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12th July 2024

National Updates



National Rollout of Healthy Age Friendly Homes Programme to Empower up to 10,500 Older Adults Annually

Healthy Age Friendly Homes, a first-of-its-kind programme to enable older adults to continue living independently, launched nationwide this week. This joint Health and Local Government programme, recognised globally as a best practice example of coordinated support services, will assist up to 10,500 older adults each year through timely interventions.



WHO: Global levels of physical inactivity in adults: off track for 2030

WHO launched its latest findings on physical activity in June. Healthy Ireland data has shown only 33% of older adults aged 65-74 and 18% of those aged 75+ meet physical activity recommendations. Read More below

Find out more >



Age Friendly Business/Service

This week our Business Consultant
Orlaith Carmody, provided train the
trainer training on our Age Friendly
Business / Services training in Dublin
City. There was a great turn out on the
day and all participants were very eager
and keen to participate.



Public Consultation on National Maximum Taxi Fare

The National Transport Authority are currently holding a public consultation regarding the "National Maximum Taxi Fare".

Participants in these Public Consultations will assist in informing the NTA Board's decision on the proposed. Maximum Fares Order.



Participate in the Maynooth University Study: Old and Alone: Analysing Ireland's growing 'elderorphan' population.

Researchers at Maynooth University's Department of Geography are seeking to explore older adults' experiences of aging alone in Ireland and seeks to understand the importance of health and wellness in older age.

Find out more >

Grants and Funding Opportunities

1. RISE Community Fund - this fund is aimed at addressing the rural digital divide and will award 5 monthly grants of €1,000 each to empower local businesses, community groups, farms and social enterprises to enhance their digital strategy. Deadline for applications is 31st July 2024. For more information please visit https://riseglobalfoundation.com/programs/rise-community-fund/

2. Community Centre Investment Fund 2024 - community organisations will be supported with grants of between €10,000 and €100,000 to develop and enhance their existing community facilities. Deadline for applications is 29th August 2024. For more information please visit <a href="https://grantsandfunding.ie/grants-of-up-to-e100000-available-to-upgrade-existing-of-up-to-e100000-available-to-upgrade-existing-of-up-to-e100000-available-to-upgrade-existing-of-up-to-e100000-available-to-upgrade-existing-of-up-to-e100000-available-to-upgrade-existing-of-up-to-e100000-available-to-upgrade-existing-

community-centres-announced/

Local Updates



Wexford Library Events

Bunclody Library Classic Film Club, Friday 26th July 11am-1pm

Bunclody Library are inviting you to join them every month for a classic film for adults. Library staff will select the perfect movie to take you back in time to some of Hollywood's greatest moments. This movie is for adults only. Booking essential. If you require any additional assistance, please contact the library at 053 9375466.

New Sensory Items for Adults now available at Bunclody Library!

Bunclody Library now have a range of age-friendly sensory items for adults available to borrow from the library. These include: a one-button radio, a selection of nostalgia jigsaws, jumbo playing cards, activities to share packs, memo minder (portable message recorder/player) and much more. If you would like to find out more about these sensory items, please call into the library or ring 05393 75466.



Talk on 'Healthy Eating as We Age'

Age Friendly Cavan are inviting you to the Events Space in Cavan Library on Farnham Street, Cavan on Monday 22nd July at 10.30am where you will be joined by a Community Nutritionist who will give a presentation on 'Healthy Eating as We Age' with a focus on summer eating.

Find out more >



Dublin City Council Community Grants Scheme 2024

Dublin City Council's Community Grant scheme provides support to a wide variety of groups and organisations across the city annually that facilitate projects, events and activities to encourage social inclusion. It has been announced that the 2024 scheme is now open.

Find out more >

International Updates



Age Friendly Ireland welcomes Diane Turner, Age Friendly New Zealand

We were delighted this week to have a visit from our international colleague Diane Turner, Director of the Office for Seniors within the Ministry of Social Development in New Zealand (a fellow member of the WHO Global Network of Age Friendly Affilliates). Diane came to visit us in Buvinda House in Navan where we had a lengthy discussion on our mutual Age Friendly goals and ambitions. Diane also went to visit a local Age Friendly Housing Development with Our National Technical Manager, Declan Gaffney.



Age Friendly Homes Presentation to the WHO Global Network

On Thursday, our Technical Manager Declan Gaffney, presented to the WHO Global Network on Age Friendly Homes in Ireland.



IFA Global Café | In Conversation with Ms. Jane Meadus

FA Global Café | In Conversation with Ms. Jane Meadus on "The establishment and impact of elder law."

12 July 2024, 07:00 A.M. EDT (US and Canada)

Find out more >

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- This Newsletter is prepared and circulated by Age Friendly Ireland
- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: agefriendlyireland@meathcoco.ie no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



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Healthy Age Friendly Homes Programme (Referrals)
Telephone: 046 9248899

Email: healthyagefriendlyhomes@meathcoco.ie

HSE Advice Line: Call save 1850 24 1850
Call from 8am – 8pm Monday to Friday and 10am to 5pm
Saturday and Sunday









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