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Thursday 26th September

National Updates

mediaplanet

Your Later Life

032094 | A governmental supplier distributed on behalf of Mediaplanet, which takes sole responsibility for its content www.businesswire.ie www.healthnews.ie

"Legacy giving allows you to support your chosen causes beyond your lifetime."
Head Newsing / head of Communications and Stakeholder / Publishing Ireland
 Page 08

"As we get older, it is so important to stay curious."
Minister for Health, Dáil, Dublin, Ireland
 Page 12

Cystic Fibrosis Ireland

Will you include a gift in your Will for Cystic Fibrosis Ireland? Your legacy could fund life-changing treatments and support.

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A multi-motor orthopedic chair with all the comfort

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Your Later Life Magazine

View this online magazine by clicking on the link below. You can find many interesting articles, including an editorial by Minister Butler.

[Read the magazine here >](#)



Challenging Ageism: Positive Aging Week 2024 September 30th - October 6th

Positive Ageing Week (PAW) is an initiative by Age Action to celebrate the contributions of older people and to promote their agency. The event emphasises the positive aspects of aging and the significant roles older individuals play in our communities and families. The week-long event happens yearly, with a new theme, and aims to challenge stereotypes and misconceptions about aging and to highlight the positivity and vitality of older age.

[Find out more >](#)



We're Hiring at Spry Finance!

Are you passionate about helping people and delivering exceptional customer service?

Spry Finance is looking for a Customer Care Executives to join our team!

We're committed to building a team who care about our customers. Whether you're under 60 or over 60, all ages are welcome, and we offer the flexibility to suit your life stage, with full-time, part-time, and adaptable work arrangements available.

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- **Flexible Working:** We understand the importance of work-life balance and offer arrangements to suit your needs.
- **Inclusive Culture:** We welcome candidates from all career paths and stages of life.

[Find out more >](#)



Go Live of Adult Safeguarding Portals

It is now possible to report concerns of abuse and neglect electronically to the HSE Safeguarding and Protection Teams.

[Find out more >](#)

Local Updates



Age Well Expo

The Age Well Expo will take place on Tuesday, 1st October in the Park Hotel, Dungarvan. There will be over 30 exhibition stands including organisations such as HSE, ALONE, Waterford Librarie, Fire Service just to name a few. There will also be numerous speakers including a Consultant Gastroenterologist, Cardiology CNM, Health and Wellbeing practitioner and Fraud Prevention team.

[Find out more >](#)



Ageing Well Programme in Mitchellstown

The Ageing well Programme is being facilitated by HSE Occupational Therapists working in your local community.

The next programme is on Tuesday, 15th October until Tuesday, 3rd December in HSE Floor, Livinghealth, Mitchelstown.

[Find out more >](#)



The poster features a background image of a cup of coffee with latte art. The text is arranged as follows: 'WELCOME' in red script at the top left; 'Meath Alzheimer Café' in white on a blue banner; 'JOIN US' in white on a green arrow pointing right; 'Wednesday 2nd October 2024 from 7pm to 9pm' in black; 'in the Pastoral Centre, Dunshaughlin' in black; 'Guest Speaker: Liam Burke Whistlemount Day Service Manager' in black; 'Topic: The support Whistlemount Day Service provides to Families/People living with Dementia' in black; 'For more information contact John at Meath Alzheimer Café on 087 188 8178' in black. There are also icons for a location pin and a hand holding a phone receiver.

The cafe provides a warm welcoming place for people to meet others also living with dementia/cognitive impairment, their carers, and health & social care professionals.

For more info:  www.alzheimer.ie

The Alzheimer Society of Ireland, National Office,
Temple Road, Blackrock, Co. Dublin Charity Number: CHY7868



Mayor Baby Pereppadan invites you to celebrate the launch of our

Dementia Café



Ballyroan Community and Youth Centre

Tuesday
October 8th
1pm

RSVP for refreshments by Friday 4th October
amulligan@sdublincoco.ie



Join Ballyroan Community and Youth Centre for the launch of their Dementia Cafe.

[Find out more >](#)



Bunclody Library Events

Knitting Club - New Members always welcome.

Book Club - Shirley Jackson's 'The Haunting of Hill House'

[Find out more >](#)

International Updates



ifA Global Café
in conversation with experts

“THE IMPORTANCE OF AGE FRIENDLY MEDICAL EDUCATION”

Dr. Andrea Wershof Schartz
Associate Professor of Medicine
Harvard Medical School

27 SEPTEMBER 2024 07:00 AM (EDT)

a contribution to the Decade of healthy ageing

ifA Global Cafe in Conversation with Dr. Andrea Wershof Schartz

IFA Global Café | In Conversation with Dr. Andrea Wershof Schartz on “The Importance of Age-Friendly Medical Education.”

27 September 2024, 07:00 A.M. EDT 12 P.M. Irish time

[Register here >](#)

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



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Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm

Saturday and Sunday



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