



National Updates

Older People's Conference, Co.Kerry

We have had a busy couple of days here at Age Friendly Ireland, our annual National Older People's Conference was hosted by Age Friendly Kerry and Kerry County Council.

We will have a full update of all that happened, all the wonderful speakers and all that took place featured in next week's newsletter, but for now here are a few pictures from our wonderful few days in the beautiful Kerry.



Healthy Age Friendly Homes

This week Mark Harrington, National Programme Manager of the Healthy Age Friendly Programme, Marie Nolan Healthy Age Friendly Homes Coordinator in Cork County and Jillian Robinson Healthy Age Friendly Homes Coordinator in Limerick City had an information stand at our National Older People's Council Convention.



If you would like more information on the Healthy Age Friendly Programme you can visit <https://agefriendlyireland.ie/category/healthy-age-friendly-homes-programme/introduction/> or phone our national office at **046 9248817 / 046 9248825**

Launch of An Garda Community Engagement Plan for Older People

Assistant Commissioner Paula Hilman from An Garda Síochána launched the Roads Policing & Community Engagement Plan for Older People at the National Older People's Convention in Co. Kerry.



This National Community Engagement Week is designed to achieve the collaborative objective of increased community engagement and community reassurance throughout Ireland.

Traditionally, the event has been held over the course of one day, in 2023, the event will now run for 5 days from 22nd to 26th May for National Community Engagement Week. Details of event locations are further down this page both in PDF and image format.

Over the course of the week hundreds of communities, from all across the country will have the opportunity to meet with their local Gardaí and community representatives to discuss matters of importance to them such as rural safety, crime prevention and security.

Stakeholders in these areas will be highlighting key aspects of their services to inform, guide and reassure the general public.

The objectives of the week:

Allow communities to meet and discuss safety concerns with their community Gardaí and other key stakeholders.

Promote and inform best safety and security practices - share details on the use of innovation and education to improve community safety.

Raise awareness of the many aspects of crime prevention and community safety.

Empower communities to acquire advice and knowledge that promotes and maintains personal safety and security.

This year's themes:

To promote the collaborations of the various community safety stakeholders and include priorities as outlined in the [Rural Safety Plan 2022-24](#)

For more information, click [HERE](#)



Arts Roundtable Gathering – Thursday 15th June

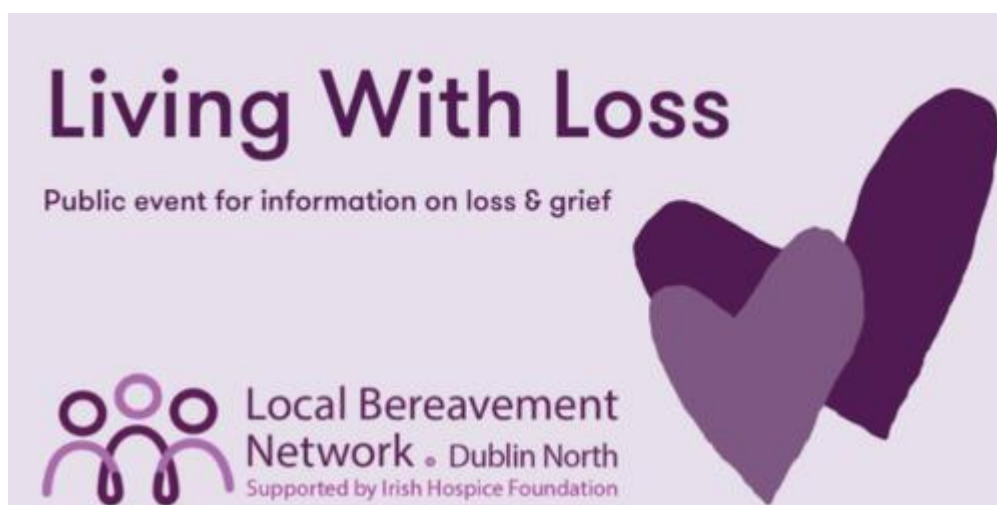
We are delighted to invite everyone involved in and / or interested in our programmes to register to attend our first Arts Roundtable Gathering on Thursday 15th June in Dublin.

