



We would like to wish you all a lovely Easter from everyone in Age Friendly Ireland

National Updates

A SPOTLIGHT ON AGE FRIENDLY IRELAND | POLICY TO PRACTICE | WEBINAR 5 - TRANSPORTATION



On Tuesday 12th April we hosted our 5th webinar on Transportation in the Soltice Theatre in Navan. We had wonderful presentations given by our wonderful, who consisted of Catherine McGuigan, Chief Officer, Age Friendly Ireland, Naomi Rooney, Transport Accessibility Manager at the National Transport Authority (NTA), Miriam McKenna, Manager, Flexibus - Louth, Meath & Fingal Local Link, Karen Fennessy, Clare Age Friendly Programme Manager, Maura Murphy, Mayo Age Friendly Programme Manager, Anne Rizzo, Age Friendly Regional Programme Manager.

Naomi Rooney from the National Transport Authority spoke about accessibility improvements in public transport. Miriam McKenna of Flexibus (Local Link) described the development of the service, accessibility of vehicles and the important role it plays in the community as a social enterprise that links rural communities. Our Regional Programme Manager and Programme Managers gave an overview of the age friendly airport project with Ireland West and Shannon airports in the west of Ireland.

If you were unable to tune in on the day, you can view the webinar by clicking on the link:

<https://www.youtube.com/watch?v=PCr7NnA9g30>

Also don't forget or follow us on social media for up to date information and live updates on webinars and launches 😊

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

World Health Organization visits Buvinda House

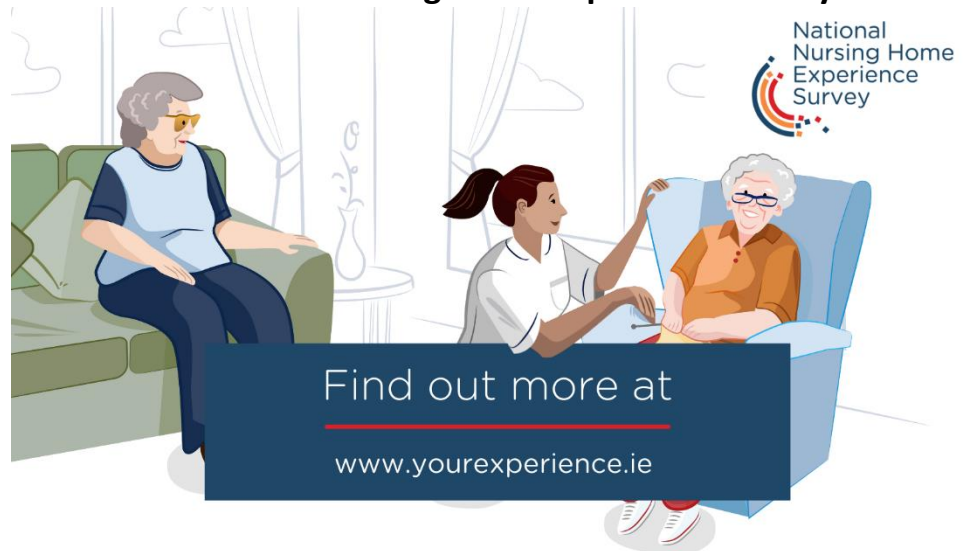
Age Friendly Ireland Team and An Cathaoirleach Cllr Sean Drew were delighted to welcome Dr Thiago Hérick de Sá, PhD, from the World Health Organization to Buvinda House.

Dr Thiago travelled to Ireland to attend last weeks launch of Croke Park which saw Croke Park Stadium being formally recognised as being Age Friendly by the World Health Organisation Global Network of Age Friendly Cities and Communities and Age Friendly Ireland, as the first Age Friendly Stadium in the World.





National Nursing Home Experience Survey



The National Nursing Home Experience Survey is underway and postal surveys have been sent to family members and friends of residents living in selected nursing homes.

By listening to, understanding and acting on people's experiences of care, we want to ensure that the needs of people living in nursing homes are met.

If you receive an invite, please take the time to speak about your experience of nursing home care and the improvements you would like to see.

You can return the completed survey in the Freepost envelope, or fill out the online survey at: <https://survey.yourexperience.ie/>



Coimisiún na hÉireann um Chearta
an Duine agus Comhionannas
Irish Human Rights and Equality Commission

Equality and Human Rights in the Public Service.

