



Comhairle Cathrach Chorcaí
Cork City Council

CORK COMMUNITY Newsletter

FEBRUARY/MARCH 2025

Our Cork Community Newsletter has moved from a weekly issue to a larger monthly issue. We will keep you up to date with upcoming events, news, stories and opportunities across Cork City. Please email us by 28th February for inclusion in our next newsletter (March/April edition). We ask that you send information on events at least 3 weeks in advance please. Contact community@corkcity.ie or call 021 4924560 with details of your news, opportunity or event.

The Community Team

EUROPE ON FIRE: 3 YEARS OF FULL-SCALE WAR

SUN.23.FEBRUARY 2025

Organised by Ukrainian community hub of culture & integration "Kalyna" this Educational and Cultural event aims to unite the Ukrainian community in Cork, and others, to mark 3 years of the full-scale Russian invasion of Ukraine.



1 pm



National Monument, Grand Parade, **Rally in solidarity with Ukraine**



2 pm



Millenium Hall, Cork City Hall, **Educational and cultural event**

The event marks the war's consequences in Ukraine, Europe, and around the globe, recognizing Ukrainian strength and resilience during the continued fight for freedom.

Several performances including "Kalyna" and "Voices of Peace" choirs' and a talk by historian Dr Olesia Zhytkova.

This event is warmly supported by Cork City Council and the Embassy of Ukraine to Ireland.



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KALYNA



Embassy of Ukraine
to Ireland

COMMUNITY GRANTS OPEN FROM 17TH FEBRUARY 2025

Cork City Council wishes to invite applications for the Community Development Grant for Community Associations Capital Grant and Small-Scale Programme Grant 2025



This grant is split into 2 streams

1. Community Associations Capital Grants 2025

– for recognised community associations in Cork City for works of a capital or major building maintenance nature. Funding to be awarded towards large scale capital grants between a minimum of €5,000 and a maximum of €35,000

2. Small Scale Programme Grants 2025

– For small scale programme activities excluding arts, sports activities and tree/flower planting.

The maximum grant that can be applied for will be €2,500.

Further details including the on-line application form can be found at www.corkcity.ie & <https://submit.link/34c>

Closing date for receipt of applications is 5.00 p.m. 5th March 2025.



Do you know a community organisation or group who may benefit from Community funding?



Upcoming Age Friendly Forum Meeting
in Cork Chambers, City Hall
Wednesday 12th Feb 11-1.00 p.m.

All are welcome!

Making Cork City a great place to grow old in, Cork City Age Friendly Forum is a representative group for older people living in Cork, established by Cork City Council.

Membership of the Age Friendly Forum is free of charge and open to anyone over 55+, all older people's groups, clubs, associations, organisations and individuals, committed to improving the quality of life of older people in the city.

Currently the Age Friendly Forum are looking for new members from all over the city who are committed to improving the quality of life of older people in Cork. Forum members attend quarterly meetings in City Hall, Cork.

Contact Siubhán to register your interest :

agefriendlycork@corkcity.ie 021 4924560 or 086 0123479



COMING UP IN *March*

- The Lord Mayor's Community and Voluntary Awards will be launched in March. This is an annual event celebrating the work of Cork's 600 or more community and voluntary organisations and the immense contribution they make to the fabric of the city. The winning organisations will be celebrated at a gala evening and award presentation ceremony in early May in the Concert Hall, City Hall.
- The city's rich Irish language history will be celebrated with a host of Irish language events for people of all or no ability throughout the city.

VOLUNTEERS NEEDED FOR AFRICA WEEK 2025



Why not help us celebrate African culture in Cork in May 2025? We need your help to make Cork Africa Week (May 19 - 25) a great event for all our communities. If you are interested in getting involved with Africa Week please contact Martin Dineen at martin_dineen@corkcity.ie or 086 796 8946

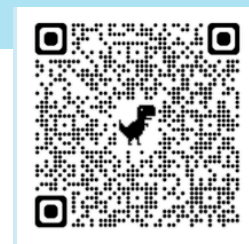
TRAINING : DEVELOPING A VOLUNTEER STRATEGY

Thursday, February 13th, from 10:00 AM to 3:30 PM.

A free in-person training session for community and charity organisations. This session provides a great opportunity to expand your knowledge and network with others in the field of volunteer engagement. Learn the purpose, benefits and best practices for creating a successful volunteer strategy tailored to your needs.

**LIMITED PLACES
SIGN UP TODAY!**

(021) 425 1572





CORK CITY LIBRARIES

Are you, or is someone you know, housebound due to illness or accident?
Cork City Libraries can deliver to you at home, we can deliver to nursing homes in the city area too!

With Library Link you can access our vast wealth of reading material!
Simply call (021) 492 4900 or email rose_smyth@corkcity.ie to register.
Alternatively ask at your local Cork City Libraries branch if you, or someone you know, might benefit from this service.

It's simple to sign up and it is free.

Library Link
we can come to you



LIBRARY EVENTS

BLARNEY PHOTOGRAPHY CLUB EXHIBITION

Blarney Library will play host to a Photography Exhibition from the Blarney Photography Club for the month of February.



MICHAEL LONGLEY

Irish Poet Michael Longley has died at age 85 (27 July 1939 – 22 January 2025). An acclaimed Northern Irish poet born in Belfast, he rose to prominence in the 1960s.

He said his most famous poem, Ceasefire, looks to Homer's great epic poem, The Iliad, as it reflects on the cost of peace.

Check out our display of Michael Longleys works in the poetry section of the City Library, Grand Parade.





Ballincollig Irish Bookclub

The Irish language book club takes place on the 2nd Saturday of every month at 11am in Ballincollig Library. The book we will be discussing at the next meeting is "Madame Lazare" by Tadhg Mac Dhonnagáin and it can be collected from the desk in Ballincollig Library.

Beidh club leabhar Gaeilge ar siúl ar an dara Satharn gach mí ag 11.00 r.n. i Leabharlann Bhaile an Chollaigh. Céad chruinniú eile: 8 Feabhra, 11.00 r.n.. Beimid ag plé an leabhair "Madame Lazare" le Tadhg Mac Dhonnagáin.

For further information contact Deirdre at: deirdre_swain@corkcity.ie
The next meetings will be on Saturday February 8th and March 8th at 11.00 am.

HOLLYHILL LIFE WRITING COURSE

Starting Thursday February 13th
Hollyhill Library is hosting
a life writing course!

Every Thursday for 4 weeks,
from 12.30 – 2.00 pm.
The class will be led by prize-winning
poet David McLoughlin.

Classes are free but booking is
essential!

Hollyhill Library: 021 492 4928



ALCOHOL IN THE COMMUNITY SURVEY

The Drug /Alcohol
Prevention Project
[DAPP] based in Cork
City Partnership



is involved in a national initiative which is interested in finding out what you know about alcohol in your community. This survey will provide us with a greater understanding of what you know about alcohol support services, alcohol advertising & marketing, and if you know how or where to get help if you had a concern for a loved one's drinking behaviour. If you're over 18, please take the time to fill in this 10-minute survey.
<https://tinyurl.com/3b539w7s>

parkrun

Parkrun is open to everyone, free, and is safe and easy to take part in. Events take place in pleasant parkland surroundings and people of all abilities are encouraged to take part: you can walk, run or just spectate.

Every Saturday Morning at 9:30am

- [Tramore Valley parkrun](#)
- [The Glen River parkrun](#)
- [Ballincollig parkrun](#)

Get Moving!



