoco.ie**

Light refreshments will be provided. We look forward to seeing you there!



comhairle chontae na mí
meath county council

Meath Climate Action Month - EcoChic

EcoChic is back! With a wide range of events, combining swap shops and workshops to raise awareness on the impacts of fast fashion and textile waste and demonstrate how you can be more sustainable with your clothing.

EcoChic Booking Link - <https://eventmaster.ie/event/QAKkSnKSOy>



Eco Chic

Look out for our **FREE** upcoming events;

- Clothing Swap Shops
- Sewing & Upcycling Workshops
- Tote Bag & Jewellery Upcycling Workshops
- Fast Fashion Impact Awareness

**Learn & Experience
Sustainable Alternatives to Fast Fashion**

comhairle chontae na mí
meath county council

12 SUSTAINABLE DEVELOPMENT GOALS

13 CLIMATE ACTION

URBACT

Co-funded by the European Union

Kerry Older People's Council Information Day

Would you like to learn more about the Kerry Older People's Council? Save the Date! Kerry Older People's Council, in collaboration with the Kerry Age Friendly Programme, is delighted to host their Information Day/AGM 2025 at the Rose Hotel, Tralee, on Friday, 3rd October 2025 from 10.00 am to 1.00 pm. Kerry Age Friendly Ambassador, Francis Brennan, will be attending on the day. This event will showcase the Age Friendly programme and benefits of being involved with the Kerry Older People's Council. Information stands will be hosted by supports and services for older people. Refreshments will be

served.

This is a free event, however, registration is essential – to book your place please ring the Kerry Age Friendly Office at 066-9796704. We look forward to seeing you there!

Kerry Older People's Council Information Day

**Friday 3rd October 2025
10am to 1pm
The Rose Hotel, Tralee**

**This is a free event.
However, pre-booking is
required.**

To book please ring
Kerry Age Friendly Office at
066 9796704

**Information Stands from various
services and supports will be
present on the day to offer advice
and information:**

- Kerry PPN
- Local Link
- Healthy Age Friendly Homes
- HSE
- Kerry Recreation & Sports Partnership
- Baile Mhuire Better Bones
- Road Safety Office
- Kerry Library
- Tralee Community Policing Unit
- Kerry Fire Service
- Alone
- Kerry's Call
- Adult Literacy for Life
- Kerry Volunteer Centre



**Francis Brennan,
Kerry Age Friendly Ambassador,
will be attending on the day**



Please note
photography will
be taken
at this event.

Role of the Kerry Older People's Council

The Older People's Council is the voice of older people. Through the Older People's Council in Kerry, older people exercise a strong, guiding influence on age-friendly local development and policy making.



**Comhairle Contae Chiarraí
Kerry County Council**



**GOISBHÁ-CHIARRAÍ
AGE-FRIENDLY KERRY**



**Líonra Rannpháirtíochta Pobail Chiarraí
Public Participation Network Kerry**

Dublin City Age Friendly Strategy (2026-2030) Survey



Dublin City Age Friendly Strategy

Dublin City Council, in collaboration with the Dublin City Age Friendly Alliance and the City's Older Peoples Council's is carrying out a survey to consult and hear the views of older people (55 years and over) living in Dublin City.

The information gathered will help identify key priorities for the City to ensure that infrastructure, services and activities continue to be developed to assist in meeting the needs of the City's citizens as we grow older.

The survey is open for submissions until **Friday, 26th September.**

If you have completed a hardcopy form in a public library - please return the completed form to your local librarian.

Scan the QR code below and complete online.

ATHA CLIATH

English



If you wish to fill out a hard copy of the survey, please access it on the link below.

<https://agefriendlyireland.ie/news/dublin-city-age-friendly-startegy-2026-2030-survey/>

Offaly Positive Ageing Week 2025

Positive Ageing Week (PAW) will be taking place from 29th September to 3rd October this year at Offaly Libraries. Positive Ageing Week 2025 celebrates ageing and the contribution and agency of older people. Positive Ageing Week 2025 will carry on the theme of



Challenging Ageism - Reframing How We Think, Feel and Act towards ageing and older persons. This is a socially inclusive event, so all are welcome.

[Find out more >](#)

Mayo County Libraries - Skills For Life Events



This is a text block for your email. Delete this text and add your own! If your handheld device/client supports mobile responsive emails, this text will appear above the image. To replace the image on the right, drag and drop an image from the "Recent Images" panel onto the image placeholder in this block.

[Find out more >](#)

Loughboy Library, Kilkenny upcoming events



Loughboy Library have interesting events coming up! Make sure to check them out on our website where you will find more information about how to register or attend them!

[Find out more >](#)

**New training course at the
Third Age Centre,
Summerhill**

SeniorLine Ireland's telephone service for older people is holding a new training course at the **Third Age Centre, Summerhill on Tues/Wed/Thurs Oct 21, 22, 23, 10.15am – 3pm.** We look forward to hearing from people aged 50+.

Refreshments, lunch, and training materials provided. **Details from Anne Dempsey 087-7450721**
annedempseythirdage@gmail.com

International Updates



We're taking a short break, but the conversations continue soon!

Thank you for your interest in the IFA Global Café.
Our next series of sessions will begin in the fall/2025, with more inspiring conversations from around the world..

To receive your invitation as soon as registration opens, please subscribe below.

[Find out more >](#)

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office

Telephone: 046 9032170

Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

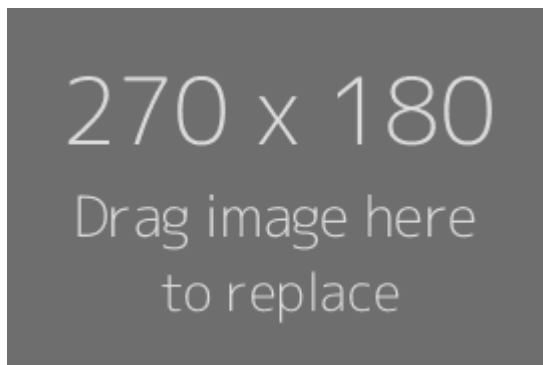
HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm
Saturday and Sunday



This email was sent to {personalemail}.

[Change your subscription preferences](#)



Heading 2

This is a text block for your email. Delete this text and add your own! If your handheld device/client supports mobile responsive emails, this text will appear above the image. To replace the image on the right, drag and drop an image from the "Recent Images" panel onto the image placeholder in this block.

powered by sensorpro