

National Updates

Clár Éire Ildánach
Creative Ireland
Programme
2017-2022



Older People explore their Creativity this Summer



Older adults are given an opportunity to develop their creative talents through a partnership programme between Age Friendly Ireland and Creative Ireland Programme, delivering creative initiatives to support health and wellbeing in older age.

Over this summer and autumn, older people across the country will have the opportunity to take part in new creative initiatives that are being delivered by Age Friendly Ireland. Creative Ireland Programme is funding the initiatives which respond to research on the value of creative engagement for older people's health and wellbeing.



The regional initiatives were developed in consultation with Older People's Councils, which are established citizen structures under the national Age Friendly Programme. The initiatives will be open to all older people in the community to take part allowing them sample diverse forms of creative engagement.

The six regional initiatives are being delivered by creative partners who were selected following an open call earlier this year: Music Network, Creative Lives, Music Alive, Age & Opportunity, Munster Academy of Dance and artist facilitator Rachel Lartey.

For more information on the projects and how to participate [click here](#).

Navan Silver Band performing in the South of Ireland Band Championships.

Our very own Director of Services Barry Lynch is a member of Navan Silver Band and they were performing in Clonakilty in the South of Ireland Band Championships over the weekend and did concerts in the Square following the competition.



This particular piece, called 'Blaze Away', please click on the link to view this wonderful performance:
<https://www.facebook.com/navanbrass/videos/yesterday-we-had-the-great-pleasure-of-performing-in-the-south-of-ireland-band-c/450224919873190/>

We want to encourage our Older People Council's and networks to share their musical experiences. Arts, culture, music, creativity were so important during the pandemic, and it is great to see people back performing live. We would nothing more than for you to share with us your videos, photos etc so that we can share all the wonderful and creative programmes with everyone.



Age Friendly Ireland Supports An Garda Siochana's 'SLOW DOWN' Campaign

Michael Finnegan Road Safety Officer for Meath County Council and Independent Chair of Meath's Age Friendly Alliance supports An Garda Siochana's 'Slow Down' campaign. Michael's principal role is to promote road safety and as a retired member of An Garda Siochana he has, in his own words 'sadly a lot of experience in relation to road fatalities and the principal cause of those deaths on the roads is speeding'.

Michael asks all road users to SLOW DOWN, obey speed limits and help to make life safer for everybody on the roads.

#SLOWDOWN

[Click here](#) to view Michael's message:

Age Friendly Longford and Healthy Age Friendly Homes at the Longford Agricultural Show



On Sunday 3rd July, Longford hosted their annual Agricultural Show, Longford Agricultural show is one of the oldest Agricultural Shows in Ireland.

Age Friendly Longford were proud to be there amongst the exhibitors on the day. Our very own Eileen Hughes Regional Programme Manager, Claire McNabola Longford Programme Manager and Mary Carey Healthy Homes Co Ordinator for Co. Longford were all representing on the day and were joined by members of Longford County Council, Longford's Community Safety Partnership, Longford's Local Enterprise Office and An Garda Síochana.

Visitors of all ages enjoyed the extensive shopping village, artisan and craft markets, food, children's entertainment, Henry and Hamish, and reptile zoo. Horse, Cattle, Sheep classes were all held in the main show field and arts, crafts and cookery classes were held in the marquee. Longford Agricultural Show as always are proud to promote Creative Longford and encourage creative people in the County and the surrounding areas to come along and promote and sell their products at the show.

Age Friendly Ireland presenting at the Innovation Value Institute Summit

Louise Edmonds Regional Manager from Age Friendly Ireland presented on the 30th of June 2022 at the [Innovation Value Institute](#) Summit, a Hybrid event with both physical and virtual attendance at Maynooth University. The theme of the summit, in line with the ethos and mission of the Innovation Value Institute, is Digital Transformation – Shaping the Hybrid Future.



The aim of this year’s Summit was to explore the key challenges for industry leaders, policy makers and academic researchers across various sectors.

In the morning we heard keynote addresses from industry and academic speakers, from CHIME, EY, IDA, University of Liechtenstein, Legato, SAP and Maynooth University, as listed below. This was followed by panel discussions with speakers from (HSE) Martin Curley, Derick Mitchell (IPPOSI) & Louise Edmonds, Regional Manager, Age Friendly Ireland. In the afternoon there were four parallel workshops on a range of topics that included: Health, AI Technologies, Empower-Data Governance & Europe’s Digital Future.