COMMUNITY WALKING GROUPS IN NORTH CORK CITY

The Glen:

St. Brendan's Walking Group meets Monday at 11 AM.
Barry Hickey- 087 1689084

Blackpool/Shandon:

Group meets Wednesday at 2 PM outside Blackpool Church.
Liz Madden 087-6977942

Farranree/Fairhill & Gurrabraher/Churchfield:

Monday Movers at 2 PM meet at The Fairfield, Fairhill.
Oisín Hennessy - 087 3896982/ Ailish Mc Donald 087-0979707

Mayfield Movers Fun Walkers:

Group meet Monday 10 AM meet at Lower Level Roseville House.
Fidelma O'Connell 087 1800210

Mayfield Movers On Tour:

Fortnightly Walks to various locations around the County.





presents

ROAM

**SATURDAY
15TH FEBRUARY
@ 7PM**

**FREE ENTRY
BOOKING ESSENTIAL**

Box Office: 021 4507487
www.dancecorkfirkincrane.ie

CALLING ALL ADULTS AGED 60 AND OVER



Do you eat bread most days?

Would you be happy to consume a bread provided to you for 8 weeks?

We are researchers in University College Cork investigating the benefits of vitamin D-fortified foods in adults aged 60+ Help us shape the future of food fortification in Ireland!



JOIN THE OASIS STUDY -

- 2 x 60-minute visits to UCC
- 2 x Blood samples
- 2 x Diet intake assessments
- Enjoy UCC trial bread for 8 weeks

For more information contact Dr Colette O'Neill oasis@ucc.ie or : 086 811 0792
Travel expenses covered within the Cork city area



Douglas Young @ Heart

is a very active community group based at the heart of Douglas village with members from all the surrounding areas. We were set up in 2001 to help alleviate isolation and loneliness in older people. Douglas Young @ Heart provide essential services that combat social isolation and host a myriad of activities that run entirely on a voluntary basis.

Weekly events include:

Dancing . Walking . 45 Cards . Knitting . Bingo . Kurling . Tai -Chi

For tickets / more information

please contact: Phil 087 298 7161



HIGHER EDUCATION SCHOLARSHIPS FOR ADULT LEARNERS

Uversity is a Registered Charity that grants Higher Education Scholarships to Adult Learners seeking to unlock their potential and realise their academic, personal and professional ambitions.

Applications for Mature Students now open!

Contact UVERSITY:
Phone : 01 6875998
Email : apply@uversity.org

Save the Date!

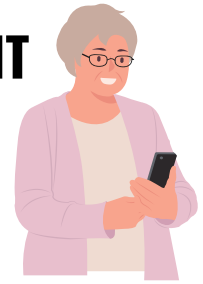
2025 Uversity Scholarship application window for Mature Students will open 1st February - 31st March

For more info, and eligibility criteria, please visit www.uversity.org

UVERSITY



Learn Something New **GRANDPARENT SCAMS**



What are Grandparent Scams?

They are a type of scam in which criminals pretend to be a family member to trick elderly victims into sending money.

The scammers call and claim they are a grandchild in trouble. They make up dramatic stories about being arrested, robbed or in an accident. The scam always involves impersonating a family member who needs money quickly.

How It Works ?

Scammers research their targets on social media e.g. on Facebook, before calling them on the phone. They use the information they find to make their stories more believable. Scammers will often disguise their voices in some way, such as sobbing or mumbling. After speaking to the scammer pretending to be their grandchild, victims will be transferred to another scammer pretending to be someone who can help their grandchild, such as police or a solicitor.

What Do They Want?

The second scammer will say that they can help the victim's grandchild, but only if the victim sends them money immediately. They tell the victim to act quickly and not to tell anyone – otherwise, the victim's grandchild may be in legal trouble. The scammers will usually request payment in the form of gift cards or even send a courier to pick up money from the victim in person.

What Can I Do to Stay Safe?

Follow the tips below and share them with your family members to stay safe from phone scams:

- **Most scams involve being asked to take urgent action. If you are contacted by a family member who claims to need money urgently, call other family members to confirm the story before sending any money.**
- **Be cautious of sharing personal information or family details on social media, as scammers can use this information to make their stories seem more believable.**
- **Be very skeptical if told to make a payment using an unusual method. Gift cards or someone coming to your home to pick up money from you would not be a normal way of paying a solicitor or other legal fees.**