







# Age Friendly Australia National Conference

In conjunction with ECU Social Ageing (SAGE)
Lab Ageing Research Forum





# **Unleashing** an

Age-Friendly Ecosystem

for meaningful lives

4–5 December 2024 Crown Hotel, Perth, Western Australia

Plus WHO AFC Global Network Members Session Tuesday 3 December

















We acknowledge the traditional owners of the land on which we will meet for the conference, the Noongar people on Whadjuk Country, and their ongoing connection to this land, waters and community.



# Welcome

Welcome to the 2025 National Age-friendly Communities Conference at Boorloo (Perth) on Whadjuk Noongar country.

The LG Professionals WA Network Age-friendly Communities in partnership with the State Department of Communities, an Affiliate Member of the World Health Organization's Global Network of Age-friendly Cities and Communities, are delighted and very pleased to host this National Conference.

It's been 5 years since we last gathered in Australia, coming together to focus on Age-friendly Cities and Communities. This Conference brings an international, national, and local focus to this work. In Western Australia we continue our strong partnership and collaboration between the State and Local Governments with age-friendly communities. We extend our thanks to the Department of Communities for providing financial sponsorship to support this important Conference.

Inspiring, connecting and supporting communities to grow and strengthen their age-friendly practice and communities is the mission of the WHO Global Network Age-friendly Cities and Communities. We trust you will be inspired by what you learn, use the opportunity to make strong connections, and take away knowledge and understanding to grow your age-friendly communities and see them flourish.

Age-friendly practice is about joining together the numerous and complex parts of the lives of older people. It's an ecosystem we all want to unleash!

Join us for an exciting Conference. I look forward to meeting you in December in our beautiful City of Boorloo/Perth.

#### **Christine Young**

Chair, LG Professionals WA Age Friendly Communities Network Executive Project Officer, City of Melville

An invitation is extended to all WHO AFC Global Network Members including aspiring members to the members session

# Tuesday 3 December

WHO AFC Global Network Members Session - Inspire, Connect, Support

#### Facilitator - Dr Kathleen Brasher

9.30am	Morning Coffee and Registration	
10.00 am	Welcome – Christine Young, Chair, LG Professionals WA Age Friendly Communities Network	
10.15 am	Member session	
12:30pm	Lunch	
1.30 pm—2.30 pm Meeting with Affiliate Members of the Global Network Age-frien Cities and Communities		









# Wednesday 4 December 2024 Conference MC: Joel Levin

8.00 am	Registration AVA					
8.30am	Registration  Official Welcome and Opening  AVAILABLE FOR DETAIL  SEE DETAIL					
	Welcome to Country					
	Host Welcome: Anthony Vuleta MLGP, President, Local Government Professionals WA					
	Official Welcome: Hon Don Punch MLA, Minister for Regional Development; Disability Services; Fisheries; Seniors and Ageing; Volunteering					
9.15 am	Opening Keynote Address: World Health Organization – Thiago Hérick de Sá					
9.45 am	International Federation on Ageing – Graham Prior, President, International Federation on Ageing, CEO, Hall and Prior Health and Aged Care Group					
10.00am	Peak Body Address: Advocare – Bev Jowle, Chief Executive Officer					
10.15 am	Morning Tea					
10.45 am	The Irish local government Age Friendly shared service—harnessing citizen voice and evolving scalable models to future proof for Age Friendly communities  Dr Emer Coveney, National Programme Manager, Age Friendly Ireland, Meath County Council					
11.30am	International Age Friendly Panel Discussion					
12.30pm	Lunch InCasa Age Friendly Choir—La Seconda Gioventù (The Second Youth)					
1.30 pm	Paper 1	Paper 2	Paper 3			
	City of Ballarat Age-Friendly Indicators Framework Dr Kathleen Brasher, Research Fellow, John Richards Centre for Rural Ageing Research, La Trobe Rural Health School, and Cathy Bushell, Team Leader Sector Development, Ageing Well Services	Digital rights. The right of participation of elderly people through digital technology and artificial intelligence. Intergenerational experiences. Manuel Veguín García, Head of International Relations, Madrid	Aotearoa New Zealand— A national programme for developing age friendly cities and communities Diane Turner, Director, Office for Seniors, Ministry of Social Development			
1.55 pm	5 minute changeover					
2.00pm	Paper 4	Paper 5	Paper 6			
	Healthy Ageing Hub Marita Chisholm, PhD, Research Officer, John Richards Centre for Rural Ageing Research	Starting a Business later in Life Karen Piercy, Programme Lead —Age friendly Aotearoa New Zealand	Slovenian Network of Age-Friendly Cities and Communities: Working together, systematically and concretely; showcasing the example of long-term care development Ana Ramovs MD, Anton Trstenjak Institute of Gerontology and Intergenerational Relations, Slovenia			
2.25 pm	5 minute changeover					
2.30 pm	Paper 7	Paper 8	Paper 9			
	Indigo 4Ms Framework Age Friendly Health Care Dr Kathleen Brasher, Research Fellow, John Richards Centre for Rural Ageing Research, La Trobe Rural Health School	Ageism Awareness Training for Local Government and Community Bianca Connelly, Community Development Officer, Campbelltown City Council	City of Salisbury Diversity and Inclusion Strategic Plans Myfanwy Mogford, Team Leader Diversity and Inclusion			

