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Friday, 20th September

National Updates

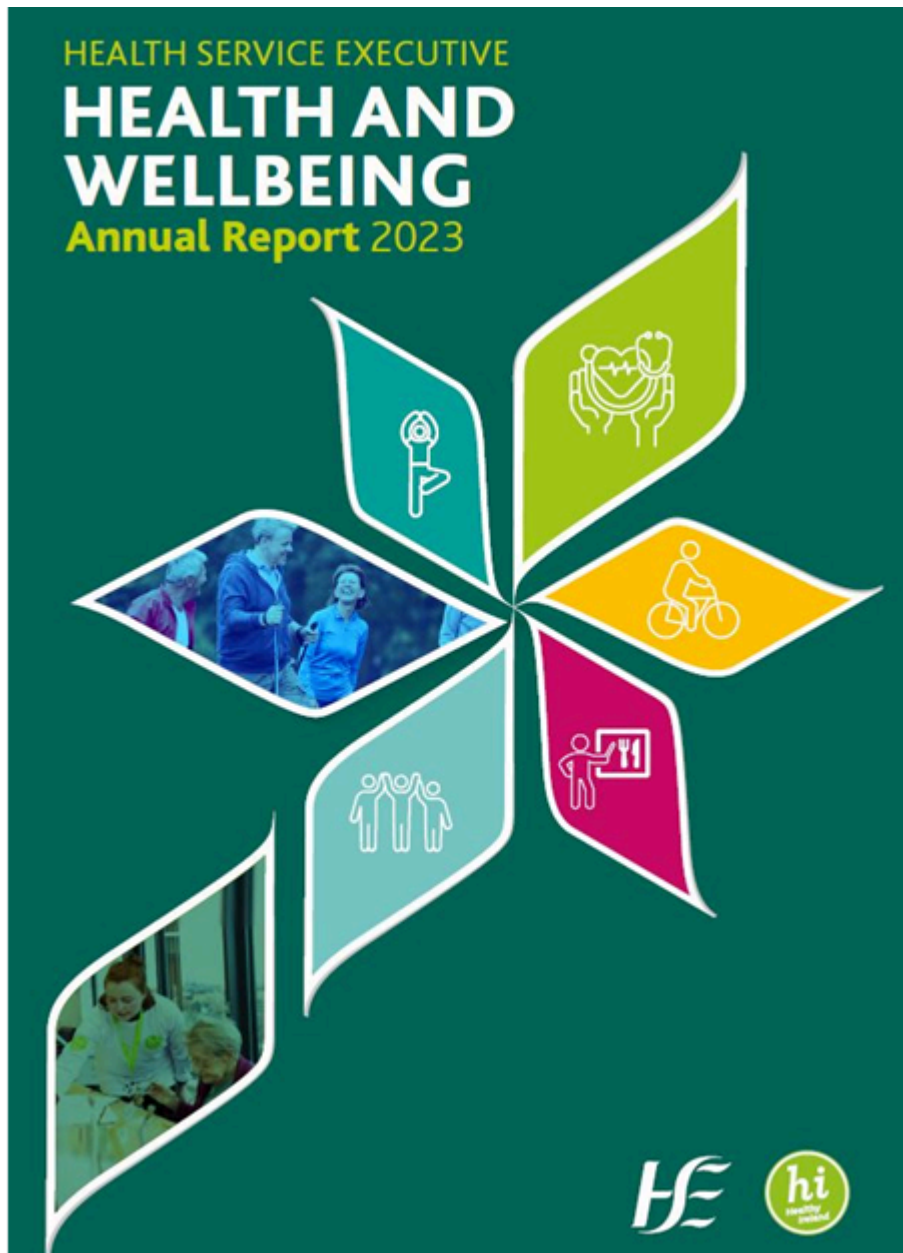


National Age Friendly Recognition Awards 2024

Our Judges are on the road again visiting all the Shortlisted Projects

Our judges have been busy visiting incredible projects shortlisted for our National Age Friendly Awards, travelling from Wexford to Mayo and beyond. It's been a fantastic opportunity to meet the dedicated teams behind these inspiring initiatives, all of which are making a meaningful difference in their communities. With another week and a half of site visits to go, we're looking forward to continuing our journey and celebrating the outstanding contributions of everyone involved.

A special thanks to the projects for their wonderful hospitality and Congratulations – you're all Winners!

[View more photos here >](#)

HSE Health and Wellbeing Annual Report 2023

This report outlines the key activities that HSE Health and Wellbeing delivered both nationally and locally last year with insights shared from across their policy areas, partners and various work streams.

The report also includes lots of links to further information on the work and other assets such as their podcasts, videos, webinars and publications developed and published last year.

[Read the Report here >](#)



Listen to what Catherine McGuigan, Chief Officer in Age Friendly Ireland has to say about the National Ploughing Championship 2024!

Watch this space to see Age Friendly Ireland at this years National Ploughing Championship. Lots of interesting people dropped by to see us in the Government Village.

[Find out more >](#)



Insights into rehabilitation in Ireland: first steps to enhancing person-centred integrated care, to launch the report on “Post-Acute Inpatient Rehabilitation Mapping Project: A National Overview of HSE Funded Services”.

