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4th July 2025

National Updates



PhD Position in Data Governance Best Practices and Open Data Space - Project: Data Governance and Evidence based Policy Making-Partnership for Research on Ageing and Older People

Offering an exciting opportunity to join a project on Data Governance and Evidence based Policy Making-Partnership for Research on Ageing and Older People funded by Lero, the Research Ireland Centre for Software and industry partner, Age Friendly Ireland, a Local Government led service. The project aims to combine insights into age-friendly policy making with advancing best practices in data governance, allowing for an efficient data gathering, sharing, and exploitation approach within Age Friendly Ireland.

Find out more >

Guidelines on Home Ventilation

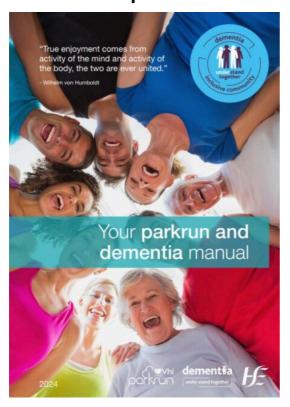


Ventilation is the exchange of air with harmful pollutants and moisture from the inside of the building with fresh and clean air. Good ventilation improves indoor air quality and creates healthy homes.

This guide on ventilation will help you understand the ventilation in a house what you need to know if you own or rent your home and if you are planning renovations.



parkrun Dementia Manual Launched



parkrun Ireland, in partnership with the HSE, launched a Dementia Manual to help make parkruns more inclusive for people living with dementia, their families, and carers. Read more about this inspiring initiative and how to access the free manual.

Find out more >

Local Updates



Monaghan Libraries Age Friendly Events

Carrickmacross Library

Monday 7th July: 11am Crosswords and Crossiants. A range of crosswords and word searches, a mug of tea and a slice of cake.

Thursday 10th at 11am Knit and Knatter. All levels of ability are welcome.

Friday 11th July: 2pm Carrickmacross 'Our Stories' club. A relaxed informal setting for older people to get together, have a cuppa and reminisce. The theme for this month is 'Dances'

Castleblayney Library

Thursday 10th July - Castleblayney Local History talk Michael Burns delivers another fascinating lecture on the history of Castleblayney. This month's topic is 'Famous crimes in Castleblayney.' Not to be missed.

Clones Library

Monday 7th July: 11am - Puzzle Club.

Wednesday 9th July: 1.30pm - Craft Class.

Thursday 10th July: 2.30pm - Beginners Ukuele.

Monaghan Library

Monday 7th July: 11am Crosswords & Croissants – Puzzles from national publications and treat.

Tuesday 8th July: 2.30pm Adult Mindful colouring.

Wednesday 9th July: 11am - Knit and Chat group

5.30pm - 7.30pm Yarney Army

Friday 11th July: 2pm - Adult scrabble club. Have a dabble at scrabble.



Age Friendly Ireland Local Updates

Check out some of the Age Friendly news stories that made local headlines last week.



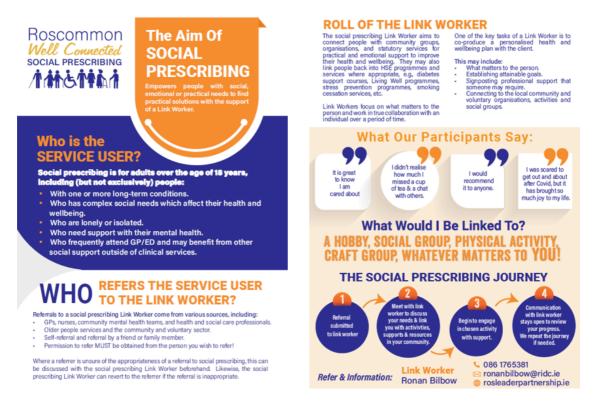
Updates from Age Friendly Roscommon Older Persons Council Meeting June 2025

At Roscommon's June 2025 OPC meeting Aoife Guckian, Roscommon Leader Partnership outlined a new 'Be a Buddy' initiative to the group. They are looking for volunteers to help them support and integrate young refugees and migrants in the community. They will set up & host regular Buddy Schemes through informal meetups e.g. chats, coffee & walks. There was a great discussion around this, Roscommon's OPC are keen to support it. For full details see attached poster.



Ronan Bilbow, Social Prescriber also gave a presentation. He explained his role and the service he provides. The aim of Social Prescribing is to empower people with social, emotional & practical needs to find practical solutions. He outlined who the service is for and how to refer someone to him. There was huge interest in this service, a Q&A session with Ronan followed his presentation.

For full details see attached poster.



International Updates



We're taking a short break, but the conversations continue soon!

Thank you for your interest in the IFA Global Café.

Our next series of sessions will begin in the fall/2025, with more inspiring conversations from around the world.



If you would like a PDF version of the newsletter, please click HERE

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office Telephone: 046 9032170

Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals) Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850
Call from 8am – 8pm Monday to Friday and 10am to 5pm
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