Launch of new eLearning Module for Public Service Staff



Sinéad Gibney, Chief Commissioner of the Irish Human Rights and Equality Commission is pleased to invite you to the launch of our new introductory eLearning module ***Equality and Human Rights in the Public Service***.

Mr. Roderic O’Gorman T.D. and Minister for Children, Equality, Diversity, Integration and Youth will formally launch the eLearning module at the event.

The Irish Human Rights and Equality Commission have developed this **introductory eLearning module** to help public bodies meet equality and human rights standards, and their statutory obligation to implement the Public Sector Equality and Human Rights Duty.

Please join us for the launch on Zoom.

Special Requirements

Please feel free to let us know if you have any special requirements, for example ISL interpretation, accessibility. This will help us in our preparations for the event.

Notice

If you no longer require information in relation to the activities of the Irish Human Rights and Equality Commission, or if you are no longer the correct contact for your organisation, please advise us at your earliest convenience at publicsectorduty@ihrec.ie

April 2022

25

Date

Monday 25th of April
2022

Time

12pm -13.30pm
Please arrive at 11.45

Venue

Zoom

RSVP

[REGISTER](#)

Please RSVP by clicking the register button or emailing rsvp@ihrec.ie

Include **“eLearning launch”** in the subject line before **Friday 22nd of April 2022.**



Rialtas na hÉireann
Government of Ireland

Government announces further measures to help households with rising cost of energy

The government have agreed to a number of new measures to help address the rising costs of energy.

They include:

- VAT on gas and electricity will be cut from 13.5% to 9% until the end of October
- excise reductions on petrol, diesel and green diesel will also be extended to Budget Day
- 370,000 Fuel Allowance recipients will receive a €100 lump sum
- a further reduction in green diesel excise levy

These are in addition to the €2 billion worth of cost of living measures announced as part of Budget 2022

<https://www.gov.ie/en/press-release/0a129-government-announces-further-measures-to-help-households-with-rising-cost-of-energy/>



Masculinities and Men's Health Webinar

HSE Health and Wellbeing will host the first in a series of webinars on Masculinities and Men's Health on the 26th April from 12:00 – 13:00. You can register here: <https://bit.ly/3wWX4v8>. This webinar will focus on farmer's health and highlight the newly launched research report on the Farmers Have Hearts initiative. This series of webinars is brought to you in partnership with the Men's Health Forum in Ireland, the National Centre for Men's Health Research in IT Carlow, and the Men's Development Network.

Tobacco Endgame, Nobody Left Behind Conference Save the Date: 31st May 2022



The HSE Health and Wellbeing, Tobacco Free Ireland Programme invites you to register your interest to attend our upcoming conference; Tobacco Endgame, Nobody Left Behind. The event will explore the key elements and strategies for a Tobacco Free Ireland. It will be an all-day event and will be held at the Aviva Stadium on World No Tobacco Day, Tuesday 31st May.

Please complete this survey to register your interest to attend -

<https://www.smartsurvey.co.uk/s/A8241K/>

Please note: Completion of this survey does not guarantee you a place at the conference. Formal invitations to register for the conference will issue on the 25th April.



comhairle chontae na mí
meath county council



THE OPEN COMMUNITY



Would you like to get involved and help out those arriving to Ireland?

THE OPEN COMMUNITY

The Open Community is the national support organisation for Ireland's Community Sponsorship Programme for Refugees. The Open Community engages and supports people all over Ireland to welcome refugees into their local communities.

The Open Community represents a collaborative partnership between the programme's key partners, who work collectively to develop supports and resources that help to grow and scale the programme.

For more information click below:

<https://theopencommunity.ie/about-the-open-community/>

RED CROSS MIGRATION PROGRAMME

Your vacant property or spare rooms could change a life. Please pledge today. The Red Cross was founded on the idea that help should always be available to people in their time of need.

We are looking for vacant properties and spare rooms so that we can help people arriving into Ireland integrate into our communities.

We hope to match these properties with people needing places to live.

When matching pledges, we always consider the best interests of hosts and their communities and the best interests of the people we are working to support. If we find a successful match, the Irish Red Cross Migration Team will be on hand to support all parties at every step.

Don't have a room or property to pledge but still want to help? Find out how you can pledge your time, professional support or offer of goods.

