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11th April 2025

National Updates



Age Friendly Ireland & Meath County Council visit to Norway

Age Friendly Ireland and Meath County Council were delighted to visit Oslo recently and present at their national housing conference (Boligpulsen 2025) organised by Husbanken, the Norwegian state housing bank.

[Find out more >](#)



New EnergyCloud Age Friendly project launched for Cork City

This week, Jerry Buttimer, Minister of State for Charities, Gaeltacht and the Islands & Rural Transport launched a new EnergyCloud pilot project in Cork City.

A collaboration between not-for-profit EnergyCloud Ireland, Cork City Council and the Cork Age Friendly City programme, the project will enable older people in Cork to receive free tanks of hot water via the EnergyCloud Ireland smart device. The device, which is installed on the immersion tank and powered through Wi-Fi or a sim card, uses surplus renewable energy to power the immersion heater. Over 40 devices have been installed for older people across the city.

[Find out more >](#)

Bealtaine Festival Marks 30th Birthday with Exciting 2025 Nationwide Programme



Bealtaine Festival 2025 celebrates its 30th anniversary with a month-long programme of diverse events nationwide, including the opening weekend at

Project Arts Centre Dublin, a Big Bealtaine Tea Party, and a variety of performances, discussions, workshops, and online activities.

Bealtaine Festival, Ireland's national celebration of the arts and creativity as we age, officially launches its highly anticipated 30th-anniversary programme for 2025. This milestone edition will unfold across Ireland throughout May, offering an expansive lineup of performances and activities that both look back and look forward in a celebration of the diversity of ageing. Bealtaine Festival, an initiative of Age & Opportunity, is proudly funded by the Arts Council and the HSE, with the support of communities nationwide and a vast network of accomplished local and national bodies.

[Read More >](#)

New Social Prescribing Pilot for Children



ALL IRELAND
SOCIAL PRESCRIBING
NETWORK

A new Child and Youth Social Prescribing pilot project that has just launched in Clonmel, Co. Tipperary.

This new service is designed specifically for children aged 6 to 12 years, and aims to support their social and emotional wellbeing by connecting them with local clubs, hobbies, and community activities. It's a fantastic development that builds on the success of adult social prescribing, and adapts it in a meaningful way to meet the needs of younger people and their families.

You can read the full story and learn more about how this project works on our website:

👉 [New Pilot Project Launches: Child & Youth Social Prescribing in Clonmel](https://www.allirelandsocialprescribing.ie/post/new-pilot-project-launches-child-youth-social-prescribing-in-clonmel)
<https://www.allirelandsocialprescribing.ie/post/new-pilot-project-launches-child-youth-social-prescribing-in-clonmel>

Local Updates

Fingal County Council Grant Information Session



Free

Comhairle Contae
Fhine Gall
Fingal County
Council



Fingal county council grant information for senior and people with a disability

Applying for a grant to adapt your home?

Adaptations can include;

- 1) Level access shower
- 2) Ramps
- 3) Fixed track hoists
- 4) Ground floor toilet facilities

You can apply for a grant if you live in a private home,
renting from a private landlord or renting

Speakers

- **Danielle** Local Co-Ordinator
Healthy Age Friendly Homes
Fingal County Council
- **Joanne**, Senior HSE
occupational therapist (H.S.E)



**Entry is on
first come first
served basis.
Booking not
required.**



Thursday, 1st of May



11 A.M



Balbriggan Library,
Turret Room



Visiting Local Day Centres to promote Digital Health Literacy



Photo Above: Dara McDaid & Anne McAteer from HSE Health Promotion & Improvement, Denis McGeady Donegal Library Service, Donna Gallagher, Centre Manager alongside service users.

Positive interactions with digital technology play a crucial role in enhancing digital health literacy. Last year, the HSE, Donegal ETB, and Donegal County Library collaboratively delivered eight workshops for older people throughout Donegal.

This initiative has now been expanded to include Day Centres, aimed at improving the digital literacy of their users, enabling them to stay safe online and identify trusted sources of health information. The workshops have been met with enthusiasm, providing attendees with valuable tools and knowledge to navigate the digital landscape confidently.

Participants have expressed appreciation for the practical skills gained, such as setting up secure passwords, recognising phishing attempts, and effectively utilising online health resources. The expansion to Day Centres has been particularly impactful, offering a supportive environment where individuals can ask questions and engage with technology at their own pace.



Gorey Library, County Wexford Events Age Friendly Events

Gorey Gardening Club Talk - Tuesday 22nd April at 7pm

All welcome to join us and the Gorey Gardening Club for their monthly talk series at 7pm on the fourth Tuesday of the month from September- June.

North Wexford Historical Society - Thursday 24th April at 7pm

"Why did Granny feed us nettles?" with James Grannell

The story of folk medicine from Ancient Greece to Gorey

Join us for the last of this season's talks hosted by the North Wexford Historical Society. This month's speaker is James Grannell

May Bush Decorating & Song Workshop - Saturday 26th April March from 11:00am to 12pm

Join traditional singer & folklore collector Rachel Uí Fhaoláin for this family event making their own beautiful decorations for the communal Gorey May Bush on the grounds of Gorey Civic Centre, while also exploring, engaging and connecting with the wider celebrations of welcoming in Summer in Co. Wexford and beyond, as part of The Gorey May Bush Féile 2025

Retro Movie Matinée - Saturday 26th April at 3.30pm

Join us for a revival of the Saturday Movie Matinée here in Gorey Library. We have a quiet room for screening and hundreds of films in our collection.

For more information or to book a place, or if you require additional supports to participate in any Gorey Library event, **please call us on 053 9483820**

Street Feast 2025



Register and get your free party pack at
www.streetfeast.ie



Find out more



Clondalkin Community Health and Wellbeing Showcase 2025

EVERYONE'S WELCOME!

CLONDALKIN

HEALTH & WELLBEING COMMUNITY SHOWCASE



MAY 1ST 2025, 11AM-3PM

ROWLAGH COMMUNITY CENTRE, D22VY46



Blood Pressure Checks



Drums, Music, & refreshments!



Services & Networking



Raffle & Prizes!






For more information, contact:
Ola Elian 0876362267
Keith Ryan 0879575177

A number of weeks ago Age Friendly Laois spoke with management of Midlands Regional Hospital Portlaoise about an Age Friendly Hospital



The Hospital will be attending the Live Well Expo to meet attendees and they have a "This is your Hospital" survey now live. This will be the first step in informing them how they can make your Hospital better for you

[Survey Link >](#)

International Updates



FA Global Café | In conversation with Prof. Dawn Skelton

FA Global Café | In conversation with Prof. Dawn Skelton on “Falls are preventable, but we can do better. A discussion about evidence, implementation and behaviour change support.”

[Find out more >](#)

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office

Telephone: 046 9032170

Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm

Saturday and Sunday



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