As many of you know, back in 2020 with the support of Creative Ireland, we founded the Arts and Creative Engagement programme to provide people with more opportunities to discuss dying, death, and bereavement. Since then, we have explored and collaborated with

numerous artists, cultural, health, community, state agencies, and educational organisations on ways to reduce the impact of bereavement on Irish people using a diverse range of creative practices.

The purpose of this event is to share learnings from the past three years, consider a spectrum of forms of loss and creative responses, and reflect on the benefits of creative work in loss and bereavement. Films from our Digital Assets Database will also be screened with a view to promoting discussion on potential strategies for developing a formal evaluation process on the impact of arts in mental health programmes generally.

[Read more and register](#)



Living with Loss Public Event - Wednesday 17th May

The Dublin North Bereavement Network are facilitating a 'Living with Loss' event at Axis Ballymun, Dublin 9, on Wednesday May 17th. This is a free event (no registration required) for people who have been bereaved through any circumstance and / or are supporting someone who is bereaved.

[Read more and register](#)



National Bereavement Forum – Friday 16th June

This is the 6th National Bereavement Forum (NBF) hosted by Irish Hospice Foundation, the first of which was held in Dublin in 2016. This forum is for organisations or individuals who provide direct support to people who are bereaved or support bereaved people in their day-to-day work. Past attendees include bereavement NGOs, GPs, nurses, social workers, bereavement volunteers, therapists, celebrants, chaplains, counsellors, psychologists, information centre service workers, psychiatrists, Gardaí etc. Attendees work/volunteer of settings including hospital, nursing home, hospital, and the community.

[Read more and register](#)



Top-Tip April 2023


FraudSMART Monthly Focus: Text Message Scams

Text message scams - Don't click on links, attachments, or images in an unsolicited text, and don't be rushed into responding.

Niamh Davenport, Head of Financial Crime at the BPF, said, "Text message scams known as smishing *are targeting consumers in their everyday lives*. It is important to be aware of the risks posed by these scams and how to identify them. You will never receive a text from your bank directly seeking you confirm or verify your personal or financial details. If you are uncertain as to whether a text or email is genuine, ring your bank separately using the number on the back of your card, don't use contact details from the text or email. If you think you may have fallen victim to text or email scam, contact your bank immediately."



FraudSMART is a fraud awareness initiative developed by Banking & Payments Federation Ireland (BPF). FraudSMART is delighted to have teamed with Age

	<p>Friendly Ireland (AFI) for this year's campaign. Niamh Davenport will be speaking at an Age Friendly Ireland (AFI) and Garda Older Persons Association (GOPA) 'Safety and Security' seminar in Dun Laoghaire, Dublin on Wednesday, 3rd May to highlight the most common frauds targeting older people. This event follows the success of a similar event in Stillorgan in March and a briefing for SMEs with the SFA and which FraudSMART Older Persons ambassador, former Minister for Justice Nora Owen attended with Detective Chief Superintendent Pat Lordan, Head of the Garda National Economic Crime Bureau in March. Further seminars in Cavan and Monaghan will take place in May as part of the FraudSMART campaign.</p>
	<p style="text-align: center;">Exwell Weekly Zoom</p> <p>Dear ExWell Participants and Friends,</p> <p>Please join us this week on next Friday, May 12th at 5 pm for our weekly Zoom. We are delighted to welcome our Colleague Cliona McGowan (Clinical Exercise Specialist, Athletic Therapist and Programme Lead ExWell Loughlinstown) to speak about "The importance of Stretching". In addition, this week we will introduce you to another valued member of the ExWell team.</p> <p><u>The schedule is as follows</u></p> <p>5.00 pm: Welcome <i>Danny Fagan</i></p> <p>5.05 pm: Meet Our Team</p> <p>5.15 pm The importance of Stretching Cliona McGowan (Clinical Exercise Coordinator, Athletic Therapist and Programme Lead ExWell Loughlinstown).</p> <p>5.25 pm: ExWell Updates <i>Danny Fagan</i></p> <p>5.35 pm Q&A / Discussion. <i>All</i></p> <p>The link for the meeting is https://us06web.zoom.us/j/81417062121?pwd=M1JVbFRYTktVVMNkUU1tQmtBUXRsUT09</p>