Louise was supported throughout this event by Anne Rizzo, Regional Manager, Age Friendly Ireland and Dr. Adrienne McCann who was appointed as the Maynooth/ Age Friendly Research Manager in 2021.

Further details on this event can be [here](#)



Libraries Ireland are giving you an Opportunity to influence their Public Libraries Strategy

Is there something you’d love to see in your local library?

Have your say about the future of libraries in Ireland! Libraries Ireland are giving you an opportunity to let them know what services are important for you to see in your local library going forward – all you have to do is answer the short questionnaire below to share your thoughts and suggestions.

Answer the questionnaire here: <https://librariesireland.ie/public-libraries-strategy-consultation>



Development of UT Campaign Symbol

Over the past years our Dementia: Understand Together campaign has been supported by the many community champions and national partner organisations, who in solidarity with people with dementia and their families are taking actions to create dementia inclusive communities.

To visually connect the many dementia inclusive activities and services across the country and to highlight that communities are working towards becoming dementia inclusive, we are in the process of creating an overarching campaign symbol/icon.

People with dementia and their families have told us of the positive impact a symbol of inclusivity can have, and champions and partners feel that the symbol can support and raise awareness of the work they are doing nationally and locally.

We would greatly appreciate your input into the design of the symbol and the variety of display resources which would work for you in your community and your organisation.

On Tuesday July 19th we will hold an online interactive session to show you initial design ideas from our creative agency and gather your thoughts and feedback.

There are two time slots to choose from

10-11am – Tuesday 19 July or

3-4pm – Tuesday 19 July

If you are able to attend, please respond by email to Aine Hutcherson, Dementia: Understand Together campaign manager at

aine.hutcherson@hse.ie and indicate which time slot works for you. **We would appreciate if you could come back to Aine by July 13th.**



Public Consultation - Draft Recommendations on a model for health information standards to support the delivery of health and social care services in Ireland

HIQA is undertaking a consultation on Draft Recommendations on a model for health information standards to support the delivery of health and social care services in Ireland, available [here](#).

HIQA developed these draft recommendations to support the safe and efficient sharing of health information across our health and social care system and to progress towards a national integrated health information system. Strengthening how health information standards are developed and ensuring they are implementable in health information systems is crucial. This project is aligned with key national eHealth priorities, including Sláintecare. It also follows on from HIQA's paper on the need to reform Ireland's health information system (2021), which made six recommendations — across strategy, leadership, legislation, workforce, standards and interoperability and infrastructure — to establish an effective and efficient national health information system.

Through this public consultation, we want to hear your views to ensure that patients, their families and carers, professionals, organisations, and the general public can provide their views and contribute to the development of these recommendations. All feedback received will be analysed and used to inform the final recommendations.

You can find a comprehensive review of international best practice of health information modelling which is available [here](#) and informed the draft recommendations.

You can take part in the consultation by completing our online feedback survey which is available [here](#).
Alternatively you may download an electronic copy of our feedback form available [here](#).
The completed feedback form can be emailed to us at technicalstandards@hiqa.ie or you can print the feedback form and post it to:
Technical Standards Public Consultation
Health Information and Quality Authority
George's Court
George's Lane
Smithfield
Dublin 7
D07 E98Y

This consultation will close on Tuesday, 02 August 2022.
We wish to thank you in advance for taking the time to submit your comments. We value your opinion and look forward to receiving your feedback.
If you have any questions you can contact the consultation team by emailing technicalstandards@hiqa.ie.



An Roinn Comhshaoil,
Aeráide agus Cumarsáide
Department of the Environment,
Climate and Communications

Climate Conversations 2022 Launch

Last Friday we launched the Public Consultation element of the Climate Conversation 2022 (CC22) which can be found here - [Climate Conversation 2022](#).

Climate Conversation 2021 articulated a public who are responsive and feel a sense of urgency, an enthusiasm to work with the government, and identified where people are making changes and where they feel they lack information, knowledge, resources, or capacity. People also asked for 'joined up thinking' and 'ambitious policies' to be reflected 'where they live'.