For more information click below:

<https://registerofpledges.redcross.ie/#/>



Dementia: Understand Together April update

Research - Opportunity to participate in focus group
UCC are currently developing a guidance document on how Dementia Service Providers and Community Groups can support people with Younger Onset Dementia and their families. UCC are holding focus groups with Dementia Service Providers and representatives from Community Groups to examine their experiences of working with people with dementia and/or their insight into how people with young onset dementia may be better included in community activities. They are specifically looking for representatives from transport, retail, the Guards, Men's Sheds, Libraries as well as family resource centres and community/sports partnership programmes.

The proposed date for the focus group is Tuesday 26th April at 11am, but Caroline Kilty is happy to accommodate those who wish to join the



conversation on another day. Please contact Caroline directly on 085 764 1000 and or by email caroline.kilty@ucc.ie to express your interest in joining a focus group and to support the development of this important resource.

Upcoming Events

• Men's Sheds

This Thursday sees the start of the Men's Sheds Walking Football Programme, in association with Age & Opportunity and Sport Ireland. You don't need to be a Maradona or a Messi - walking football is for everyone, of whatever age. If you thought your playing days were done, think again!

When: The 5 week programme starts this Thursday, April 14th from 11am to 1pm.

Where: Inspire Fitness Centre, Ratouth Road, Cabra, Dublin 7.

For more information you can contact Lorraine at (01) 8916150 or email lorraine@menssheds.ie

• Bealtaine

Bealtaine is Ireland's national festival which celebrates the arts and creativity as we age. The festival is run by Age & Opportunity, the leading national development organisation working to enable the best possible quality of life for us all as we age.

You can now register your event to be part of the national programme of events for Bealtaine 2022 here <https://bealtaine.ie/registration/> or contact arts@ageandopportunity.ie Event registration will remain open until the end of the festival in May.

• HSE Health and Wellbeing: Webinar series

HSE Health and Wellbeing will host the first in a series of webinars on Masculinities and Men's Health on the 26th April from 12:00 – 13:00. You can register here: <https://bit.ly/3wWX4v8>.

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Conferences

• Engaging Dementia

The 14th international Dementia Conference will take place on November 14th and 15th in Croke Park and the call for abstracts is now open. The theme of this year's conference is "Fostering a Dementia Inclusive Ireland". Across the country you have been working on making our communities inclusive and this is a wonderful opportunity to share your work with others.

Abstracts can be submitted until May 12th. This is a link to the application form. <https://www.understandtogether.ie/news-and-events/news/abstract-application-form-international-dementia-conference-2022.pdf>

- **Alzheimer Europe**

Alzheimer Europe are inviting abstract submissions for the upcoming 32nd Annual Conference which will take place in Bucharest, Romania, from 17 to 19 October 2022, under the banner “Building Bridges”. This event will be mainly in-person but will include some broadcast elements such as plenary sessions, and other carefully selected parallel sessions and symposia to allow those still unable to travel to participate from the comfort of their home or office.

The call for abstracts will close on 15 May 2022. [Click here for more information.](#)

- **HSE Health and Wellbeing**

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Local Updates



Comhairle Contae
Fhine Gall
Fingal County
Council



Fingal County Council hosts Intergenerational Practice Masterclass

Integration Practice “aims to bring people together in purposeful, mutually beneficial activities which promote greater understanding and respect between generations and contributes to building more cohesive communities” (Beth Johnson Foundation, 2011).

Fingal County Council hosted a masterclass on Intergenerational Practice on Thursday 7th April 2022 in the Hilton Airport Hotel, Dublin. The event was a collaboration between the Community Development Office and Fingal’s Community Facilities Network.

Although Fingal’s Community Facilities Network hold regular masterclasses for members, due to interest in the topic among organisations who collaborate on initiatives with Fingal County Council, invitations were extended to these organisations.

Over 60 participants working in services as diverse as youth work, family support services, addiction services, community centres, day centres, sports facilities, childcare services, active age groups and



Fingal County Council sports, community and integration offices were in attendance.



The masterclass was opened by Mr. Robert Burns, Director of Services, Housing and Community, Fingal County Council. Dr. Carmel Gallagher and Dr. Anne Fitzpatrick gave a presentation on the principles and benefits of intergenerational practice. Case studies on intergenerational practice in the early years sector were presented by Ms. Rachael Duff and Ms. Breege McGinty. Ms. Vicki Titterington, Director, Linking Generations Northern Ireland provided practical advice on developing intergenerational projects.