Local Updates

	<p style="text-align: center;">Bunclody Library Events</p> <p>An introduction to Romanticism with Elaine Hoysted – Thursday 18th May at 7.00pm</p> <p>As part of Bunclody Library's Bealtaine celebrations, join Elaine Hoysted, independent art historian, for a talk on paintings created during the Romantic</p>
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era. Some of the artists that will be discussed include Theodore Géricault, Casper Friedrich, Goya and JMW Turner. Booking essential.

Classic Film Club – Friday 26th May 11.00am to 12.30pm

Join us for our monthly classic film for adults as part of this year’s Bealtaine Festival. Staff will select the perfect movie to take you back in time to some of the film greats. Places limited, booking essential.

To book a place for these events please telephone 053 9375466 or register online at wexfordcoco.libcal.com

Sensory Friendly Hour

Every Saturday from 4-5pm, Sensory Friendly Hour will be observed in Bunclody Library.

We encourage you to come along and relax in the calm environment of the library. No booking required. All welcome!

Wexford Town Library

Wexford Science Café. Tuesday, May 16th at 7.30pm-8.30pm

The best places to find wildflowers, the habitats, and species of plants under threat of extinction and the planting of trees in the wrong places are among the topics for discussion at Wexford Science Café with Paul Green, a self-taught botanist who has been studying the flora of Ireland since 1988. He has had a passion for all wildlife, but especially plants since he was a child.

Gone for Coffee: An Evening of Poetry Thursday, May 18th at 7.00pm.

Readings based on Denis Collins’s collection: “Gone for Coffee”. The poems were published posthumously, and the evening aims to provide a welcoming platform to be a voice for Denis, as he was for so many writers and artists during his lifetime. Selskar Writers are hosting this event in appreciation of his creative and selfless endeavours in our community through the arts, Tidy Towns and Amnesty International (to name but a few). join us to listen, read aloud your favourite poems of Denis’s, and to celebrate the unique contribution that Denis made to our town of Wexford.

Your Voice



We’ve heard about so much good work going on all around the country, please let us know what’s happening in your area so we can share those innovative ideas with everyone.

Please **email us** your news to us at agefriendlyireland@meathcoco.ie before 1pm Thursday for inclusion in our weekly newsletter.

Don’t forget we are on **social media** so why not follow us for all the up to date information and live updates on all things Age Friendly happening around the country 😊

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

International Updates



IFA Global Café | In Conversation with: Leslie Pelton, and KellyAnne Pepin on “Age-Friendly Health Systems Movement and the 4 Ms.”

The International Federation on Ageing held a Global Cafe event this morning called: In conversation with Leslie Pelton, and KellyAnne Pepin on “Age-Friendly Health Systems Movement and the 4 Ms.”

ifa Global Café
in conversation with experts

“AGE-FRIENDLY HEALTH SYSTEMS MOVEMENT AND THE 4 Ms.”

12 May 2023 **07:00 AM EDT**

Leslie Pelton
Vice President,
Institute for Healthcare
Improvement (IHI)

KellyAnne Pepin
Senior Director
Institute for Healthcare
Improvement (IHI)

a contribution to the
Decade of healthy ageing

A recording of this event will be available on the Federation’s website <https://ifa.ngo/ifa-global-cafe/> and <https://drbarometer.com/community/resource-library>

Useful Contacts and Info

Age Friendly Ireland Shared Service Office Telephone: **046 9097413**

Or Email: agefriendlyireland@meathcoco.ie

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

Website: www.agefriendlyireland.ie / www.agefriendlyhomes.ie

HSE Advice Line: Call save 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday