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Friday, 11th October

National Updates



NGO Networking Day 2024

Age Friendly Ireland held their annual national networking event with the NGO sector on 9th October in The Ashling Hotel.

The event encourages information sharing and collaboration between Age Friendly Programme Managers in local government and NGOs in the ageing sector.

[Find out more >](#)



Commission on Care for Older People

The Terms of Reference of the Commission commit to the establishment of ‘a Reference Group of non-governmental and civil society organisations and other key stakeholders working in the area, including those with lived experience’ to ‘engage, in an advisory capacity. On June 18th, 2024, the Reference Group for the Commission on Care for Older People held its inaugural meeting. Catherine McGuigan, Chair of the Reference Group, welcomed Reference Group members to this important event.

The work of the Reference Group will be advanced through plenary national meetings, which will be convened bi-annually, and thematic focus groups.

[Find out more >](#)

UNLOCK YOUR POWER AS A VOTER: ELECTION ADVOCACY WORKSHOP



Learn how to effectively use your power as a voter, engage with politicians, and advocate for your needs. Gain practical skills to influence decision-making and make your voice heard!

TUESDAY 

OCTOBER 22ND, 2024

TIME 

11:00 AM - 1:30 PM

ALL HALLOWS CAMPUS 

ROOM - PG11

JOIN NOW 



Election Advocacy Workshop at the Age Friendly University

Age-Friendly University are hosting a workshop, focusing on helping attendees learn how to effectively maximise their power as voters. The workshop will provide practical skills in advocating for their needs, engaging with politicians, and influencing decision-making processes.

The session will be led by Mr. Senan Turnbull, who brings a wealth of experience from his work with local government and national organisations. He currently chairs the Fingal Age-Friendly Alliance.

[Find out more >](#)



Rialtas na hÉireann Government of Ireland

The Minister for Social Protection, Heather Humphreys T.D., has announced on Tuesday, 1st October a €2.6 billion budget package that will support families, pensioners, carers and people with disabilities.

The Social Protection package is the largest in the history of the State and will assist households through a mix of cost of living payments, targeted supports and across the board increases to weekly payments.

[Find out more >](#)



Save the date for Public Service Transformation Week 2024 which will take place this year from 21 – 25 October 2024.

Transformation Week provides Public Service organisations with the opportunity to showcase their journeys involving people, process, technology and innovations which demonstrate our commitment to transformation under the Better Public Services strategy.

[Find out more >](#)



Age & Opportunity's Bealtaine Festival are currently seeking applications for our Spirit of Bealtaine Award and the Bealtaine Touring Award, both for presentation at the 2025 Bealtaine Festival next May.

Deadline Wednesday, 13th November 2024

[Find out more >](#)

One month to go – Adult Safeguarding Day 2024, Friday Nov 8.

Adult Safeguarding Day is an annual initiative of Safeguarding Ireland, supported by the HSE, and coordinated in partnership with organisations across the health, social, financial and justice sectors.

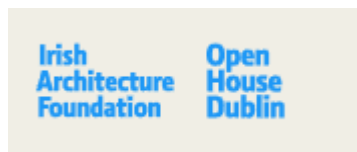
[Find out more >](#)

CycleConnects and environmental assessments statutory public consultation

The consultation will remain open until the October 25, 2024.

[Find out more >](#)

Local Updates



Age Friendly Walkability Audit Dublin City Council

Age Friendly Walkability Audit of Dublin City Council Civic Offices. The meeting point for this event is just inside the front door in the atrium of the civic offices. You will be asked to register on arrival and light refreshments will also be served after the tour. The audit will be on **Friday, 18th October from 11:15 AM until 12:30 PM.**

Find out more >

FREE EVENT!



LIVING WELL EXPO 2024

- > SUPPORTS & SERVICES
- > INSPIRATIONAL SPEAKERS
- > FREE HEALTH CHECKS

TEA COFFEE & SCONES SERVED AT 10.30AM



10.30AM - 2.00PM

SPEAKERS & INFO STANDS



2.00PM - 4.00PM

TEA DANCE

SHOWCASING SUPPORTS & SERVICES FOR PEOPLE OVER THE AGE OF 55 YRS IN COUNTY CARLOW

WOODFORD DOLMEN HOTEL | TUES 22ND OCT

THIS EVENT HAS BEEN ORGANISED BY CARLOW OLDER PERSON'S FORUM WITH THE SUPPORT OF CARLOW COUNTY DEVELOPMENT PARTNERSHIP, CARLOW COUNTY COUNCIL, AGE FRIENDLY CARLOW & HEALTHY CARLOW

FOR FURTHER INFORMATION CONTACT THE AGE FRIENDLY CARLOW OFFICE PH: 059 91 36207 | 087 214 5262



Carlow Living Well Expo 2024

The Carlow Older Person's Forum, with the support of Age Friendly Carlow, Healthy Carlow, Carlow County Development Partnership, and UPMC, is excited to announce the upcoming Living Well Expo. This free event is set to take place on Tuesday 22nd October at the Woodford Dolmen Hotel. The purpose of the event is to showcase the supports and services available for individuals aged 55 and over in County Carlow. The expo will take place on Tuesday, 22nd October starting at 10.30am and finishing at 4 PM.