[Find out more >](#)



Irish Council for Social Housing Social Impact Challenge 2024 - rewarding social impact projects in housing and communities

Various sectors and industries are currently working to embed ESG (Environmental, Social and Governance) into their practice. However, AHBs and local authorities have been working with ESG principles at their core for many years. As part of their upcoming Finance and Development Conference, supported by AIB (16th & 17th October

2024 – Radisson Blu Hotel, Sligo), the ICSH will spotlight this work through a dedicated conference session that will showcase four initiatives led by approved housing bodies or local authorities in a Dragon’s Den style pitching session.

[Find out more >](#)



Clár Éire Ildánach
*Creative Ireland
Programme*



Sharing “Creative Health and Wellbeing in the Community” blogs from Creative Ireland

In February 2024, the Creative Ireland Programme invited applications from Local Authorities for grant funding for projects supporting Health and Wellbeing through Creativity across 2024 and 2025. The call encouraged collaboration with neighboring Local Authorities. 15 Creative Health and Wellbeing in the Community projects were successful. These include four all-island projects supported as part of the Shared Island Initiative, which will see Local Authorities work with partners in Northern Ireland. Over the coming weeks we will share a series of blogs from Creative Ireland, giving details of these exciting and important projects as they get underway.

Blog #4 - 'Dear Future Me' - Louth County Council

Blog #5 - The Art of Life - Cavan County Council

[Blog #4 >](#)

[Blog #5 >](#)

Local Updates



Age Friendly
meath

Meath County Council together with
Meath Age Friendly Alliance Invites You To

MEATH CARES ABOUT OLDER PEOPLE EVENT

Showcasing a range of supports and services
available to the older population in County Meath
Information stands and talks throughout the event

Launch By: An Cathaoirleach, Cllr. Sharon Tolan
Venue: Pillo Hotel, Ashbourne, Co. Meath
Date: Tuesday, 1st October 2024
Time: 10.30am to 2.00pm

Booking is recommended as places are limited
For further details or to register attendance for you or your group
call us on **046 9097400** or email **community@meathcoco.ie**

Light refreshments will be provided
We look forward to seeing you there!



comhairle chontae na mí
meath county council



Louth Age Friendly Expo 2024

Age Friendly Louth are delighted to announce this year's Age Friendly Expo will take place on Wednesday 2nd October 2024 in the Ardee Parish Centre , Ardee, Co Louth.

[Find out more >](#)



CK CURAM SLÁNTE FOIRN
CORCAIGH CIARRAI
CORK KERRY
COMMUNITY HEALTHCARE

**SUPPORTING
CHANGE FOR YOUR
ACTIVE FUTURE**

**BE ACTIVE
BE WELL**

ABOUT THE PROGRAMME
Be Active Be Well is about helping you to make positive physical activity changes

WHO IS THE PROGRAMME FOR?
Any adult who is currently physically inactive or not achieving 150 minutes of moderate intensity physical activity throughout the week

HOW IS THE PROGRAMME DELIVERED?
The programme is facilitated by HSE Health Promotion Officers over 5 x 2hr group sessions in local community venues

**WHERE: Mitchelstown
Town Hall**

Wednesdays

**WHEN: 6th, 13th, 20th & 27th November 2024
*5th Session 22nd January**

TIME: 11am-1pm **REGISTRATION IS ESSENTIAL**

FREE TO ATTEND

For more information or an application form
email: hpd.south@hse.ie or phone: 021 4921641




Mount Lucas Retrofitting Rig will be visiting Monaghan Town

The Rig will visit the Monaghan Institute , Armagh Rd, Monaghan Town H18 FY94 Car Park on Monday the 30th September to Wednesday the 2nd October.

[Find out more >](#)



Please view the Well-being support booklet for over 65s, which was developed in Dublin North City and County.

[Find out more >](#)



Donegal Older People's Council are holding their Annual General Meeting on Wednesday, 2nd October. For more information, please click the button below.

[Find out more >](#)



NEW!

MAGIC TABLE

TRY OUR NEW MAGIC TABLE ESPECIALLY FOR PEOPLE WITH DEMENTIA OR ADULTS WITH A LEARNING DISABILITY



The Magic Table is an interactive light projector which projects colourful images on to a table surface. These images can be played with by touching the surface. The Magic Table is suitable for people with dementia or adults with a learning disability.

If you have a family member who might benefit from such a service, please enquire at the desk or using the below contact information.

Ballyroan Library, Orchardstown Ave., Rathfarnham, Dublin 14
Tel@ 01-4941900
email: ballyroan@sdblincoco.ie

International Updates



IFA Global Cafe - In conversation with Dr. Don Melady

IFA Global Café | In Conversation with Dr. Don Melady on “Care of Older Adults in Emergency Departments.”

20 September 2024, 07:00 A.M. EDT (US and Canada) - 12 PM Irish Time

[Register here >](#)

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office

Telephone: 046 9032170

Email: agefriendlyireland@meathcoco.ie

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm

Saturday and Sunday



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