

National Updates

SAVE THE DATE for A SPOTLIGHT ON AGE FRIENDLY IRELAND | POLICY TO PRACTICE | WEBINAR 5 - TRANSPORTATION



INVITATION TO:
A SPOTLIGHT ON AGE FRIENDLY IRELAND
POLICY TO PRACTICE

REGISTER HERE

WEBINAR 5 | 12TH APRIL 2022 | 12.00 - 2.00pm

TRANSPORTATION



SPEAKERS

- **Tim Gaston** | Director of Public Transport Services (PTS) at the National Transport Authority (NTA)
- **Miriam McKenna** | Manager, Flexibus - Louth, Meath & Fingal Local Link
- **Karen Fennessy** | Clare Age Friendly, Programme Manager
- **Maura Murphy** | Mayo Age Friendly, Programme Manager



WHO Global Network
for Age-friendly Cities
and Communities



comhairle chontae na mí
meath county council

Post-15th Global Conference on Ageing Thematic Discussions Among Experts Webinar

IFA are delighted to share details of the upcoming webinar as part of the series, *Post-15th Global Conference on Ageing Thematic Discussions Among Experts*:



Post-15th Global Conference on Ageing Thematic Discussions Among Experts

Ms. Catherine McGuigan
Age Friendly Ireland

Dr. Jane Barratt, Moderator
International Federation on Ageing

Ms. Stephanie Firestone
AARP

Age-Friendly Environments
Embedding healthy ageing considerations within the built environment

📅 12 April 2022 🕒 12:00 - 13:00 EDT

Title: Age-Friendly Environments: Embedding healthy ageing considerations within the built environment
Date: Tuesday 12th April 2022
Time: 12:00 – 1:00 pm Eastern Time

Please click here to register:

Registration link: <https://bit.ly/35mDv4b>

Croke Park is now an Age Friendly Stadium.

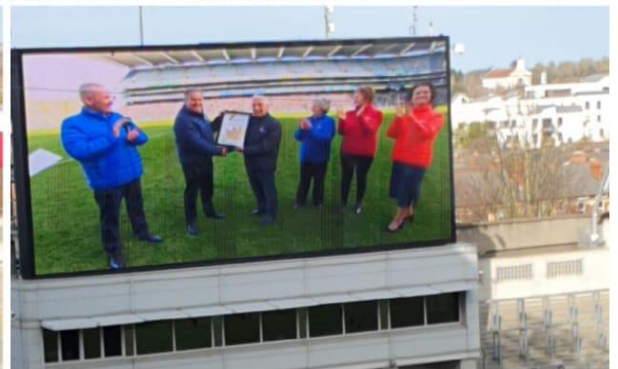
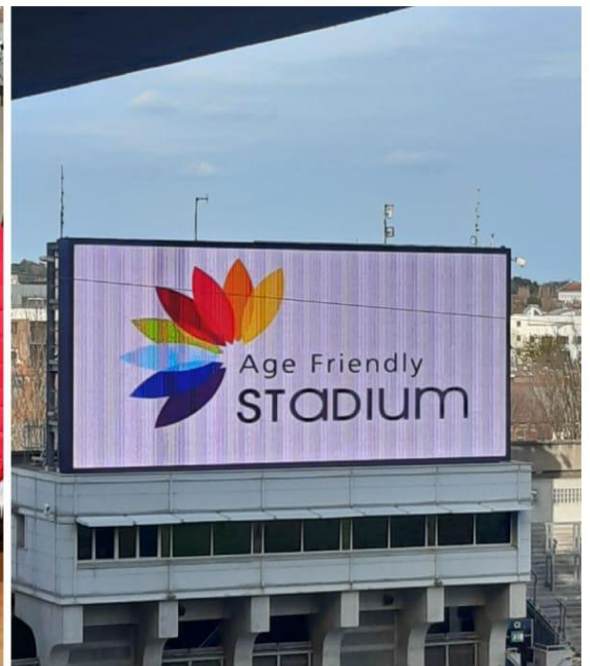
On Sunday 3rd March, in Croke Park Stadium, Age Friendly Ireland was delighted to present Croke Park with an Age Friendly Charter stating that Croke Park is now an Age Friendly Stadium and the first in Ireland.

Present on the day was Catherine McGuigan Chief Officer of Age Friendly Ireland Shared Service, Jackie Maguire Chief Executive of Meath County Council, Pat Dowling Chief Executive Clare County Council and Chair of National Network of Age Friendly Alliance, Sylvia McCarthy Age Friendly Ireland Communications and Network Manager, Sean Boylan Age Friendly Ambassador for Co. Meath, Kitty Hughes Chair of the Older People's Council, Kevin Molloy Vice Chair of the Older People's Council and other Age Friendly staff members.



It was an honour for us to have Meath Age Friendly Ambassador Sean Boylan present the Age Friendly Stadium charter to Peter McKenna, Stadium Director at Croke Park, the home of our National game during half time of the match.

Croke Park are working hard to ensure their stadium is accessible to everyone throughout their life course. Well done Croke Park and GAA.