[Find out more >](#)



AGM of Donegal Age Friendly Programme and Older Persons Council

Donegal's Age Friendly Programme Manager Rosita Mahony explained the AGM coincided with Positive Ageing Week, an initiative to celebrate the contributions of older people. "This week in addition to delivering business training, the Programme

welcomed judges to Narin Beach as the Creating Age Friendly & Inclusive Beach Access initiative has been shortlisted by Age Friendly Ireland". She also mentioned the Healthy Island Initiatives which are implementing health promoting projects to sustain vibrant communities on Tory and Arranmore islands.

[Find out more >](#)



Age Friendly Events at Mary Immaculate College, Limerick – Autumn 2024

Culture Night is an important night for MIC every year, where the College welcomes many of our neighbours from the South Circular Road area, and beyond. On October 2nd to mark Positive Ageing Week, MIC's Enterprise and Community Engagement office together with the office of Equality, Diversity, Integration and Inclusion were delighted to host a group for an Age Friendly Coffee Morning.

[Find out more >](#)



Longford Age Friendly Information Day

Longford Age Friendly Programme hosted a very successful Information Day in the Longford Arms Hotel recently. There were presentations on the day of the services available across Longford County for Older People.

[Find out more >](#)



The **Monaghan Age Friendly Programme** was delighted to support the recent visit of the Mount Lucas Retrofitting Rig to Monaghan Institute.

[Find out more >](#)

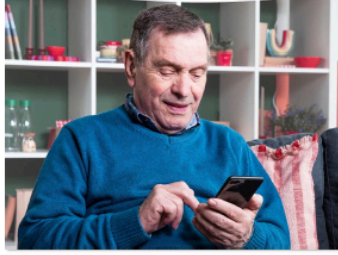


Older Drivers Road Safety Conference

Kerry County Council, Age Friendly Kerry and the Older People’s Council Kerry, in association with An Garda Síochána and the Road Safety Authority were delighted and proud to organise and host the ‘Older Drivers’ Road Safety Conference in the Rose Hotel, Tralee on Tuesday, 8th October 2024. The free event was well attended by older people from all parts of Kerry.

[Find out more >](#)

Free Digital Skills Drop-in Clinic



We are here to give you support with your phone or device. For example, sending an email, using Whatsapp, filling in forms, booking tickets online, shopping online and much more!

**Every third Friday of the month
10.00 am to 1.00 pm:**

2024	2025
18 October	17 January
15 November	21 February
20 December	21 March

The City Library, Grand Parade



Digital Drop-in Clinics in Cork City Libraries

In collaboration with ALONE and Hi-Digital, Cork City Libraries will host a series of Digital Drop-in Clinics for older adults in the City Library, Grand Parade. Those looking for help or advice on using their smart phones or devices to, for example, send emails, use Whatsapp, fill in forms online, booking tickets online, shop online and more are welcome come along between 10.00 am and 1.00 pm on the third Friday of every month starting on 18 October until 21 March 2025.



Dementia Inclusive Community Ratoath 1st Meeting

Following the highly successful launch of Ratoath Dementia Inclusive Community, Ratoath Community Centre are delighted to announce the upcoming Friends of ASI Ratoath meeting where they will work together to develop the plans to create a Dementia Inclusive Community in Ratoath. This is an excellent opportunity for you to make a difference in the lives of those living with dementia in the Ratoath community.

Ratoath Community Centre
Tuesday, October 22nd 2024
7:30pm

RSVP to : friendsofasi@alzheimer.ie

International Updates



IFA Global Café | In Conversation with Mr. Jack Kupferman and Ms. Carole Ageng'o

Celebrating the International Day of Older Persons.

IFA Global Café | In Conversation with Dr. Carole Ageng'o and Dr. Jack Kupferman on

“Supporting and Advocating for the Rights of Older Adults.”

11 October 2024, 07:00 A.M. EDT (US and Canada) 12 PM Irish Time

[Register here >](#)

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office
Telephone: 046 9032170

Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm

Saturday and Sunday



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