Roundtable discussions provided participants with an opportunity to discuss possible projects, identify potential partners and provide feedback. Following feedback and a question and answer session which addressed opportunities and challenges, the proceedings closed. While an evaluation has yet to be completed, feedback has overwhelmingly been positive.



Your Tenement Memories

May-June 2022

Dublin City Council Culture Company is inviting the public to come and share their stories of tenement Dublin. *Your Tenement Memories* will kick-off with an **Open Day on Tuesday, 3rd May from 10am - 12pm and 2pm to 4pm in 14 Henrietta Street, Dublin 1.**

We are collecting the memories of those who lived in a tenement, knew someone who did, or worked in or around the tenements. The *Your Tenement Memories* initiative ensures the preservation of the lives and memories of tenement Dublin.

The Culture Company's previous work collecting and preserving stories of the lives of Dubliners through tenement times has been recognised internationally for community participation and inclusion with its awards of European Heritage Days (Council of Europe 2019) and the prestigious European Museum of the Year (Siletto Prize 2020). *Your Tenement Memories* is supported by the Heritage Council under its Heritage Capacity Fund 2022.

We welcome you to pop in and reminisce, so that we can capture your living history and preserve it for generations to come.

We will travel and host events throughout the City in May and June. Not all of the places and dates are confirmed, but here are some of the initial dates and places for *Your Tenement Memories* sessions in the following areas:

MAY

3 May	10.00-12noon & 2pm-4pm	14 Henrietta Street, Dublin 1
10 May	10.00 - 1pm	Cabra Library, Dublin 7
11 May	10.00 - 1pm	Ballymun Library, Dublin 9
16 May	10.00 - 12noon	Ballyfermot Library, Dublin 10
18 May	10.00 - 12noon	Richmond Barracks, Inchicore, Dublin 8
23 May	10.00 - 12noon	Pearse Street Library, Dublin 2
24 May	10.00 - 1pm	Finglas Library, Dublin 11
31 May	10.00 - 1pm	Central Library, ILAC Centre, D 1

JUNE

Some further sessions will be confirmed and communicated in the coming weeks

7 June	2pm - 4pm	Walkinstown Library, Dublin 12
8 June	10.00 - 12noon	Coolock Library, Dublin
20 June	10.00 - 12noon	Kevin Street Library, Dublin 2
28 June	10.00 - 12noon	Dolphin House community centre, D 8

Please feel free to share this with anyone you know who may be interested.

We have posters, leaflets and social media information available which we can share with interested groups to disseminate to their members.

Contact memories@14henriettastreet.ie for more information or to request any support or materials relating to these events

Age Friendly Outreach Program Event



Established in 2019, The Limerick Opera Festival was created to bring opera to all through a wide variety of live performances, operatic renditions, exhibitions and community events.

With a splendid operatic history, Limerick has produced many iconic figures of the operatic genre - from European idol Catherine Hayes, to Joseph O'Mara, to (in more recent times) Suzanne Murphy. The aim is to foster a community that celebrates our past and brings beautiful creations into our future. The Limerick Opera Festival will host a number of events ranging from performances to workshops starting tentatively in May 2022

As part of the Festival of Events there will be a Community Opera/ Age Friendly Workshop presented by the renowned Una Hunt and soloists in St Marys Cathedral on May 24th 2022. The workshop will give a wonderful insight into the workings/presentation of operatic performance.

More information on the event can be found on the website: www.limerickoperafestival.ie

Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone. Please email us your news to Rachel at rleavy@meathcoco.ie Information is one thing we can share right now!

International Updates



International
Federation on
Ageing

IFA Global Cafe | In Conversation with Dr Champion N. Nyoni on "Older Adults Care in Nursing Education in Africa"

The International Federation on Ageing held a Global Cafe event this morning called – **In Conversation with Dr Champion N. Nyoni on "Older Adults Care in Nursing Education in Africa"**.



A recording of this event will be available on the Federation's website <https://ifa.ngo/ifa-global-cafe/> and <https://drbarometer.com/community/resource-library>

Useful Contacts and Info

Age Friendly Ireland Shared Service Office Telephone: **046 9097413**
Or Email: agefriendlyireland@meathcoco.ie

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

Website: www.agefriendlyireland.ie / www.agefriendlyhomes.ie

HSE Advice Line: Callsave 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday