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30th May 2025

National Updates

*** Closing Date has been Extended to Friday 6th June ***



2025 National Age Friendly Recognition and Achievement Awards

The call for submissions to the 2025 National Age Friendly Recognition and Achievement awards is now live and the closing date has been extended to **Friday 6th June**.

Get your applications in now to the National Age Friendly Recognition and Achievement Awards 2025. Each year a local authority hosts the awards event, and we are excited to reveal that **Galway City Council and Galway County Council are jointly hosting** this year's event in **The Galmont Hotel**,

Galway, on Thursday, October 23rd, 2025.

We are seeking innovative projects from across this range of areas that have real impact on the lives of older people and have the potential to be showcased and replicated.

Apply today.....

[Find out more >](#)

Housing and Public Realm Training, Limerick



This week Declan Gaffney, National Technical Programme Manager, was in Limerick delivering Housing and Public Realm training to Limerick City and County Council staff.

Dublin City Council Strategy Day



On Wednesday 28th May, Dublin City Age Friendly Programme and Dublin City Council came together to host their Strategy Day. There was a great turn out and some very positive discussion groups.

Healthy Age Friendly Homes (HAFH) Programme Library Clinic



The final Healthy Age Friendly Homes (HAFH) Programme Library Clinic as part of the Bealtaine Festival took place this week in Donegal Town. Pictured are Emma Kennedy, Healthy Age Friendly Homes (HAFH) Local Coordinator Donegal, alongside Loretta and Sara from the Donegal Library Service.

Working in partnership with the Donegal Library Service, the Healthy Age Friendly Homes (HAFH) Local Coordinators in Donegal are now able to create Library Memberships for HAFH participants on home visits.

International Social Housing Festival



**4-6 JUNE 2025
DUBLIN, IRELAND**

ISHF INTERNATIONAL SOCIAL HOUSING FESTIVAL
4-6 JUNE 2025 DUBLIN, IRELAND

Age Friendly Housing for an Aging Population Seminar

Wednesday 4th June | 14:15 to 16:45 | Wicklow Meeting Room 5

					
Dr. Emer Coveney Age Friendly Ireland	Steve Loveland Clann Housing	Fionnadh McGonigle National Disability Authority	Declan Gaffney Age Friendly Ireland	Martina Conroy Fold Housing	Eimear McCormack Age Friendly Ireland



Centre for Excellence
in Universal Design
Údarás Náisiúnta Michumais
National Disability Authority



We are looking forward to participating at the ISHF - International Social Housing Festival. On **Wednesday 4th June at 2.15pm** we will be hosting a seminar on Age Friendly Housing for an Aging Population in Wicklow Meeting Room 5.

Emer Coveney, Eimear McCormack and Declan Gaffney are delighted to be joined by Martina Conroy from Fold Housing, Fíonnadh McGonigle from Centre for Excellence in Universal Design (CEUD), Steve Loveland from Clann to listen to stories of how age friendly housing plays an important part of supporting older people age in place. hashtag#ISHF2025

If you can't make this seminar, please call to the **Age Friendly Ireland stand (No 45)** to speak to one of our team.

To register for the festival please go to: <https://lnkd.in/eYQYGfHg>

Full programme details can be found at: <https://lnkd.in/eYpCZN6w>



An Gníomhaireacht
Tithíochta
The Housing Agency

SEMINAR

HOUSING CONDITIONS AND INTEGRATED CARE OF OLDER PEOPLE

THURSDAY, 5TH JUNE 9.30 - 11.00AM

Wicklow Hall 2B



Roslyn Molloy -
The Housing
Agency



Ursula McNulty -
Northern Ireland
Housing Executive
(NIHE)



Simon Nicol -
BRE Research



**Dr. Emer
Coveney** -
Age Friendly
Ireland



Thomas Grey -
Trinity College
Dublin

The Housing Agency will be hosting their second session at the International Social Housing Festival takes place on **June 5th, 9.30am – 11.00am.**

'Housing Conditions and Integrated Care of Older People' led by Roslyn Molloy, Head of Policy & Practice, The Housing Agency features guest speakers:

- Ursula McNulty, Head of Research, Northern Ireland Housing Executive (NIHE)
- Simon Nicol, Technical Director, BRE Research
- **Dr. Emer Coveney, National Programme Manager, Age Friendly Ireland**
- Thomas Grey, Research Fellow- TrinityHaus Research Center, Trinity College Dublin

Register to attend the ISHF -

<https://www.socialhousingfestival.eu/registration>

View the full programme here - <https://www.socialhousingfestival.eu/>

Open Call: Citizen Curator Pilot for Bealtaine 2026 - Deadline: 23rd June, 12 noon




Call for participants for Citizen Curator Panel for Bealtaine Festival 2026

Currently seeking individuals aged 50+ to join a pilot Citizen Curator Panel for Bealtaine Festival 2026. This voluntary group will help shape one event in the 2026 Bealtaine Festival by offering ideas and input on its programming. Panel members will meet in June/July and possibly again in September 2025 to collaborate, brainstorm, and learn. All work will be guided by the Festival Curators and Director, and participants will have the opportunity to gain hands-on experience in arts programming.

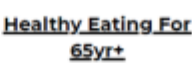
[Find out more >](#)

Nutrition Information for Older People


Nutrition for Ageing Well
Visit these Websites or Scan the QR codes for more information leaflets & videos



Nutrition for Ageing Well
This channel has been developed by Irish Care Registered Dietitians with a special interest in role of nutrition and ageing well. We hope to develop sta...




Healthy Eating For 65yr+
Healthy Eating For Older Adults





Food Facts
The Irish Nutrition & Dietetic Institute (INDI) is the professional organisation for clinical nutritionists/dietitians in Ireland. Founded in 1968...

Nutrition For Aging Well



Scan the QR Code with your Camera or Click on the link





Community Nutrition & Dietetic Team; Health Promotion and Improvement

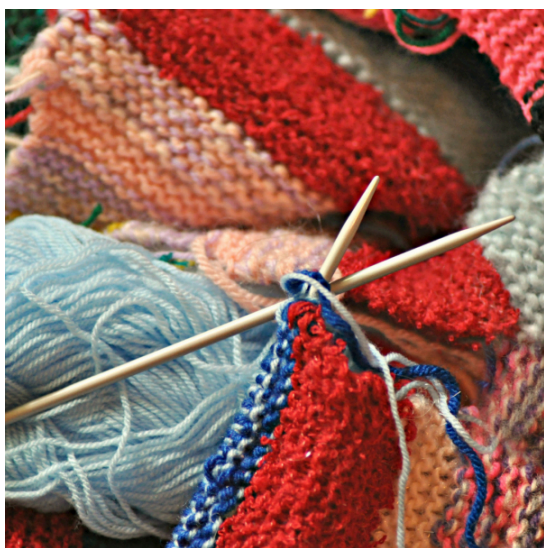
Nutrition for Aging Well - Click [Here](#) for link

Healthy Eating for 65yr+ - Click [Here](#) for link

Local Updates



Wexford Library Age Friendly Events





**Bunclody Library Knitting Group -
Every Thurs, 10.30am to 12.30pm**

New members always welcome to join our knitting group which meets weekly. No booking required.

Adult Book Club

Reading:
'The Fisherman's Gift'
by Julia Kelly



Meeting: Thursday 5th June at 7.30pm
All welcome!

**Bunclody Library Adult Book Club—
Thur 5th June at 7.30pm**

The Fisherman's Gift by Julia Kelly will be discussed at this month's meeting. Book available to borrow in library, just ask at the desk. New members always welcome!

Monaghan Libraries Age Friendly Events

Carrickmacross Library

Thursday 5th June: Creative Cafe Speech Symphony 10am-12pm

Creative Cafés is a welcoming drama workshop series for adults - no experience needed!

Led by Carla Cashell, Academy Director of Speech Symphony (Castleblayney, Co. Monaghan), this 4-week series offers a supportive space to grow each week through icebreakers, acting techniques, script work, and more.

Whether you're stepping out of your comfort zone or simply looking to have fun, Creative Cafés is your place to learn, laugh, and connect - through drama. Call 042 9661148 or call into the branch to register.

Castleblayney Library

Thursday 5th June: Crosswords and croissants 11am-12.30pm.