Croke Park Stadium has been formally recognised as being Age Friendly by the World Health Organisation Global Network of Age Friendly Cities and Communities and Age Friendly Ireland.

The stadium has improved its accessibility, such as access routes, accessible seating and signage, and it has also committed to delivering staff training and discounted tickets for older fans.

Older people are also valued members of the stadium's workplace and volunteer workforce. Actions are also being implemented across the wider GAA community to ensure that older people continue to feel included in the life of the community.

Initiatives such as the GAA's Social Initiative, its Health and Wellbeing work and the GAA volunteer response to Covid, demonstrate the association's commitment to being Age Friendly.



You can read the full press release [by clicking here](#)



Men's Sheds Walking Football

Come and Try!

Date: Thursday 14th of April

Time: 11am - 1pm

Venue: Inspire Fitness Centre,
Ratoath Road,
Cabra, Dublin 7
D07 P973



**Wear comfortable
clothing &
footwear**

Tea, coffee &
refreshments
provided

- Walking Football demonstration
- Practice match with other Sheddors
- How to get your Shed started

For more information, contact Lorraine on
(01) 8916150 or email Lorraine@menssheds.ie



Music Capital Scheme - prioritisation of music performing groups working with older people

Music Network in relation to our Music Capital Scheme, which provides funding for the purchase of musical instruments and is currently open for applications until 21st April. For the current round of the scheme, applications from organisations who can demonstrate that their musical activities involve participants aged 65 and older will be prioritised for funding under Award 1. We want to make sure that all music organisations working with older people are aware of this prioritisation and encourage them to apply for funding and to avail of all the supports available during the application process.

- **Music Capital Scheme - Award 1** supports the purchase of musical instruments by non-professional performing groups. For the current round of the scheme, applications from organisations who can demonstrate that their

musical activities involve participants aged 65 and older will be prioritised for funding under Award 1.

For more information, please view the Award 1 Guidelines [here](#), and a recorded information session on Award 1 [here](#).



There are various supports available for Award 1 applicants during the application process, and we're pleased to announce that free one-to-one sessions with the following industry experts are currently open for booking:

Margaret O'Sullivan (governance)

Liz Doherty (strategic and artistic planning)

Mairéad O'Reilly (creation of recordings)

Please contact Sarah Ledwidge at Music Network if you would like to avail of this opportunity to support your application –

programmesadmin@musicnetwork.ie

You can also contact Music Network's Music Capital Scheme Administrator, Sarah Cunningham, regarding any questions relating to the application process – capitalscheme@musicnetwork.ie, +353 (0) 83 095 5956 .

Applications will be accepted until 2pm, Thursday 21st April 2022.

SENIORS SHOW - CLAYTON WHITES HOTEL WEDNESDAY, APRIL 27TH, 10.30AM

FREE ENTRY

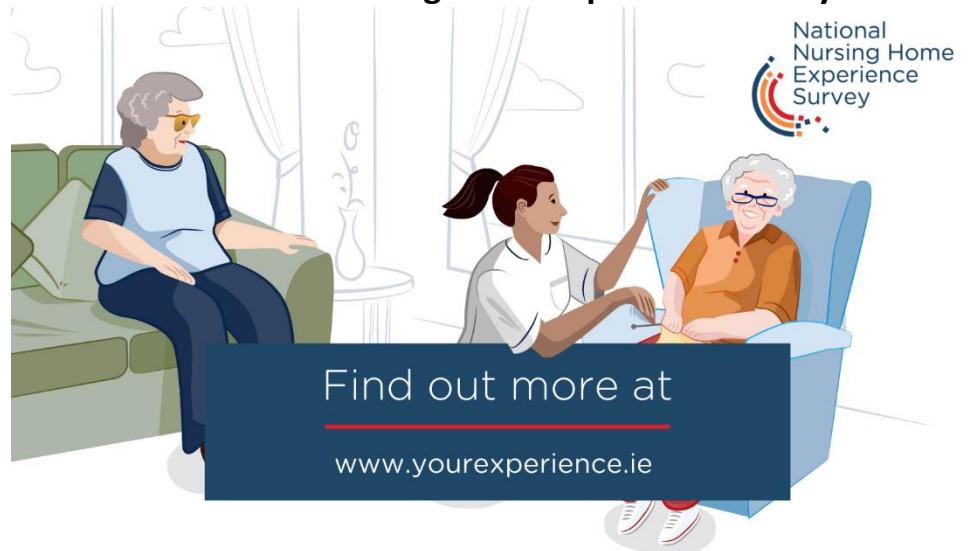


**Come along for a great day of TALKS,
DEMONSTRATIONS, FREE EYE & HEARING TESTS,
MUSIC, SONG AND DANCING.**

**CONTACT GERRY FOR MORE INFORMATION
GERRY@GUERINMEDIA.IE**



National Nursing Home Experience Survey



Find out more at

www.yourexperience.ie

The National Nursing Home Experience Survey is underway and postal surveys have been sent to family members and friends of residents living in selected nursing homes.

By listening to, understanding and acting on people's experiences of care, we want to ensure that the needs of people living in nursing homes are met.