We invited you to take part in a focus group discussion and are beginning the process of interviewing experts across a variety of areas relating to engagement on climate action. This 10-week campaign asks the public and stakeholders questions about their awareness, engagement, and climate literacy, how they feel about climate change, and how actions in these areas by individuals, communities and Government can help us realise our ambition of becoming a carbon-neutral society. We also provide an option for all respondents to answer questions across a broad range of sectoral areas. We would like to thank you all for your contributions in the development of this consultation. We will be analysing the results and producing a Climate Conversation 2022 Report which will present the findings by data source (focus group, PPN, online consultation, and interviews) and by sectoral area. This will provide insights for the Climate Action Plan 2023 and also other sectoral policies.

We would be delighted if you could take the time to complete the online survey, and if you could share it with your personal network, as the more responses we receive the more information we'll have to feed into, and shape, the next iteration of the Climate Action Plan.

The [Climate Jargon Buster](#) is designed to help, as people read through the content and questions.

[Climate Conversation 2022](#) is being conducted in line with strict data protection rules, and for this reason is open only to those over 16. Under 16s will be consulted through focus groups and representatives from the National Youth Assembly on Climate.



Emergency Services Ireland - Summer 2022 Digital Edition



[IRELAND LACKS CYBER-ATTACK AWARENESS AND RESILIENCE, INDUSTRY EXPERTS CLAIM](#)

The government has been called upon to reevaluate its National Cyber Security Strategy, in light of what one independent senator describes as Ireland's 'disjointed' intelligence and security system, whilst leading cyber security industry experts have cited a need for the business sector to share information on cyber-related attacks in order to help bolster Ireland's cyber resilience.



[AN GARDA SÍOCHÁNA CENTENARY COMMEMORATED WITH SERIES OF EVENTS DURING THE YEAR](#)

Several initiatives and events are taking place throughout the year to mark the centenary of the establishment of An Garda Síochána in 1922, the occupation of the Four Courts and the enactment of the Irish Free State Constitution.



Unifying Generations: Building the Pathway to Intergenerational Solidarity

Dr Adrienne McCann, Research Manager with Age Friendly Ireland and Maynooth University, was invited as an expert panel speaker at the launch of the **Unifying Generations** report in Brussels on the 21st June, funded by EdwardsLifesciences.

The study is the first of its kind looking at barriers and facilitators



"All age groups, but especially older generations, need to be involved in helping to create solutions so that they are relevant and long-lasting."

It's important to identify common interests that both age groups are passionate about."

Dr Adrienne McCann
Innovation Value Institute,
Maynooth University/ Age Friendly Ireland

#UnifyingGenerations

to intergenerational relationships, combining perspectives from both younger and older cohorts across six countries. The study captured views from 12,850 participants, exploring their perception of how younger and older generations already support each other, but also how we can further enhance this relationship.

The survey explored the role older people play in younger people's lives and their positive impact on younger generations. More than 4 in 5 (83%) of younger generation respondents say **the support provided by the older generation in their daily life is very important** or somewhat important. The financial contribution made by over-65s was found to be even more significant. **Seven out of ten older persons provide financial support to the younger generations within their family.**

Friendship, learning, mental and emotional wellbeing are the most important benefits identified by all respondents in relation to intergenerational relationships. Listening and giving advice (56%) is the thing younger generation respondents consider to be the most important or valuable thing older people can offer to younger people, **while older people seem to underestimate the value they can bring through mentoring**, with only 12% believing that it would be valuable to younger generations.

These are just some of the key findings from the report which you can read here: https://www.edwards.com/wp-content/uploads/sites/3/2022/06/Edwards_Unifying-Report-On-line-version.pdf

ExWell Zoom



Dear ExWell Participants and Friends,
Please join our weekly Zoom on **Friday July 8th at 5 pm**. This week we will hear from one of our recent intern students about his research project, as well as discussing Tremor.

As usual, please share this link with anyone you feel might enjoy or benefit from hearing more about ExWell

The schedule for Friday is:

- 5.00 pm: Welcome
- 5.05 pm: Research Study Report: Sasha Ricken O'Leary - The effectiveness and feasibility of conducting musculoskeletal pre-exercising screening before participation in group community-based exercise rehabilitation.
- 5.25 pm: Exercise in Long Covid: Noel McCaffrey
- 5.35 pm: ExWell Updates.
- 5.45 pm: General Discussion
- 6.00 pm: Close

The link for the meeting is below:

Join Zoom Meeting

<https://us06web.zoom.us/j/84547242751?pwd=Tmo3dDExTTJCamNnNGRuN3FidE9lZz09>

Can We

Help?



Age Action's Care and Repair does small DIY jobs, free of charge, for older people to help them maintain their homes and their independence.

Age Action's Care and Repair prioritises carrying out jobs in the homes of older people who are being discharged or have recently been discharged from hospital. If someone is coming out of hospital, no matter where they live, we would support them to make sure their home is safe.

Care and Repair can remove trip hazards, install handrails, replace toilet seats or move a bed downstairs to make sure the home is ready for their return.

If you require work done in your home to make it safer after a stay in hospital we can help.

If you are a professional working with older people who would benefit from this service you can download a referral form from www.ageaction.ie.

For all other queries about Care and Repair please contact us using these numbers:

Age Action national line: 0818 911 109

Age Action in Dublin: 01 4756989

Age Action in Cork: 021 2067399

Age Action in Galway: 091 527831

Email: careandrepair@ageaction.ie

Age Action
Age Equality

care+
repair



comhairle chontae na mí
meath county council



CCMA
Cumann Lucht Bainistíochta Contae agus Cathrach
County and City Management Association



Seminar on Ageing and Creativity

Damer House Gallery invites you to a seminar on Ageing & Creativity in The Black Mills Roscrea on July 16, 2022.

The Keynote Speaker is [Prof. Colin Doherty](#), Consultant Neurologist in St.James's Hospital, Consultant, Clinical Medicine, TCD, & The [Na Cailleacha](#) Collective.



Prof. Doherty will speak on the Neurobiology of drawing in health and disease: How the ageing brain works to represent reality. Research into ageing suggests that participating in activities such as singing, theatre performance and the visual arts could support the well-being of older adults and that creativity can lead to greater longevity.

This seminar will explore creativity and ageing using the knowledge and experience of the Na Cailleacha Collective, both as a group and as individual artists. Na Cailleacha is a collective of five visual artists, one jazz musician and a curator/writer who have come together as a collective.

Places are limited & booking is essential. Admission €15 incl booking fee
Further details and to reserve a place click on link below.

[Seminar: Ageing and Creativity](#)

Living Well

A programme for adults with long-term health conditions



Living Well is a free **online** group programme delivered over six workshops (2.5 hrs x 6). It is delivered by trained leaders, most of whom are also living with a long-term health condition.

You will develop self-management **skills and confidence** to live well with your health conditions.

Upcoming Living Well Programmes

Day	Start date	Finish date	Time
Monday	26 th September 2022	14 th November 2022	10.30am – 1.00pm

To book your place contact

Helen: 087 396 4307

www.hse.ie/LivingWell



Long-term health conditions include (but are not limited to) COPD, asthma, diabetes, stroke, heart conditions, multiple sclerosis (MS), arthritis, cancer, Crohn's disease, chronic pain and depression.



Sláintecare.



This is an SMRC Evidence Based Self Management Programme originally developed at Stanford University. This project has received funding from the Government of Ireland's Sláintecare Integration Fund 2019 under grant agreements numbers 38, 78,185, 219, 413, 418.

Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone.

Please email us your news to us at agefriendlyireland@meathcoco.ie for inclusion in our weekly newsletter

International Updates



IFA Global Cafe | In Conversation with Ms. Jane Teasdale and Ms. Jayne Armstrong on “Person Centered Care & The Seniors' Outdoor Activation Toolkit”



The International Federation on Ageing held a Global Cafe event this morning called – **In Conversation with Ms. Jane Teasdale and Ms. Jayne Armstrong on “Person Centered Care & The Seniors' Outdoor Activation Toolkit”**

A recording of this event will be available on the Federation’s website

<https://ifa.ngo/ifa-global-cafe/> and

<https://drbarometer.com/community/resource-library>

Useful Contacts and Info

Age Friendly Ireland Shared Service Office Telephone: **046 9097413**

Or Email: agefriendlyireland@meathcoco.ie

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

Website: www.agefriendlyireland.ie / www.agefriendlyhomes.ie

HSE Advice Line: Callsave 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday