

To view this email in your browser, please [click here](#).



**9th August 2024**

## National Updates

---

### Healthy Age Friendly Homes attend the Tipperary Age Friendly Expo



***L-R: Mary Gilsenan – HAFH Admin Team, Tracey Thompson – HAFH Tipperary Coordinator, David Whelan - HAFH Tipperary Coordinator, Karen Fennessy – HAFH Mid-West Regional Programme Manager, Helen Creed - HAFH Limerick Coordinator, Áine Fitzsimons - HAFH Admin Team.***

The Healthy Age Friendly Homes team attended the Tipperary Age Friendly Expo, hosted by the Tipperary Age Friendly Programme and held on the TUS campus in Thurles. There was a good attendance to the Expo with around 800 people in attendance.

Many visited the Healthy Age Friendly Homes stand to talk to the Coordinators who provided them with information about the supports available through the programme.

The Admin Team who also attended, filled out plenty of referral forms with older people who were interested in participating in the programme.

At the event, there were 64 information stands, all of which featured resources for Positive Aging within the County. There were many excellent opportunities for networking with other agencies. The event, which also featured music and dancing, was well attended by organisations and participants alike. It was undoubtedly a huge success and a great day out for all in attendance.

---



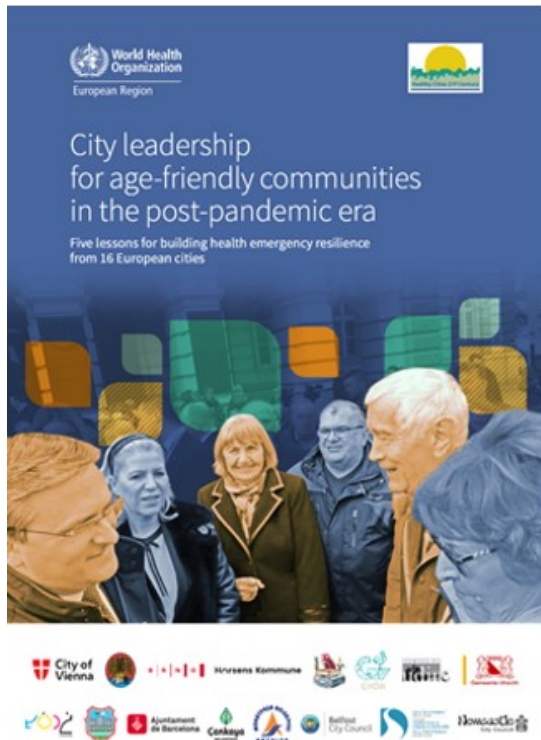
## **Embracing the Stories of Residents at Nursing Homes Week 2024**

Nursing Homes Ireland Launches Nursing Homes Week 2024, Celebrating Nursing Home Residents and Capturing Moments - "Embracing Life's Moments: Celebrating Nursing Homes Week 2024"

Nursing Homes Ireland (NHI) is thrilled to announce the launch of Nursing Homes Week 2024, a cherished annual event taking place from August 19th to August 25th. This week-long celebration is dedicated to acknowledging the significant role of nursing homes in providing exceptional care and support to older adults across the nation.

[Find out more >](#)

---



## Regions Harnessing the Power of Age-Friendly Cities and Communities

WHO Regional Office for Europe publishes new policy brief on age-friendly communities and health emergencies.

Building on the experience of 16 cities from Europe, the WHO Regional Office for Europe has developed a policy brief highlighting how building age-friendly communities can also improve preparedness for health emergencies.

[Find out more >](#)

## Local Updates

---



### Library Events / Heritage Week

Heritage Week takes place across the country from **August 17th to August 25th** and libraries throughout the country will host a series of free events.

An initiative of the Heritage Council, National Heritage Week celebrates all things heritage. It brings together communities, families, organisations, cultural institutions, academics and enthusiasts, to build awareness about the value of heritage and support its conservation.

[Find out more >](#)



### **Private Rightsizing Scheme at Brú na Gruadán, Castletroy, Co. Limerick**

Limerick City and County Council, in partnership with Focus Housing Association, is excited to announce the launch of this scheme tailored for homeowners aged 55 and above who find their current homes too large for their needs.

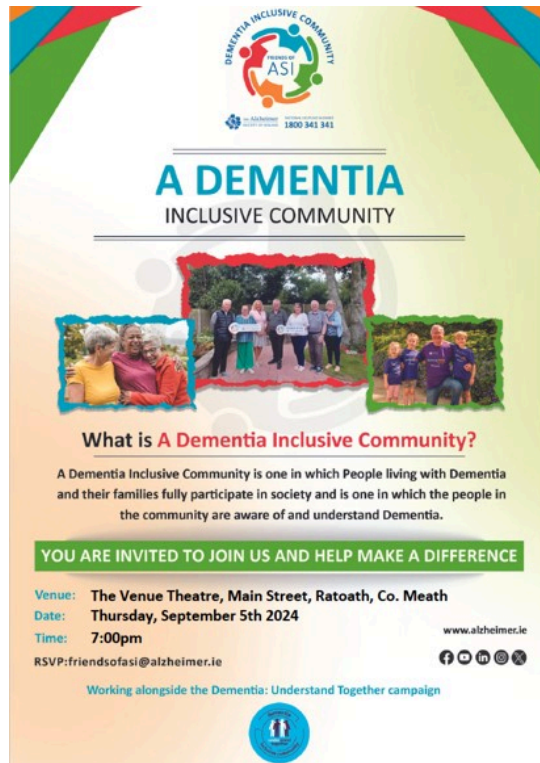
[Find out more >](#)



### **Fond farewell at Raheny Age Friendly**

One of Raheny Age Friendly longest-serving members has decided to retire. Terry has been there since the group's foundation in 2015, where his ability to chat was every bit as important as his prowess in making tea.

Terry will be sorely missed by all within the group, but he's more than deserving to be handed his tea at this stage!



### **A DEMENTIA INCLUSIVE COMMUNITY**

At St Olivers Community Centre CLG (SOCC) which includes Ratoath Community Centre, Happy Days Community Childcare, Ratoath Community Sports Campus and the Venue Theatre, their overall aim is to enhance and enrich the quality of life and overall well-being for all the residents of our village and surrounding communities.

In Ratoath Community Centre the last Friday of every month we have our Alzheimer's Social Club, where individuals impacted and their family members/carers come to chat, sing and play games in a safe welcoming space.

They are partnering with 'The Alzheimer Society of Ireland's Friends of ASI programme in an attempt to do their part by promoting and gathering like-minded individuals to help make Ratoath a dementia inclusive village. The first of its kind in Meath.

# Fingal Try a Bike Day

**Come and try a range of ebikes, folding bikes and folding three wheelers and meet the teams from Cyclebike & Ability Healthcare, who can advise you on what you need to get back in the saddle**

**Our Active Travel Team will also be there to provide information on programmes and events to guide you on your way**

**For more information email  
[Active.travel@fingal.ie](mailto:Active.travel@fingal.ie)**

**When: Friday 16th  
August**

**Where: ALSAA Sports Hall**

**Time: 10am - 12pm**

**No registration needed**



Comhairle Contae  
Fhine Gall  
Fingal County  
Council



**CycleBike**



---

## International Updates

**if** **Global Café**  
in conversation with experts

**“DEVELOPING AGE-FRIENDLY COMMUNITIES”**

**9 August 2024**

**07:00 AM EDT**

**Dr. Emer Coveney**  
National Programme Manager  
Age-Friendly Ireland

a contribution to the  
**Decade of healthy ageing**

### IFA Global Café | In Conversation with Dr. Emer Coveney

IFA Global Café | In Conversation with Dr. Emer Coveney on “Developing Age-Friendly Communities.”

9 August 2024, 07:00 A.M. EDT (US and Canada)

[Find out more >](#)

If you would like a PDF version of the newsletter, please click [HERE](#)

- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: [agefriendlyireland@meathcoco.ie](mailto:agefriendlyireland@meathcoco.ie) no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office

Telephone: 046 9032170

Email: [agefriendlyireland@meathcoco.ie](mailto:agefriendlyireland@meathcoco.ie)

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: [healthyagefriendlyhomes@meathcoco.ie](mailto:healthyagefriendlyhomes@meathcoco.ie)

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm

Saturday and Sunday



This email was sent to {personalemail}.

[Change your subscription preferences](#)

powered by sensorpro