



**DIRECTORY OF SERVICES  
FOR OLDER PEOPLE**  
In Waterford City & County  
*Second Edition*



**Front Cover Photo:** Susan O'Connor, Chairperson of Waterford Older People's Council Executive.  
Photo: Noel Browne

**This page:**  
First meeting after Covid 2020 lockdown. Young Conor is delighted to meet his grandad.  
Photo: Caroline Flynn

Ken Begley, chairman of the Tay & Mahon Valley Active Retirement Group.  
Photo: Tom Hickey

Captain Michael Maguire, Tramore, celebrating his 95th birthday with his daughters Eileen and Mary  
Photo: Anne Healy

**Back Cover Photo:** Anne Dykes, Waterford Older People's Council, enjoying the sunshine during a visit to Dr. Martin Day Centre, Portlawn. Photo: Noel Browne

# EMERGENCY SERVICES



Contact the following Emergency Services 999 or 112

An Garda Síochána

Irish Coastguard

South East Mountain Association (SEMRA)

Waterford Fire Service

Caredoc  
0818 300 365

Emergency Out of Hours  
Contact (Council)  
0818 10 20 20

Civil Defence  
City & County  
051 849922

Fire Safety & Fire  
Prevention queries only  
0818 10 29 82

ESB Networks  
Emergency Line  
021 238 6555

Irish Water  
1850 778 778

Gas Emergency Leaks  
1850 205 050

Samaritans any branch  
free phone number 116 123

Waterford Marine  
Search & Rescue  
087 414 8003

Waterford City River Rescue  
087 606 5502

Waterford Divisional  
Headquarters Garda Station  
051 305 300

*This Directory provides information on many of the essential services (listed alphabetically) available for older adults in Waterford City and County. It includes contact telephone numbers for HSE and other public services, community and voluntary organisations, and some community based older adult social groups across the city and county.*

*The need for this Directory was identified in the Waterford Age Friendly Alliance City & County Strategy and is facilitated by Waterford City and County Council, Waterford Libraries, Waterford Older People's Council, Waterford Citizens Information and a range of other Waterford Age Friendly stakeholders.*

*The information contained in this Directory came from various services, organisations and individuals. We are conscious that it is by no means all-inclusive and is based on the information available to us at this time.*

*Please check also with Waterford Libraries and Citizens Information, Waterford for additional specific interest information.*

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## ANIMALS

Deise Animal Sanctuary	087 311 9509
Waterford Animal Welfare	087 655 1152
Waterford City and County Council Dog Pound	0818 10 20 20
Waterford SPCA Animal Rescue Service	051 841 432

## COMMUNITY CENTRES

Ballymacarbry Community Centre	052 6185483
BRILL FRC (Ballybeg Community Development Project)	051 350100
Butler Community Centre	051 876907
Cappoquin Community Centre	058 52746
Carbally Community Centre	086 855 7041
Ferrybank Community Centre (Parish Office)	051 830813
Larchville & Lisduggan Community Development Project	051 351205
Sacred Heart Family Resource Centre	051 306728
St. Brigid's Family Resource Centre	051 375261
Waterford Women's Centre	051 351918

## COMMUNITY / DAY CENTRES

Cappoquin Day Centre	058 52018
Deise Day Centre /Meals on Wheels	058 44556
Dr. Martin's Day Centre Portlaw	051 387111
Kilmacow Rosedale Centre	051 885125
Kilmacthomas Day Centre	051 294828
Tramore Community Care/Meals on Wheels	051 381136
Waterford Airmount Assisi House	051 371000
Waterford Lady Lane House / Meals on Wheels	051 874056

## CULTURE

Creative Ireland Office	0818 10 20 20
Arts Office Dungarvan	058 41416
Arts Office Waterford	0818 10 20 20

### Theatres

Garner Lane Box Office Waterford City	051 855038
Theatre Royal Waterford City	051 874402
Town Hall Theatre Dungarvan	0818 10 20 20

