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22nd August 2025

National Updates

National Age Friendly Recognition and Achievement Awards 2025 Shortlist Announced



The 2025 National Age Friendly Recognition and Achievement Awards will honour achievements across eight categories, each aligned with a World Health Organization (WHO) Age Friendly theme. These include awards for best in Age Friendly Transport, Active and Healthy Ageing, Business Innovation, Safety and Security, Communications, Environment, Community Innovation, and Housing.

Shortlisted projects were visited by the judging panel, which is chaired by Pat Dowling, former Chief Executive of Clare County Council, and includes Madeleine Quirke, former Chief Executive of Wexford Chambers, Ned Gleeson, former County Manager of Limerick County Council, and Anne

Haugh, former Director of Services for Clare County Council.

Stay tuned to find out more....



The poster is for an online consultation by Age Friendly Ireland. It features a green and purple color scheme with abstract shapes. The text is as follows:

Age Friendly Ireland

**ONLINE CONSULTATION |
AN AGEING WORKFORCE |
ENGAGEMENT & PLANNING
FOR THE FUTURE**

Age Friendly Ireland to host a special consultation session to hear from you! We want to gather insights from people who have recently retired or are planning to in the near future. The goal of this session is to understand your experiences & perspectives on the retirement process

DATE: 11TH SEPTEMBER 2025

TIME: 10AM – 11.30AM

**FOR FURTHER INFORMATION CONTACT
MARY.FITZSIMONS@FINGAL.IE**

REGISTER NOW

AGE FRIENDLY IRELAND SHARED SERVICE

Logos for CIMA (Clare Integrated Model of Ageing), comhairle chontae na mí (meath county council), and other local authorities are at the bottom.

An Ageing Workforce - Online Consultation

Age Friendly Ireland would love to hear from you about your experience, to contribute valuable information towards the development of a national Age Friendly Workplace Policy.

[Register Here >](#)



In Rathmines, plans progress for primary-care centre and housing

The HSE has filed a planning application for a new health-care centre at the Gulistan bring centre site in Rathmines.

[Find out more >](#)

Building a Stronger Voice for Older People in Public Policy



Age Action and the Irish Senior Citizens Parliament (ISCP) are exploring how to build a stronger voice for older people in public policy, to ensure they are heard and their perspectives are reflected in decisions that affect them.

As part of this work, we want to hear from you, and would be grateful if you would complete a short survey. We have recruited Mosaic Social Impact to manage the consultation, and you can find the survey at this link:

<https://www.mosaicsocialimpact.ie/consultation>. You can also submit your response by post if you prefer, or by telephone by contacting Mosaic Social Impact (details at the link).

We want to hear from older people, community organisations, advocates, and

anyone with an interest in shaping policy and public life to create a better future for all of us as we age, and in particular, we want to hear from as many older people as possible. The survey is quick and easy to complete, and will be open until Friday, 19 September 2025.

Local Updates



Bunclody Library Age Friendly Events and Services



Bunclody Library Knitting Group –
Thursday 28th August and every
Thursday 10.30am to 12.30pm
Our knitting group returns after the
summer break. New members
always welcome.



**Skills for Life Digital Ambassador
Clinic - Thursday 28th August, 7.00
to 8.00pm**
Drop in to Bunclody library and
learn how to familiarise yourself
with your digital device (phone,
tablet, laptop etc.). Learn about the
range of online resources
accessible through Bunclody Library
and become more confident using
your device. No need to book, just
come along between 7.00 and 8.00
pm. This event is for adults only
and it is also an Age Friendly event.

**Classic Film Club for Adults - Friday**

29th August, 11.00am to 1.00pm

Join us every month for a classic film (some golden oldies as well as more modern classics) for adults.

This movie is for adults only. No booking required.

**Mayo Older People's AGM and Information Day**

Mayo Older People's AGM and Information Day is being held on Monday 15th September 2025 in the The Royal Hotel, Castlebar F23R288 with registration starting at 9:30am and event concluding at 2pm. Featuring 10 information stands, speakers /presentations, refreshments with a light lunch to conclude the event.



Comhairle Contae Mhaigh Eo
Mayo County Council



**Mayo Older People's Council invites you to:
Mayo's OPC AGM/Information Day**

Mayo's Older People's Council are inviting you to attend their AGM:

Date: Monday 15th September 2025

Venue: The TF Royal Hotel, Castlebar – F23R288

Time: 10.00 to 14.00 (*Registration time from 09.30*)

The Mayo County Age Friendly Programme with the support of Mayo's Older People's Council has been operational for several years and continues to grow from strength to strength.