# Wednesday 4 December 2024 continued

3.00pm	Afternoon Tea	
3.30pm	Closing address—Engaging with Ageing Dr Anne Ring	
4.15 pm	Singing for Wellbeing Dr Manonita Ghosh, and Stella Serafino	
5.00pm – 6.00pm	Networking Cocktail Hour	
6.30 pm - 10.00 pm	Conference Dinner including 'Comusichiamo – Making Music Together' with Dr Simone Marino and Dr Manonita Ghosh Includes dinner, beverages and entertainment by James Wilson	

# **Presenters**



# Thiago Hérick de Sá

Thiago Hérick de Sá currently leads the work at WHO on age-friendly environments, including the Global Network for Age-friendly Cities and Communities.

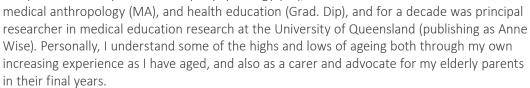
He joined the Organization in 2017 to support the work around urban, transport and health, including the development of WHO's Urban Health Initiative and WHO's Urban Health Research Agenda (2022). He also led the development of several technical resources such as the Sourcebook on Integrating Health in Urban and Territorial Planning (2020) and the adaptation for global use of the HEAT tool (2021). Thiago has a research background and holds a Masters and PhD in Public Health.



# Anne Ring

I am the 82-year-old author of the 2022 book Engaging with Ageing: What matters as we grow older, which draws on an extensive professional and personal knowledge base about growing older, and old.

Professionally, I have a PhD in health sociology (undertaken in my 50s), comparing health, body image and ageing issues for women and for men, and I have continued to monitor these issues since, as well as writing extensively about them, as a freelance writer, in a variety of media. Over the years, I have evolved as a social scientist, with qualifications and professional experience firstly in psychology (BA), and then in



The continuing interest generated by my book has resulted in my becoming a fairly prominent speaker on the complex realities of ageing, and the challenges of ageism, in many different venues as well as on radio and television. I am also on the Steering Committee of the national EveryAGE Counts Campaign.











# Thursday 5 December 2024

8.00am	Registration				
8.30am	Opening Keynote Address: A Social Ageing Revolution for Diverse Ageing Futures Professor Loretta Baldassar				
9.15 am	ECU workshop—Using Population Data to Understand Diversity Dr Lukasz Krzyzowski and Dr Catriona Stevens An interactive workshop to help delegates learn how to collect and use data to support ageing LGBTIQA+ and CaLD communities				
10.00am	Morning Tea				
10.30am	Understanding Social Frailty Dr Manonita Ghosh and Dr Hien Nguyen				
11.15 am	10 minute changeover				
11.25 am	ECU Research Presentation Stream 1	ECU Research Presentation Stream 2	ECU Research Presentation Stream 3		
	Diverse Ageing Chair: Dr Pyone Myat Thu (Murdoch) LGBTI ageing Dr Lukasz Krzyzowski (ECU)	Social ageing interventions Chair: Irene Mooney (MyVista)	Ageism and abuse Chair: Mark Kinsella (COTA WA)		
		Digital ageing Dr Bernardo Dewey (Curtin University), and Dr Emanuela Sala (ECU)	Addressing ageism: Tips from psychology Dr Trish Cain (ECU), and A/Prof Eyal Gringart (ECU)		
	11.50am—5 minute changeover				
	Aboriginal ageing well framework Dr Kate Smith (UWA)	Social prescribing and befriending National Ageing Research Institute Presenters	Addressing the abuse of older people Dr Barbara Blundell (Curtin		
	12.20pm—5 minute changeover		University), Dr Catriona Stevens (ECU), and Amy Warren (Curtin		
	CaLD ageing Dr Cheng Yen Loo (ECU), and Dr Simone Marino (ECU)	Promoting wellbeing with the volunteer visitor scheme: Voices from the field Mary Gurgone (AfCAS ACVVS), Anne Butorac (AfCAS ACVVS) and Volunteer Visitors (ACVVS)	University)		
12.45 pm	Lunch				
1.45 pm		need from us—is us. Memory Brid . We bridge people with and witho	_		

# Thursday 5 December 2024 continued

2.30pm	WA Showcase Session		
	Our Voices Have Changed The World—Kedy Kristal, Executive Officer, GRAI – GLBTI Rights in Ageing		
	Language as Leverage: Building Not Breaking Age-Friendly Communities—Henrietta Podgorska, CEO, Umbrella Multicultural Community Care Services Inc		
	Sing, Swing and Mingle—Kay Raymond, Community Development Officer, City of Fremantle		
	Neighbourhood Houses: A Key Resource in Addressing Community Needs and Building Age-Friendly Communities—Mikayla Greisbach, Community Engagement Officer, Broome Circle		
3.30pm	Afternoon tea		
3.45 pm – 4.30 pm	Closing Address and Comments Thiago Hérick de Sá, World Health Organization Christine Young, Chair, LG Professionals WA Age Friendly Communities Network Plus special guests		

# **Presenters**



## Professor Loretta Baldassar

Professor Loretta Baldassar is a leading migration scholar and Professor of Anthropology and Sociology. She is Vice Chancellor's Professorial Research Fellow and Director of the Social Ageing (SAGE) Futures Lab at Edith Cowan University (ECU).

Loretta was recently named Australian Research Field Leader in Migration Studies and in Ethnic and Cultural Studies by *The Australian*. Among her many research projects, she is lead Chief Investigator on a Medical Research Future Fund Dementia and Migrant Communities project; Social support stream Lead on the National Frailty Kit project, and co-Chief Investigator of the Youth Mobilities project. Her work is widely acknowledged as foundational to the field of Transnational Family Studies. Her SAGE Futures research team at ECU is leading innovation in social care across the life-course, contributing social science perspectives and arts-based methodologies to the creative and caring professions. Her career has been devoted to better understanding the impact of migration on families and communities, with a particular focus on the importance of ongoing relationships to homeland, the role of social support networks in ageing and wellbeing, intergenerational relations, and the social uses of new technologies.



## Michael Verde

Michael Verde is an award-winning writer, speaker, documentary producer and teacher. He founded Memory Bridge—an internationally recognised NGO dedicated to ending the emotionally isolation of people with dementia—in 2003.

Memory Bridge's programs are hosted on three continents and provide ongoing education to caregivers in 14 countries. To date, Memory Bridge has connected over 9,000 people with and without dementia in one-to-one relationships.

Michael has a M.A. in literary studies from the University of Iowa; and a M.A. in theology from the University of Durham, England, where he graduated at the top of his international class. He is currently completing his PhD dissertation at Indiana University in the area of empathetic communication and literature and religion.

















# Accommodation

LG Professionals WA has secured a group booking at the Crown Resort for the duration of the

Group rates are available from Monday 2 December 2024 to Friday 6 December 2024 inclusive.

The group rate is only available through direct online booking. The weblinks will remain open until Monday 25 November 2024, after this time the group rates will no longer be available.

#### Crown Towers Perth

https://reservations.travelclick. com/131392?groupID=4419923

## Crown Metropol Perth

https://reservations.travelclick. com/76836?groupID=4419918

#### Crown Promenade Perth

https://reservations.travelclick. com/76838?groupID=4420036

#### For your information

The information contained within this booklet is correct at the time of publication. Local Government Professionals Australia WA and the Conference Organising Committee reserve the right to alter or delete items from the program or alter costs.

The above mentioned shall not be held liable for any costs or damage arising from any action based on the information contained herein.

Terms and conditions apply, please visit https://lgprofessionalswa.org.au/agefriendlyconference for more information.



For more information please contact Luana Abbott: 08 9271 1136 or luana@lgprofessionalswa.org.au

# Delegate registration (Note: all prices include GST)

Register online: https://lgprofessionalswa.org.au/ agefriendlyconference

#### **Earlybird Registrations** (Ends Friday 1 November 2024)

- Member \$680 LG Gold Subscriber\* \$680
- LG Silver Subscriber\* \$720 LG Bronze Subscriber\* \$765
- LGWA Member \$810 Non-Member \$850

#### **Full Conference Registrations**

- Member \$800 LG Gold Subscriber\* \$800
- LG Silver Subscriber\* \$850 LG Bronze Subscriber\* \$900
- LGWA MEMBER \$950 Non-Member \$1,000

#### One Day Registrations

- Member \$480 LG Gold Subscriber\* \$480
- LG Silver Subscriber\* \$510 LG Bronze Subscriber\* \$540
- LGWA Member \$570 Non-Member \$600

#### Live Streaming Registrations

- International delegate \$250 Member \$360
- LG Gold Subscriber\* \$360 LG Silver Subscriber\* \$380
- LG Bronze Subscriber\* \$405 LGWA Member \$430
- Non-Member \$450

The 'Live Streaming' option includes all main plenary presentations. In addition, one stream of breakout sessions will be live streamed each day and will be confirmed closer to the conference. Please note all sessions will be recorded.

## Conference Dinner Registration

- Conference Dinner registration fee: \$50
- Partner Conference Dinner registration fee: \$50

Member rates are available to LG Professionals, LG Pro and LGMA members in other states. In order to receive the member rates, please contact luana@lgprofessionalswa.org. au for a discount code. You will need to provide a copy of your paid membership invoice to be eligible.

\*Please email events@lgprofessionalswa.org.au for your Local Government Subscriber discount code.

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