If you receive an invite, please take the time to speak about your experience of nursing home care and the improvements you would like to see.

You can return the completed survey in the Freepost envelope, or fill out the online survey at: <https://survey.yourexperience.ie/>



Masculinities and Men's Health Webinar

HSE Health and Wellbeing will host the first in a series of webinars on Masculinities and Men's Health on the 26th April from 12:00 – 13:00. You can register here: <https://bit.ly/3wWX4v8>. This webinar will focus on farmer's health and highlight the newly launched research report on the Farmers Have Hearts initiative. This series of webinars is brought to you in partnership with the Men's Health Forum in Ireland, the National Centre for Men's Health Research in IT Carlow, and the Men's Development Network.

Tobacco Endgame, Nobody Left Behind Conference Save the Date: 31st May 2022



The HSE Health and Wellbeing, Tobacco Free Ireland Programme invites you to register your interest to attend our upcoming conference; Tobacco Endgame, Nobody Left Behind. The event will explore the key elements and strategies for a Tobacco Free Ireland. It will be an all-day event and will be held at the Aviva Stadium on World No Tobacco Day, Tuesday 31st May. Please complete this survey to register your interest to attend - <https://www.smartsurvey.co.uk/s/A8241K/>
Please note: Completion of this survey does not guarantee you a place at the conference. Formal invitations to register for the conference will issue on the 25th April.

Local Updates



Cork City Council launches age-friendly seating in the city centre with plans for an increased roll-out



Trying out the new seating were Linda Horgan, occupational therapist, Gillian O'Sullivan of Cork City Council; along with Cork Age Friendly City older persons representatives; Nora O'Donovan, Noel Dempsey, Phil Ní Mhurchú and Finbarr Coughlan; and, standing, John Mullins of Amarenco. Picture: Brian Loughheed

CORK City Council has officially launched its age-friendly seating in the city centre, with plans for more work later in the year.

Made possible with funding from the National Transport Authority (NTA), the retrofitted age-friendly seating is attached to the concrete and marble plinths in five locations in the city centre, including Grand Parade, Cornmarket St, and Patrick St.

The retrofitting includes wooden slats and backs, and armrests, in order to meet the criteria identified to qualify as age-friendly seating.

Thank you to Echo Live for this wonderful article.

For more on this article please click here:

<https://www.echolive.ie/corknews/arid-40838789.html>



Ceol Cois Tine Nota

Ghlac Comhairle na Seanóirí Phort Láirge (Waterford Older People's Council) páirt in imeachtaí Sheachtain na Gaeilge i mbliana . Cocert beo ab ea Ceol Cois Tine a lean an patrún bunaithe i gCeolchoirm Cois Tine rathúil na Comhairle a bhí ar siúl gach coicís i rith an gheimhridh 2020-21. Bhí an cheolchoirm ar siúl in Óstán an Greenway Manor díreach taobh amuigh de chathair Phort Láirge ar an 14 Márta agus bhí amhráin Ghaeilge, ceol ar na píobáin, an fhidil, an maindilín agus an focal labhartha ann. Ba é An tAmbasadóir Aoisbhá Phort Láirge Pat McEvoy a d'óstáil é le Tracy McEaney ó Leabharlanna Phort Láirge. Port Láirge in Your Pocket a rinne an físeán agus eisíodh é den chéad uair an 16 Márta. Oifig na Gaeilge Phort Láirge agus Coisde Sheachtain na Gaeilge a mhaoinigh an cheolchoirm.

<https://youtu.be/-D-piOAcILM>



Blackrock build-to-rent scheme aimed at older residents

Housing developer Bartra Property Ltd has submitted plans for a 39-unit build-to-rent apartment scheme to **Dún Laoghaire–Rathdown County Council**. The development, in Blackrock, south Dublin, is intended to provide "high-quality, specialist, age-appropriate housing for older people close to their existing communities", a planning consultant for the firm said, with a range of on-site facilities including a cinema, hairdressing room, and rooftop hot-tubs.



For more information click here: [Irish Times Online](#)

Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone. Please email us your news to Rachel at rleavy@meathcoco.ie Information is one thing we can share right now!

International Updates



IFA Global Cafe | In Conversation with Dr Nereide Alhena Curreri on "Rural Communities for Supporting Ageing-Wellbeing in Latin America and Sub-Saharan Africa".

The International Federation on Ageing held a Global Cafe event this morning called – **In Conversation with Dr Nereide Alhena on "Rural Communities for Supporting Ageing-Wellbeing in Latin America and Sub-Saharan Africa"**.



A recording of this event will be available on the Federation's website <https://ifa.ngo/ifa-global-cafe/> and <https://drbarometer.com/community/resource-library>

Useful Contacts and Info

Age Friendly Ireland Shared Service Office Telephone: **046 9097413**

Or Email: agefriendlyireland@meathcoco.ie

Twitter: [@agefriendlyirl](https://twitter.com/agefriendlyirl)

Facebook: [Age Friendly Ireland](https://www.facebook.com/agefriendlyireland)

Website: www.agefriendlyireland.ie / www.agefriendlyhomes.ie

HSE Advice Line: Callsave 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday