

## Sláintecare.

Our population is ageing, and we must transform and adapt our health services to support older people to live independently at home. The Healthy Age Friendly Homes (HAFH) Programme is a collaboration between Sláintecare, Local Government and Age Friendly Ireland Shared Service which takes a "home first" approach to delivering on the Sláintecare goals of providing safe and timely access to care, improving patient/service user experience and bringing care closer to home.

HAFH is a support coordination scheme that aims to enable older people to age in place, reducing the need for long-term residential care. It has four key objectives:

- Enable older people to continue living in their home/a home more suited to their needs (right-sizing).
- Live with a sense of independence and autonomy.
- 3. Be and feel part of their Community.
- 4. Avoidance of early or premature admission to longterm residential care.

Individualised support is provided directly by a local coordinator positioned within the local authority. Following a home-based assessment, a personal plan is agreed with each participant to support them access a range of services e.g. housing adaptation grants, home energy improvements, health appointments, befriending, community services and technology supports.

The HAFH programme has been allocated funding for national rollout and recruitment is currently underway for each local authority to host the programme.

## Contact Us:

046-9248899 & healthyagefriendlyhomes@meathcoco.ie

## **HAFH Expression of Interest Form**

Please complete this form if you would like us to contact you with further information on the programme, or to notify you when a local co-ordinator has been appointed in your area.

The form can be returned to the co-ordinator at the event you are attending, or can be returned to us by email <a href="mailto:healthyagefriendlyhomes@meathcoco.ie">healthyagefriendlyhomes@meathcoco.ie</a> or by post to Healthy Age Friendly Homes, Meath County Council, Kells Civic Offices, Headfort Place, Kells, Co. Meath.

PARTICIPANT DETAILS (BLOCK CAPITALS)		
Full Name:		
Address: NB: Eircode		
Date of Birth:		
Contact Numbers:	L:	M:
Email Address:		



Please be advised that by completing this form, the enquirer gives consent that their details be passed to the Healthy Age Friendly Homes Team for the purpose of being provided information at a later date.