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**28th June 2024**

### National Updates

You asked and we listened....

We have extended the closing date for applications until Friday 12th July.

### National Age Friendly Recognition and Achievement Awards

The Annual National Age Friendly Recognition and Achievement Awards showcase age friendly initiatives from around the country that are contributing to making Ireland a great place in which to grow old. Closing date has now been **extended until Friday 12th July**.

[Find out more >](#)

### **Communications Training**

Intensive communications training was delivered this week to some of our Healthy Age Friendly Homes coordinators. These pictures were taken at training sessions in Sligo and in Mullingar. It was the fourth and fifth iteration of the training, others were Carrick on Shannon, Limerick and Navan.



### **Galway City Council Housing Estate 'An Cliathán' Receives Irish Construction Excellence Award 2024**

Galway City Council is delighted to congratulate OCC Construction on winning best project in the 'Residential up to €5M' category, at the Irish Construction Excellence Awards 2024 for the Galway City Council project, An Cliathán.

The development consists of two residential buildings in a linear, terraced arrangement on a narrow suburban site, comprising 12 apartments, primarily intended for older people, and 3 bungalows intended for families with special needs.

[Find out more >](#)

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### **The RIAI Public Choice Award Winners**

The RIAI has announced the winners of the 2024 RIAI Architecture Awards. The Awards Jury selected 20 winners across 9 different categories, including Sustainability, Restoration and Repair, and Urban Design and Public Realm. Cornamona Court Age Friendly Housing Development won the Living – Housing/Public category in the 2024 RIAI Architecture Awards.



[Find out more >](#)

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### **Age Friendly Train Stations**

In November 2022, Age Friendly Ireland awarded Age Friendly recognition to MacDonagh Railway Station in Kilkenny, acknowledging it as the first Age Friendly Train Station in the country. Age Friendly Ireland did a case study publication, outlining the work undertaken by Irish Rail and partners in the initiative. As a result of this demonstration project, Irish Rail are now scaling up and undertaking to develop ten further stations as age friendly, with support from local Age Friendly Programmes. Irish Rail plan to obtain Age Friendly recognition for the following stations, Killarney, Tullamore, Carrick-on-Shannon, Ballybrophy,



Colbert Station, Kildare, Heuston,  
Wicklow, Carlow and Dalkey.

### Maynooth University Studies

A masters student from Maynooth University is currently doing her thesis on the experience of stress in Irish grandmothers and is looking to have a quick chat with any grandmother who would like to!

Based in Sligo and Maynooth/ Leixlip/ Celbridge, she would really appreciate if you would like to take part. A call to those not in these areas is also an option.

This topic is quite neglected in psychological research and this sort of research is very important in providing informed supports in light of healthy and happy ageing.

Please contact  
**Sian.higgins.2020@mumail.ie**



### Invitation to the Consultation in relation to the priorities for the Second National LGBTI+ Inclusion Strategy

The Department of Children, Equality, Disability, Integration and Youth is developing the successor strategy to the current National LGBTI+ Inclusion Strategy (2019-2021) to promote inclusion, protect rights and to improve quality of life and wellbeing for LGBTI+ people; enabling them to participate fully in Ireland’s social, economic, cultural, and political life. As part of this process the Department wants to get the views and inputs of local LGBTI+ groups, community groups and relevant individuals, in a manner that will contribute to the development of a new Strategy. LGBT Ireland has asked Age Friendly Ireland to encourage older people to respond to the survey, as the views of older people are very important to this consultation process.

[Learn More >](#)

## Age Friendly Homes Website



Have you visited our Age Friendly Homes website. This website provides resources, guidance and information on housing for our ageing population. It is a go-to-resource for information on housing topics of particular relevance to older people

[Find out more >](#)



## Participate in the Maynooth

### University Study: Old and Alone: Analysing Ireland's growing 'elder orphan' population.

Researchers at Maynooth University's Department of Geography are seeking to explore older adults' experiences of aging alone in Ireland and seeks to understand the importance of health and wellness in older age.

[Find out more >](#)

## Key proposals from EAPN Ireland/CWI Preparatory Workshops for the Social Inclusion Forum 2024

Participants at the Preparatory Workshops for the Social Inclusion Forum (SIF) 2024, hosted by The European Anti-Poverty Network (EAPN) Ireland and Community Work Ireland



(CWI), shared their solutions and proposals with the aim of bringing about change for people and communities experiencing poverty and social exclusion. The workshops focused on how best to tackle key issues and challenges – whether emerging, persistent and/or structural – in relation to the four themes of SIF 2024: Communities; Employment; Disabled People; and Core Essentials. Check out the video below. Brendan Sherlock from Fingal Older People’s Council takes part in this video.

[Find out more >](#)



### Dementia Understand Together June Update

Click below to view campaign updates and news from around the country below.

[Find out more >](#)

## Local Updates



### Tipperary Age Friendly Expo

On Thursday 20th June Tipperary Age Friendly were delighted to host its annual Age Friendly EXPO in the TUS Campus in Thurles. This is the 3rd Age Friendly EXPO held at the college campus. It featured 64 information stands ranging from Council Services including Community, Local Enterprise Office, Tourism, Sports Partnership, Fire Service, Libraries and Museum, Health, Housing, Technology, Family Resource and Community and Voluntary Sector. We had a number of new information stands this year as we grow from strength to strength.

[Find out more >](#)



### Kerry Older People's Council AGM

The Kerry Older People's Council Annual General Meeting was held on Wednesday the 26th of June in the Rose Hotel Tralee. A new Older People's Council Executive was voted in at the AGM, with representation from all 5 Municipal Districts in Kerry.

[Find out more >](#)

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### **Bunclody Library Events, Co.Wexford**

#### **Adult Book Club – Thur 4th July at 7.30pm**

This month the club will be discussing 'Mrs England' by Stacey Halls. New members always welcome. Book available to borrow in library, just ask at the desk.

#### **Star Weaving Workshop with John Bird of Wexford Volunteer Centre - Mon 1st ,15th and 29th July and Mon 12th Aug, 11.00 - 12.30pm**

Amber's One Million Stars Ireland project is an inclusive community arts project connecting communities across Ireland in solidarity against domestic abuse and all forms of violence. Each eight-point star woven represents light, hope and solidarity against violence, promoting our project's eight points of healthy love within relationships. The aim of the One Million Stars Project is to build county-wide awareness of domestic violence regardless of age, race, gender, religion or country or origin, through the art of star weaving. No need to book - just drop in.

For further information, please telephone **053 9375466**.

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## Healing Spirit Festival 2nd-4th August 2024

Healing Spirit Festival was founded by Gearoid Teevan of Drummany Spirit in 2022. It is a no alcohol/no substance spiritual, holistic, music, art, talk and wellness festival based in the heart of Cavan's Lakeland area. Healing Spirit is a very family friendly festival.

Drummany Spirit is a community group whose aim is to support and provide a safe space for people recovering from addiction, their families and all of the community.

[Find out more >](#)



## Limerick Dementia Social Club

The Limerick Dementia Social Club opened its doors in November 2018 to persons with Dementia and their carers across Limerick. Membership is open to all with a diagnosis of or suspected Dementia across all communities as Dementia has no boundaries and does not discriminate. Held on the first Wednesday of every month from 6.30pm to 9pm in Our Lady of Lourdes Community Cafe, Rosbrien, Limerick, the club aims to provide a Dementia friendly space for persons with Dementia and their carers/family members.



[Find out more >](#)

## International Updates



## IFA Global Café | In Conversation with Ms. Kedy Kristal and Ms. Claire Hurst

IFA Global Café | In Conversation with Ms. Kedy Kristal and Ms. Claire Hurst on "The LGBTI+ intergenerational life history project: an age-friendly initiative."

28 June 2024, 07:00 A.M. EDT (US and Canada)

[Find out more >](#)

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- The Newsletter is published weekly, every Friday
- If you wish to provide information that may be included in the Newsletter please email it to: [agefriendlyireland@meathcoco.ie](mailto:agefriendlyireland@meathcoco.ie) no later than midday on the Thursday. Age Friendly Ireland retains full editorial responsibility for content of the Newsletter.

Age Friendly Ireland Shared Service, Meath County Council



Age Friendly Ireland Shared Service Office

Telephone: 046 9032170

Email: [agefriendlyireland@meathcoco.ie](mailto:agefriendlyireland@meathcoco.ie)

Healthy Age Friendly Homes Programme (Referrals)

Telephone: 046 9248899

Email: [healthyfriendlyhomes@meathcoco.ie](mailto:healthyfriendlyhomes@meathcoco.ie)

HSE Advice Line: Call save 1850 24 1850  
Call from 8am – 8pm Monday to Friday and 10am to 5pm  
Saturday and Sunday



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