Puzzles, cake and craic.

Clones Library

Wednesday 4th June: Craft class 1.30-3.30pm

Monaghan Town Library

Thursday 5th June: Creative Café Speech Symphony 2pm-4pm

See above description

Call 047 81830 or call into branch to register.



Age Friendly Limerick Updates

Check out the latest news and update from the Limerick Age Friendly Programme, simply click below.

[Find out more >](#)

Clare Older People's Volunteer of the Year Awards 2025 - 10th Anniversary



On Wednesday, May 21st, 2025, the prestigious 10th Anniversary of the Clare Older People's Volunteer Awards took centre stage at the elegant Woodstock Hotel, marking a decade of celebrating remarkable dedication and community spirit. Hosted by the Clare Older People's Council and proudly supported by Clare County Council and the Clare Age Friendly Programme, the event was a heartfelt tribute to the invaluable contributions of older volunteers who make an extraordinary impact on their communities.

[Find out more >](#)

Meath Alzheimer Café takes place on Wednesday, June 4th



WELCOME

Meath Alzheimer Café

JOIN US →

Wednesday 4th June
from 7pm to 9pm
in the Pastoral Centre, Dunshaughlin

Guest Speaker: Dorothy Halpin,
Dental Hygienist, HSE Dunshaughlin

Topic: "Oral Care for You and the
Person You Care For"

📍

📞 For more information contact John at
 Meath Alzheimer Café on 087 188 8178

The cafe provides a warm welcoming place for people to meet others
 also living with dementia/cognitive impairment, their carers, and
 health & social care professionals.

For more info:  www.alzheimer.ie

The Alzheimer Society of Ireland, National Office,
 Temple Road, Blackrock, Co. Dublin Charity Number: CHY7868



THE ALZHEIMER
SOCIETY OF IRELAND



Age Friendly Louth Strategy

Louth County Council is inviting adults aged 55 and over to have their say in developing the next Age Friendly Louth Strategy.

Your feedback is vital to help us build a community where everyone can age well.

This survey will enable all older adults in Co Louth to have an input in the new Age Friendly Louth Strategy and can be accessed through Louth County Councils Online Consultation Portal or via scanning the QR code



The poster features a central logo for 'Age Friendly LOUTH' with a stylized flower icon. Surrounding the text are illustrations of diverse older adults: a person walking a dog, a person in a wheelchair, and a person using a laptop. Icons for feedback (stars, thumbs up/down) and a QR code are also present. The background is a warm orange with abstract blue and green shapes.

**Age Friendly
LOUTH**

**We are requesting older adults
aged 55+ to help
shape the next
Age Friendly Louth Strategy**

**Please take the survey by scanning the QR
Code or visit
www.louthcoco.ie/onlineconsultation
portal**





'The Art of Life Project' is funded by Creative Ireland, Shared Island and Cavan County Council through Creative Cavan. Offering FREE creative and mindful art workshops which will provide a meaningful and engaging way for adults to explore and start conversations about future care planning and end of life.

Workshops take place in:

- **Bailieborough Library - Tuesday 3rd June**
- **St.Kilian's Heritage Centre - Wednesday 18th June**
- **Farnham Estate - Wednesday 25th June**

The three Meath branches of the Citizens Information Service (Navan, Trim and Ashbourne), who are accredited as an Age Friendly Service, are running an Age Friendly pilot clinic for older people.

- **Navan 18th June 2pm- 4pm (Drop-in clinic, no appointment necessary)**
- **Trim - 16th June 2pm - 4pm - By appointment only (limited number of appointments)**
- **Ashbourne 20th June 2pm- 4pm - By appointment only.**

[MORE INFO ›](#)

[MORE INFO ›](#)

International Updates



IFA Global Café | In Conversation with Ms. Cindy Morris and Ms. Grace Andruskiewicz

IFA Global Café | In Conversation with Ms. Cindy Morris and Ms. Grace Andruskiewicz on “A Life Course Approach: Supporting Women Through Age and Change.”

30 May 2024, 07:00 A.M. EDT (US and Canada)

[Find out more >](#)

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office
Telephone: 046 9032170

Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm
Saturday and Sunday



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