### Cinemas

Odeon Waterford City	01 6869460
Omniplex Waterford City	051 274085
SGC Dungarvan	058 41021

Comhaltas Branches (County Secretary)	087 773 7716
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### Dancing

Adult Community Dance Class	085 215 7001
Waterford Academy of Music and Art	
David Hennessy Stage School	086 664 21971
Encore Stage Academy	087 629 9508
Theatre Box Stage School	051 821014
Waterford Tango	085 142 5573

### Gardens

Cappoquin House and Gardens	087 670 4180
Curraghmore Estate House and Gardens	086 821 1917
Fairbrook House Gardens	051 384657
Lafcadio Hearn Japanese Gardens	087 096 0013
Lismore Castle Gardens	058 54061
Mount Congreve Gardens	051 384115
Tourin House and Gardens	058 54405

### Museums

Waterford County Museum	058 45960
Waterford Treasures (5 museums in Waterford City)	051 849501

## DEPARTMENT OF SOCIAL PROTECTION

Dungarvan	058 20540
Waterford City	051 356000
Social Welfare/Intreo, Lismore	051 332070

## DISABILITY SERVICES

Brothers of Charity Day and Residential Services	051 833400
Carriglea Cairde Services Dungarvan	058 41322
Cumas Day Service, New Ross , Co. Wexford	051 448063
Disability Services HSE	051 846777 or 051 846774
Family Carers, Waterford	051 872626 / 051 872627
Irish Wheelchair Association City and County	058 24645
National Council for the Blind (NCBI)	1850 334353
Rehab Care, Waterford	051 378880
Services for Disabilities Johnstown Waterford (adult)	051 846701
Waterford Disability Network	051 873854
Waterford Intellectual Disability Association	051 897822
Waterford Deaf (waterforddeaf@gmail.com)	087 763 5995 (text)

## EDUCATION

Cappoquin Further Education & Training Centre	058 52570
Dungarvan Adult Education Centre	058 45757
Dunhill Multi-Education Centre	051 396934
Ozanam Street Further Education & Training Centre	051 873195
Railway Square Adult Education Centre	051 854444
Tramore Further Education and Training Centre	051 393794
Waterford City Adult Educational Guidance Service	087 096 7836
Waterford County Adult Educational Guidance Service	058 48228
Waterford Institute of Technology	051 302000

## GARDA STATIONS

Ardmore	024 94222
Cappoquin	058 54244
Dungarvan	058 48600
Dunmore East	051 383112
Ferrybank	051 832570
Kilmacthomas	051 292211
Kilmeaden	051 384105
Lismore	058 54222
Portlaw	051 387105
Rathgormack	051 646002
Tallow	058 56222
Tramore	051 391620
Waterford City	051 305300

## GROUPS

### Active Retirement

#### Active Retirement Head Office

Call for information on the following areas: 01 8733836

Cappoquin A.R.A.

Cheekpoint & Faithlegg A.R.A.

Cnoc Bui A.R.A.

Comeragh A.R.A.

Deise A.R.A.

Dolmen A.R.A.

Dungarvan & District A.R.A.

Edmund Rice A.R.A.

Gaultier A.R.A.

Sacred Heart A.R.A.

Slievekeale A.R.A.

St. Pauls and District Men's A.R.A.

Suir A.R.A.

Tay & Mahon Valley A.R.A.

Tramore A.R.A.

W.O.W (Women of Wonder) A.R.A.

