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15th August 2025

National Updates

An Ageing Workforce - Online Consultation



**ONLINE CONSULTATION |
AN AGEING WORKFORCE |
ENGAGEMENT & PLANNING
FOR THE FUTURE**

Age Friendly Ireland to host a special consultation session to hear from you! We want to gather insights from people who have recently retired or are planning to in the near future. The goal of this session is to understand your experiences & perspectives on the retirement process

DATE: 11TH SEPTEMBER 2025

TIME: 10AM – 11.30AM

**FOR FURTHER INFORMATION CONTACT
MARY.FITZSIMONS@FINGAL.IE**

[REGISTER NOW](#)

AGE FRIENDLY IRELAND SHARED SERVICE

  comhairle chontae na mí
meath county council

[Register Here >](#)



Survey for An Ageing Workforce in Ireland | Our Readiness and Preparedness

We have developed a survey - An Ageing Workforce in Ireland | Our Readiness and Preparedness. The purpose of this survey is to gather a deeper understanding of the diverse perspective and needs of older workers in our current workforce.

As we all know, Ireland is facing the significant challenge of a rapidly ageing population. The data we collect from this survey will be instrumental in ensuring that our workforce is prepared to support and retain employees of all ages.

We need your help!
Please take a few moments to complete the survey

[Complete Survey Here >](#)

Easy Read Roscommon



Easy Read Roscommon is Ireland's first Easy Read Peer Review Group and dedicated website, which was launched by Minister Hildegard Naughton on Wednesday, 13th August 2025.

Included in the event :

- Showcase the service and the importance of accessible communication
- Highlight the voices of people with lived experience of difficulty understanding written English
- Demonstrate how peer-reviewed, accessible support is now available

This is an important step forward in inclusive communication.

The Easy Read Peer Review Group will also feed into the process which is currently taking place to make Roscommon Hospital an Age Friendly Hospital.



Age Friendly Housing Development Planned for County Kildare



Kildare County Council has announced plans for a new Age Friendly housing development at Mill Lane, Leixlip, aimed at providing accessible and inclusive living for older residents. The project involves the construction of 36 purpose-built apartments.

[Find out more >](#)

Galway City Council awards contract for design and build of 84 residential units.

Galway City Council has announced that following a restricted tender process, the contract for the development of a new Social Housing scheme named “Fána an tSrutháin” at Ballyburke, Galway, has been awarded to OCC Construction.

[Find out more >](#)

Supporting Ageing in Place: New Paper Calls for National Nursing Home Care Policy

Nursing Homes Ireland has published a new Insights Paper calling for a dedicated, rights-based national nursing home care policy that supports older people to age with dignity, autonomy, and connection, whether in the community or in residential settings.

Titled Supporting Ageing in Place: Policy, Integration, and Nursing Home Care, the paper draws on a national policy roundtable held in February 2025 and outlines ten key themes that must be addressed to ensure high-quality, sustainable care for older people. These include access to therapies and diagnostics, safeguarding and resident voice, workforce planning, community engagement, and integrated care.

A central message is that nursing home care should not be viewed as a stepdown from community living, but as a vital continuation of the ageing journey for those with more complex needs. With Ireland's ageing population growing rapidly, the paper argues for greater alignment between community supports, housing with care, home care, and residential care, ensuring older people have real choice and continuity across all settings.

The paper also aligns with Ireland's wider Age Friendly ambitions, highlighting the importance of inclusive planning, co-designed policy, and the voice of older people in shaping services that truly reflect their needs and aspirations.

Read the paper: <https://doi.org/10.5281/zenodo.16600595>

Citation:

Nursing Homes Ireland. (2025). Supporting Ageing in Place: Policy, Integration, and Nursing Home Care. Nursing Homes Ireland.

For further information, contact Kevin Deegan at communications@nhi.ie



Dementia Cafes

A dementia cafe is a welcoming, once monthly meeting for anyone who is affected by dementia. People living with dementia, their families and friends, healthcare professionals, and people who are interested in supporting a

dementia inclusive community, are all welcome to attend. Dementia cafes are run by local voluntary steering committees, and are always free of charge.

[Find out more >](#)

Customer Accessibility Solution - Irish Rail



Iarnród Éireann are looking at a digital solution to replace the current manual process for accessibility assistance requests and they are looking for your feedback.

If you would like to give your feedback, please click below and complete this survey.

[Find out more >](#)

Reimagining Housing for Older People in Ireland - Event by Campbell Tickell



With an ageing population, the need for inclusive, supportive, and well-designed housing for older people is more important than ever. Join us for a thought-provoking webinar exploring the future of housing and care for older people in Ireland.

Click below for more information.

[Find out more >](#)

Local Updates



Bunclody Library Age Friendly Events and Services



Musical Film Night for Adults – Thursday 21st August at 7.00pm

We are hopelessly devoted to bringing you a fun movie screening featuring one of the most loved musicals of all time. We've listened and this musical is the one you want!

This movie is for adults only. No need to book - all welcome.

Dance Workshop free for over 50's



**THESE
SMALL
STEPS**

A 9-week dance project
free & open to people 50+

Explore dance as a way to
connect, express, and build
confidence in a supportive
group environment.

Discover the simple joy of
dancing together!

**BEGINNERS
WELCOME!**

THURSDAYS, 10:30AM-12PM

DATES: AUG 21, 28, SEPT 4, 11,
18, 25, OCT 2, 9, 16

TO BOOK YOUR SPACE :
EMAIL - WEXFORDMHA@MENTALHEALTHIRELAND.IE
PHONE: 053 9140610

Ageing with Confidence Programme

Dublin Northwest Partnership are delighted to offer the following Workshop, **Ageing with Confidence**. This is an 8 week programme - one day a week, starting Tuesday, 9th Sept until Tuesday 4th Nov.

Ageing with Confidence Programme Overview

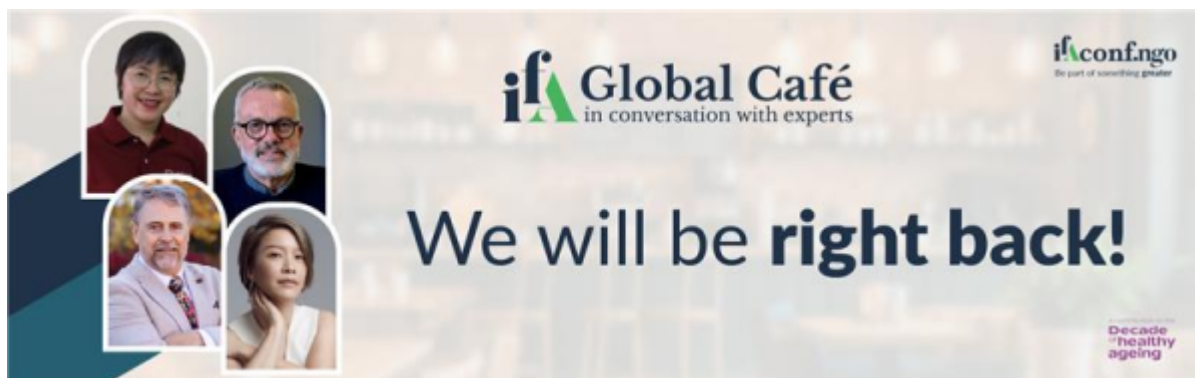
The Ageing with Confidence programme offers a holistic approach to health promotion tailored for older adults. Aimed at both men and women in middle and later life, the programme supports participants living in the community by promoting positive mental health, building life skills, and enhancing self-confidence to ultimately improve quality of life.

Key Topics Covered:

- Self-Confidence and Ageism
- Exploring the impact of age-related stereotypes and building resilience against societal ageism.
- The Components of Self and Physical Ageing
- Understanding how physical changes influence identity and self-perception.
- Psychological Aspects of Normal Ageing
- Addressing mental and emotional changes that come with age, while normalising the experience.
- Self-Knowledge and Stress in Later Life
- Promoting self-awareness and providing tools to manage stress and anxiety.
- The Emotional Self
- Exploring emotional well-being and strategies for emotional regulation in older age.
- Improving Self-Confidence and Self-Worth
- Practical approaches to build and maintain a positive self-image.
- Isolation and Loneliness
- Identifying causes, effects, and solutions for social isolation and loneliness in later life.
- Sexuality in Later Life
- Addressing the realities of intimacy, relationships, and sexual health as people age.

[Register Here ›](#)

International Updates



We're taking a short break, but the conversations continue soon!

Thank you for your interest in the IFA Global Café.
Our next series of sessions will begin in the fall/2025, with more inspiring conversations from around the world.

[Find out more >](#)

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office
Telephone: 046 9032170
Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm

Saturday and Sunday



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