Special guests on the day will deliver presentations on:

Age Friendly Ireland, HSE Integrated Care for Older People, Crime prevention and Safety in the Home and much more.....

Information stands from various services and supports available to the older population in Mayo will also be present on the day.

This event is free.

For further details please email agefriendlymayo@mayococo.ie or phone 094-9064111.

We look forward to seeing you there!



Over 55's Climate Course

Join us for a cup of tea and discussion!



Wednesday's, 10:30am - 12:30pm
St. Patrick's Parish Centre, Loughboy,
Kilkenny R95 RF97

**FREE Six Step Course
with Jacinta Barrins**



Comhairle Chontae Chill Chainnigh
Kilkenny County Council

Upcoming Climate Course for Over 55's in Kilkenny

Kilkenny County Council's Age Friendly team, Older People's Council (OPC), and Climate Action team are hosting a six-week climate action course in Kilkenny City, specially designed for people aged 55 and over.

Starting on Wednesday, 17th September 2025, the course will take place weekly on Wednesdays from 10:30am to 12:30pm St.Patricks Parish Centre, Loughboy Kilkenny City.

[Find out more >](#)

Meath Alzheimer Cafe is being held on Wednesday 3rd September



Meath Alzheimer Café

SEPTEMBER GATHERING

Wednesday, 3rd September
7:00PM – 9:00PM

Pastoral Centre, Dunshaughlin

Everyone is welcome, whether you're living with dementia, supporting someone who is, or simply wish to learn more.

Our guest speaker: **Danielle Timmons**,
Meath Dementia Advisor

All are welcome.

Light refreshments will be served.



THE **Alzheimer**
SOCIETY OF IRELAND

HeartBeat Killarney Kerry Meeting at End of August



HeartBeat KILLARNEY KERRY
CARDIAC SUPPORT GROUP

Páirtíocht Spóirt & Áineasa Chiarraí
Kerry Recreation & Sports Partnership
— SPÓRT ÉIREANN —

Leabharlann Chiarraí Kerry Library
www.kerrylibrary.ie

Age & Opportunity

CAN YOU WALK THE WALK?

ACTIVATOR POLE INFORMATION NIGHT

At our meeting on **TUESDAY 26TH AUGUST** starting @ **8pm** in the Church of the Resurrection **Parish Centre**, Park Road (V93 WN32), we are delighted to be welcoming guest host **Maeve Ryan** of **Kerry Recreation & Sports Partnership**.

- * Activator Pole Tutorial followed by Questions & Answers.
- * **Kerry Library** will have a representative providing information on their **Activator Pole Loan Scheme** followed by Questions & Answers.

On **Thursday 28th August** there will be a full demonstration of the Activator Poles by experts with our **KILLARNEY STRUTTERS WALKING GROUP**. Meeting at the bridge opposite St Mary's Cathedral at 11am, and if there is adequate participation on the day then the Kerry Recreation & Sports Partnership will consider looking at setting up a full **4 week Activator Pole Walking Programme**.

ALL ARE WELCOME TO ATTEND. COME ALONG & JOIN US!

Killarney Soccer Memories Café

Killarney Soccer Memories Café is proving to be a success. This special gathering, which focuses on all things soccer, is part of the wider Alzheimer Society of Ireland's Sporting Memories initiative – a programme designed to support people living with dementia and older adults by harnessing the power of sport to spark memories, create connections, and improve overall well-being.

Event Details:

Date: Saturday, 30th August 2025

Time: 11am to 1pm

Location: Clann Housing, Coill na Darrach, Killarney, V93 VXY8

For more information, please contact:

Email: soccermemoriescafe@gmail.com




THE Alzheimer
SOCIETY OF IRELAND

KILLARNEY SOCCER MEMORIES CAFE

Sporting Memories uses the power of sport to bring together people, young & old, especially those living with dementia and their families.

Join Us For:

- A morning of great soccer memories
- Chat over a cuppa & biscuits
- Old soccer videos, photos & memorabilia
- Meeting up with old friends

FOR MORE INFO:

Email: soccermemoriescafe@gmail.com

Facebook: <https://www.facebook.com/profile.php?id=61577344970323>

Event starts on:
SATURDAY
30TH AUGUST 2025
11AM TO 1PM
Clann Housing
Coill na Darrach
Killarney
V93 VXY8

International Updates



We're taking a short break, but the conversations continue soon!

Thank you for your interest in the IFA Global Café.
Our next series of sessions will begin in the fall/2025, with more inspiring conversations from around the world.

[Find out more >](#)

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office
Telephone: 046 9032170
Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm

Saturday and Sunday



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