Age Action Ireland

01 4956989

## Men's Shed

Deise Men's Shed	089 478 5484 / 085 122 6159
Dungarvan Men's Shed	085 770 5502 / 083 820 2519
Kilbarry Men's Shed	087 764 0006
Lios Mor Mochuda Men's Shed	089 4916 711
Portlaw Men's Shed	086 055 5007
Shedworx Men's Shed	085 8615 431 / 083 4508 018
Waterford Estuary Men's Shed	086 855 5223 / 087 629 5640
Waterford Men's Shed	086 154 8382

## Women's Shed

Deise Women's Shed	087 985 3716
Kinsalebeg Community Group – both Men & Women	024 94594
No Limits – Lismore Women's Group	086 152 9258
Tallow Ladies Social Group	058 56445

## Other Groups

U3A Waterford City	083 835 3673
U3A Tramore	089 4438303
Waterford Rotary Club	086 255 9576
Waterford Older People's Council	087 624 4306
Dungarvan Lions Club	087 207 7404
Waterford Lions Club	087 638 5973

## HEALTH CENTRES

Ardmore Health Centre	024 94280
Bonmahon (Kilmacthomas Health Centre)	051 294550
Cappoquin Health Centre	058 54406
Dungarvan Primary Care, Springmount	058 40770/1/2/8/5
Dunmore East (Tramore Health Centre)	0818 08 2254
Kilmacthomas Health Centre	051 294550
Kilmeaden Health Centre	051 384220
Lismore Health Centre	058 54716
Mooncoin Health Centre	051 895163
Mullinavat Health Centre	051 898401
Piltown Health Centre	051 643170
Portlaw Health Centre	051 387247
Tallow Health Centre	058 55024
Tramore Primary Care Centre	
Area 24	051 398156
Area 25	051 398155
Area 26	051 398157

Waterford Health Park Slievekeale Road	051 359066/8
Waterford Primary Care John's Hill Waterford	051 861200/5/6/7 051 861195/6/8/9

## COMMUNITY CARE

Caredoc	0818 300 365
Public Health Nursing Department	051 842898
Waterford Community Care Offices	051 842887
Waterford HSE Local Health Office	051 842800
<b>Private Home Care</b>	
Blue Bird Care	051 591 783
Clannad Care	051 878 947
Home Instead Care	051 33966/058 75298

## Homeless

Homeless Men – present to McGwire House, Waterford	051 879930
South East Simon Community	051 872693

## HOSPITALS

University Hospital Waterford 051 848000

UPMC Whitfield Hospital Cork Road Waterford 051 337 400

### Community Hospitals

Dungarvan Community Hospital 058 20992

St. Joseph's Geriatric Hospital 058 20900

St. Vincent's District Hospital 058 41125

### Palliative & Hospice Care

Solas Cancer Support Team 051 304604

Waterford Hospice 051 844847

Waterford Hospice Homecare Service 051 842239

## HOUSING AGENCIES

Clúid Housing 01 707 2088

Focus Ireland 051 879 810

Respond Waterford 051 304 007/01 808 7700

## INDEPENDENT LIVING

Ballymacarbry Elders Housing Association 052 6136437

Cathedral Close Retirement Apartments 051 853152

Cheshire Homes 051 871933

Cluid Housing Association 051 841596

Holy Ghost Residential Home 051 374397

Lady Lane House Retirement Services 051 874056

Respond (Support) Ltd John's College 051 840 200

Tintean Housing Association 051 844076

Walsh Home & Matthew Shee Home 087 260 3593

Waterford Centre for Independent Living 051 304020

## INFORMATION SERVICES

Citizens Information Centre Dungarvan (CIC) 0818 07 6550

Citizens Information Centre Merchants Quay 0818 07 6560

Citizens Information Centre 37 Lower Yellow Road 0818 07 6580

## LIBRARIES

Ardkeen Library	051 849755
Browns Road Library	051 849614
Cappoquin	087 260 5466
Carrickphierish Library	051 849696
Central Library	051 849975
Dungarvan Library	058 21141
Dunmore East Library	051 383211
Ferrybank Library	051 897200
Kilmacthomas Library	051 294270
Lismore Library	058 21377
Portlaw Library	051 387402
Tramore Library	051 849594
Tallow Library	058 56347

## KILKENNY LIBRARY SERVICE

Ferrybank Library	051 897200
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## LOCAL GOVERNMENT

### WATERFORD CITY & COUNTY COUNCIL

Customer Services Waterford Council	0818 10 20 20
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Contact the following departments via Customer Services:

Dog Control /Dog Warden

Environment Department

Horse Control

Irish Officer

Register of Electors

Fire Safety and Fire Prevention queries only	0818 10 29 82
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Housing Department

Housing, Anti-Social Behaviour Unit

Information on Residents Associations

Housing Emergency Repairs

Housing Emergency Service Weekends only

Planning Department

## **WATERFORD CITY & COUNTY COUNCIL CNTD.**

Roads, Parking & Transport Department

Motor Tax

Traffic Fines

Archives Waterford City & County Archives 0818 10 2144

Dungarvan Civic Amenity Site 058 43358

Heritage Office 0818 10 26 68

Housing Applications Team (HAP) 0818 10 24 77

Housing Rental Accommodation Scheme (RAS) 0818 10 20 97

Kilbarry Civic Amenity Site 0818 10 26 08

Waterford Energy Bureau 0818 10 24 29

## **PARISH CENTRES**

Sacred Heart, The Folly 051 873792

St. Joseph and Benildus 051 878977

St. Pauls, Lisduggan 051 357730

Friary Church, Dungarvan 058 41136

St. Mary's Church Of Ireland, Dungarvan 058 54105

Church of St. Augustine, Abbeyside 058 45787

## **RESIDENTIAL NURSING HOMES**

Care Choice Dungarvan 058 40 200

Dunabbey House Nursing Home 058 20950

Havenwood Retirement Village 051 303800

Killure Bridge Nursing Home 051 870055

Maypark House Nursing Home 051 301848

Mooncoin Nursing Home 051 374481

Padre Pio Rest Home Cappoquin 058 54117

Rockshire Care Centre 051 831108

SignaCare Rocklands, Ferrybank 051 899013

St. Carthage's House Lismore 058 54309

St. Joseph's Care Home 051 833006

Waterford Nursing Home (Mowlam) 051 820233

Waterford Residential Centre (St. Patrick's) 051 848716

## **SPORT**

Waterford Crystal Sports & Leisure Centre 051 377905

Williamstown Golf Club 051 849610

Waterford Sports Partnership 058 21191

## SUPPORT SERVICES

AI–Anon	01 8732699
Alcoholics Anonymous	01 8420700
ALONE	0818 222 024
Alzheimer’s Society Waterford	051 856831
Aware (Your supporting light through depression)	01 661 7211
Care & Repair (Waterford Area Partnership)	051 841740
Enable Ireland	051 841696
Focus Ireland	051 879810
Generation Tech	086 251 8914
HSE Quit Line	1800 201 203
Irish Senior Citizens Parliament	01 7008433
MABS (Money Advice Bureau) Waterford City	0818 072050
MABS, Dungarvan	0818 072770
Oasis House (Domestic Abuse Services)	1800 264 364
Parkinson’s Association	1800 359 359
Pieta South East	051 858510
Rape & Sexual Abuse Centre (Waterford) (051) 873362 (Freephone)	1800 296 296
Samaritans 116 123 any branch free phone number	116123
Social Prescribing City	089 250 1413
Social Prescribing County	089 491 7360
South East Radiotherapy Service	087 123 0805
St. Christopher’s Community Ambulance	087 258 3978
Traveller Support Group	051 357016 (058) 51238
Waterford Community Based Drugs Initiative	051 351100
Waterford Integration Services	051 844538
Waterford Volunteer Centre	083 026 8144

## TRANSPORT

Bus Eireann, Merchants Quay, Waterford	051 879000
Dublin Coach, Naas Rd., Dublin 12	01 4659972
Irish Rail Plunkett Station, Waterford	051 873401
J.J. Kavanagh Blenheim Dunmore Rd., Waterford	0818 333 222
Local Link	058 22076
Suirway Buses Passage East, Co. Waterford	051 382209
Wexford Bus Rosslare Rd., Drinagh Co. Wexford	053 9142742









