

National Updates

Vodafone become the first Age Friendly Telecommunications Store in Ireland

Age Friendly Ireland is delighted to announce that Vodafone have the first telecommunications stores in Ireland to achieve Age Friendly Business status.

Twenty one Vodafone stores throughout the country have completed Age Friendly training, have appointed an Age Friendly Champion, and have implemented three simple changes in store to make the environment, and the customer experience, more appropriate for older customers.



Age Friendly Ireland is currently rolling out training for businesses all over Ireland to help them respond to our rapidly ageing demographic in a positive and supportive way. These businesses recognise that, despite the challenges of Covid19, it is important to focus on encouraging and supporting older

customers to continue using the products and services they need and enjoy in a safe way.

“Older consumers are very important to a business as they are usually loyal, regular customers who provide repeat business, once they are valued and appreciated”, says Catherine McGuigan, Chief Officer, Age Friendly Ireland. “Our Business Recognition training programme has shown businesses how to engage with their older customers in a respectful and appropriate way, while giving teams a real appreciation of the valuable contribution older people make to our towns and communities. We are delighted that Vodafone engaged so enthusiastically with the programme from the start and implemented changes in a very short time”.

The Vodafone stores have received their Age Friendly Charters which will be on display in store, and will be among the first stores to be listed on the Age Friendly Business directory at www.agefriendlyireland.ie

Other business leaders in the banking, finance, insurance, food, hotel and restaurant have completed their Age Friendly Business Recognition training and joined Vodafone earlier this month at a National Launch of the Age Friendly Business Recognition Scheme where they received their Business Charters.



Rialtas na hÉireann
Government of Ireland



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive



Public Health Measures

You can [find information here](#) about the public health measures in place.

Cyber Attack Information

Visit [HSE website service updates page](#) for regularly updated information about service changes and follow our updates in the news and on HSE social media channels.

COVID-19 Vaccination Programme

The vaccination programme continues to be rolled out nationwide. More than 4.1 million vaccines have been administered in Ireland. 67% of adults (2.5 million people) have now received at least one dose. 44% of adults (1.67 million people) are fully vaccinated. For updates and information on each of the vaccine allocation groups, and when and where they'll be invited for their vaccine, please visit www.hse.ie/rollout

Registration for people aged 35 to 69

People aged 35 to 69 can register online for their vaccine

- [Register online to get a COVID-19 vaccine.](#)
- [Read the user guide for help with registering online.](#)
- If you cannot register online, you can [call the COVID-19 helpline](#) at 1800 700 700 to register by phone.

Groups currently being vaccinated

The groups currently being vaccinated against COVID-19 are:

- people aged 65 years and older who live in long-term care facilities (Group 1)
- frontline healthcare workers (Group 2)
- people aged 70 and older living in the community (Group 3)
- people aged 16 to 69 who are at very high risk (Group 4)
- people aged 65 to 69, including those at high risk (Groups 5 and 6)
- people aged 16 to 64 who are at high risk (Group 7)

We are also vaccinating:

- pregnant women over 14 weeks – you can [find more information here](#)
- socially vulnerable adults
- people aged 35-69 who have registered for their vaccine.

Vaccination for people aged 18-34

Vaccination at a Pharmacy:

From Monday, 5 July 2021, people aged 18 - 34 who have not yet received a COVID-19 vaccine, can choose to get vaccinated with the single-shot Janssen vaccine at a local pharmacy.

You do not need to register online but you do need to book an appointment through your pharmacy. To arrange to get the Janssen vaccine at a pharmacy, contact a [participating pharmacy](#) directly to book an appointment. We are asking that people book with participating pharmacies in advance so that the pharmacy can plan accordingly and reduce the risk of any wastage.

Vaccination at a Centre:

If you are aged 18-34 and would prefer to get your vaccine at a HSE vaccination centre, you can wait and register online later this month. We will let you know when your age group can register, through news or public advertising.

Online registration for people aged 30-34 years old, for vaccination through vaccination centres, will open next week from Friday, 9 July.

More information and updates are available [here](#).

HSE vaccine appointment scheduling

If you miss an appointment, we will automatically schedule a new one. If you miss 3 appointments, we will stop scheduling new appointments for you. You will then need to call HSELive to ask for a new appointment. Freephone: 1800 700 700 Open: 8am to 8pm, Monday to Sunday

Going to a vaccination centre

In order to reduce the number of people at the vaccination centre we ask that you do not bring anyone else to your appointment with you. If you have a child, please ask someone to care for your child for the short time that you will be at the vaccination centre.

If you have no one to mind your child:

Please phone HSELive on 1800 700 700 and ask for a new appointment if you cannot get anyone to mind your child while you attend your vaccine appointment.

If you cannot get anyone to mind your child, at any time, and you must bring them with you, phone HSE Live. They will work with your vaccination centre team to find the safest time that you can attend with your child. Your child will need to stay with you at all times. You will need to give contact details for an emergency contact who can collect your child if you become unwell after your vaccine.

Complete your vaccination schedule

If you have received the first dose of a two-dose vaccine (Pfizer, Moderna or AstraZeneca), please complete the full schedule by attending when called for your second dose. The vaccines are most effective against

COVID-19 infection, including the Delta variant, when the full schedule is completed.

After you have been fully vaccinated against COVID-19, you are vaccine protected

When your vaccine has had time to work, you can do some things that were not recommended before you were vaccinated. You can [find more information here](#).

Please Remember - Vaccines are making a big difference, but COVID-19 can still spread and infect people who aren't vaccinated. We CAN do this, for our friends, our families, our communities - [#ForUsAll](#) [#StaySafe](#)

Where to find COVID-19 Vaccination Information

We encourage everyone to read about the COVID-19 vaccine and to get their information from a factual, trusted source – here are the links to the pages with information on the vaccine:

- Check [hse.ie/covid19vaccine](https://www.hse.ie/covid19vaccine) for information about the vaccine, information on this page is updated regularly
- Find the vaccine information materials at www.hse.ie/covid19vaccinematerials
- Details on getting the COVID-19 vaccine is updated regularly [here](#)
- Details on COVID-19 vaccines administered are available [here](#)
- Read the [full COVID-19 Vaccine Allocation Strategy](#)
- Read the [National Immunisation Advisory Committee Chapter about COVID-19 vaccine](#)
- [COVID-19 vaccine information for health professionals](#)

Janssen vaccine available from some pharmacies

Many pharmacies are now offering the Janssen single-dose COVID-19 vaccine to people aged 50 or over who have not been vaccinated yet. Find a pharmacy to [book your vaccine appointment here](#).

AstraZeneca vaccine second dose

The AstraZeneca vaccine is a two-dose vaccine. Please attend for your second AstraZeneca dose when invited. This gives increased and longer lasting protection against COVID-19 including the Delta variant now circulating widely in the UK. Anyone who received a first dose of AstraZeneca vaccine should get their second dose 8 to 12 weeks after the first dose. If more than 12 weeks has passed since your first dose and you have not received your second dose, you can phone HSELive on 1800 700 700. You can [read more here](#).

COVID-19 Testing - Online Booking System

We have a COVID-19 test online booking system for some testing centres. [To book a test, log on to our system here](#). You can also show up without an appointment, but you may not have to wait as long if you book online. Full details of [how to get tested are available here](#).

Public Health Information

As always, for the most up to date information and advice on Coronavirus, please go

to: <https://www2.hse.ie/coronavirus/> and <https://www.hpsc.ie/a-z/respiratory/coronavirus/novelcoronavirus/>. Clinical and professional guidance relating to COVID-19 is available on www.hpsc.ie where you'll find up to date guidance for healthcare settings and non-clinical settings.

Please check [here](#) for the most up to date partner resources for COVID-19.

You can find the [COVID-19 A-Z information here](#) from the HSE's Health Protection Surveillance Centre (HPSC).

Please also check the Healthy Ireland site [here](#) with further resources and information on the Keep Well campaign.

You can view the latest information on how Ireland is responding to cases of COVID-19 [here](#).

Ireland's COVID-19 Data Hub is [available here](#).

HSE Cyber Security Incident Update

While good progress has been made in restoring some of our systems, services around the country are continuing to see significant impacts and disruptions to services. Health link, which provides an interface between the HSE and the GP community, has had functionality restored and GPs can now send information to the HSE on their vaccination progress, and other important services.

BusConnects Cork programme

The National Transport Authority (NTA) has published a document titled the "Choices Report" on the Cork Bus Network as part of the BusConnects Cork programme. The Choices Report is the basis of an initial consultation process on redesigning Cork's bus network.

BusConnects is the NTA's programme to greatly improve bus services in Irish cities. It is a key part of the Government's policy to improve public transport and address climate change in cities across Ireland. BusConnects is included in the following Government policy strategies:

- The National Development Plan 2018 - 2027;
- Cork Metropolitan Area Transport Strategy 2040 (CMATS); and
- The Climate Action Plan 2019.

BusConnects Cork will deliver a transformation of the bus network for the city and surrounding areas. A step change in the use of sustainable modes is required to enable Cork to reach its potential as the fastest growing city in Ireland. BusConnects Cork will also facilitate an increasingly important interchange service between the InterCity, suburban rail and light rail stations and the Park and Ride network.

The NTA yesterday launched a consultation on the Choices Report, inviting members of the public and other interested parties to make a submission to help shape the first draft of the City's new bus network. The Choices Report is about initial decisions that need to be made in redesigning the bus network. It is not setting out a revised bus network design – that will be developed at a later stage.



Submissions to this initial consultation will be reviewed by the NTA and Jarrett Walker & Associates who prepared the Choices Report. These submissions will inform the design process for the first draft of the new network, which will be published and subject to further public consultation later this year.

As a separate project forming part of the overall BusConnects Programme, it is intended that the new network will be supported by infrastructure works on Core Bus Corridors to enhance walking and cycling facilities in addition to providing bus priority. A consultation on this infrastructure will be held in the coming months.

The consultation started yesterday 1st July and will run until 21st July. This consultation will take place online, with the purpose of the public consultation on the Choices Report is to invite members of the public to provide their opinion on certain choices about the future Cork bus network.

In addition to the consultation portal on our website, a public information meeting will be held via Zoom on 6 July at 6pm. Registration for the event can be completed [here](#).

Submissions will be invited through an interactive survey on our website www.busconnects.ie/busconnects-cork. The Choices Report is available to view and download on our website along with the attached information leaflet. For any further queries, the BusConnects team can be contacted via:

- Email: corknetwork@busconnects.ie
- Freephone: 1800 303 653

Dementia: Understand Together

Programmes and Events:

The **Irish Dementia Cafe Network** invites you to the free launch event for the manual **HOW TO SET UP A DEMENTIA CAFÉ** on Wednesday 7th July, 2021 (5.00pm – 6.00pm) by zoom.

You can register here <https://www.eventbrite.ie/e/launch-of-the-manual-how-to-set-up-a-dementia-cafe-tickets-161487676989?aff=erelpanelorg>

This manual provides guidance on how to set up and run a dementia cafe. It includes information and resources, as well as signposting to organisations and websites for further information on dementia.

Speakers on the day include:

- The dementia cafe: a support for the person and family post diagnosis - Dr Emer Begley, Senior Project Manager, National Dementia Office.
- Launch of Dementia Cafe Manual - Kevin Quaid and Helena Quaid, Co-ordinators, Kanturk Memory Cafe.
- How to set up a dementia cafe: first-hand experience - Catherine Murphy, Occupational Therapist, Kerry Memory Technology Resource Room (MTRR) and Co-ordinator, Kingdom. Virtual Dementia Cafe & Noelle Clancy, Health & Wellbeing Co-Ordinator, Silver Arch Family Resource Centre and Co-ordinator Nenagh/ Ballina/ Killaloe Dementia Cafe.



- Five 5 easy steps to setting up a dementia cafe. Get started! - Manuela Armini, Co-ordinator, Irish Dementia Cafe Network

Community Champion Networking Event

On June 23rd Dementia: Understand Together in Communities hosted a Support & Share Networking event for champions in 5 communities, **Tipperary, Mayo, Wexford, Kerry and Meath**. Champions from each county gave a short presentation on their Dementia Inclusive activities and shared experiences, resources and best practice. This is the link to the recording <https://www.understandtogether.ie/training-resources/helpful-resources/understand-together-resources/videos/>
The event was a first step for community stakeholders to engage on a county level and if you would like to be involved in dementia inclusive initiatives in your county you can contact us or the speakers.

Speakers included

- **ASI:** Donal Murphy, Operations Manager, The Alzheimer Society of Ireland donal.murphy@alzheimer.ie
- **Mayo,** Frances Maloney, CADM Dementia services & supports manager cadmayo@gmail.com
- **Wexford,** Emer Finn, Occupational Therapist working in primary care emer.finn@hse.ie
- Lisa Farley, Intellectual disability Nurse, Animal assisted therapist & Occupational therapist lisa.farley@hse.ie
- **Tipperary,** Fiona Crotty, Age Friendly Programme Manager & Tipperary Local Community Development fiona.crotty@tipperarycoco.ie
- **Meath,** Aine Bird, Age Friendly Programme Manager aine.bird@meathcoco.ie
- Cllr David Gilroy, elected member for Meath County Council and local businessman in Athboy david.gilroy@members.meathcoco.ie
- **Kerry,** Eibhlis Cahalane, Senior Physiotherapist Services for Older People, HSE CorkKerry Community Healthcare eibhlis.cahalane@hse.ie
- Dolores McElligott, Community Health Worker, HSECorkKerry Community Healthcare Dolores.McElligott@hse.ie



Department of Economic and Social Affairs



Government Offices of Sweden



International Federation on Ageing



United Nations

Department of Economic and Social Affairs

Invitation to the official SGA side event at the United Nations High Level Political Forum 2021:

COVID-19 Pandemic: A Stress Test of Global Ageing

Older Persons have been among the first and hardest hit by the COVID-19 pandemic. In many respects the pandemic could be viewed as a test of how prepared/or not Member States are for the rapidly ageing society. Pandemics disrupt and have the potential to drive change. Only a whole-of-society, whole-of-government approach can respond effectively to the dynamic challenges of this time. In his report, the



comhairle chontae na mí
meath county council





Secretary-General presented new research on how longevity has the power to transform labour markets, economies and societies. The recently released WHO Global Report on Ageism shows that one in two people hold ageist attitudes towards older people.

This side event will focus on: Health and Long-Term Care, Economic Development and Work and Technology in ageist environment during the pandemic.

Date: Tuesday 6th July 2021

Time: 1:00 pm - 2:30 pm EDT (New York)

[Register Here](#)

Speakers:

- Ms. Erica Dhar, Co-Chair, Stakeholder Group on Ageing
- Dr. Jane Barratt, Secretary General, International Federation on Ageing
- Prof. Andrew Scott, Professor of Economics, London Business School
- H.E. Ms. Barbro Westerholm, Member of Parliament, Sweden
- Dr. Ad van Berlo, Chief Executive Officer and R&D Manager, Smart Homes
- Ms. Aura Sevilla, Programme Consultant for South East Asia and Older Workers, Women in Informal Employment: Globalizing and Organizing (WIEGO)
- Ms. Grace Chan, Business Director, Hong Kong Council of Social Service
- Mr. Steve S. J. Lee, Organizing Partner, Major Group for Children and Youth
- Ms. Amal Abou Rafeh, Chief of the Programme on Ageing Unit, United Nations Department of Economic and Social Affairs (UN DESA)

[Event Information](#)





Survey of Taxi's and Hackneys

The NTA is committed to the provision of high quality, accessible, sustainable transport connecting people across Ireland. In furtherance of this aim NTA has engaged Behaviour & Attitudes, an independent market research company based in Dublin, to conduct this **survey** with the aim of getting information on the demand, delivery and accessibility levels of small public service vehicle (SPSV) passenger services nationwide, for example **taxis and hackneys**. The data obtained through this survey will assist NTA in enhancing the SPSV passenger services strategy.

The survey can be completed in the following ways:

1. Online, via the following link which is compatible with screen-readers: <https://secure.bandasurvey.ie/WebProd/Start/Ba212691>.
2. By post: if you require a hard-copy version of the survey, please contact Behaviour & Attitudes at glenn@banda.ie You will also receive a stamped addressed envelope to facilitate the return of your completed survey.
3. By telephone: should you prefer to complete the survey in this manner, please contact Behaviour & Attitudes at glenn@banda.ie or on 01 2057561. They will arrange for an agent to call you to go through the questions with you.

Should you wish, you may also ask someone to complete the survey on your behalf.

The survey, which is voluntary, will close on **Friday 30th July 2021 at 5pm** and responses received after this date will not be considered. All responses will be anonymised and the survey findings will be presented in a grouped format.

Finally NTA would like to thank you for taking the time to complete the survey. Your assistance is greatly appreciated



Join us on Facebook
Monday 5th
Wednesday 7th
Friday 9th
at 11am for
Age & Opportunity
Movement Minutes



#AgeandOpportunity

The classes are available on [Facebook](#) and [YouTube](#) and the timetable shows where each class is available.



Age Friendly Day in Athboy
Wednesday the 14th of July
from 2pm to 7pm

Many of the businesses in Athboy have become part of the Age Friendly Business Programme, which means they will offer discounts, smaller portions, early bird menus, music, home delivery of purchases, demonstration of age appropriate exercises and much more for people over the age of 55.

You can come to Athboy by car, with parking behind the new Medical Centre or you can avail of a free bus being provided by Flexibus, you will need to ring ahead and book.



Phone : 046-9074830

Age Friendly
meath

PTO

The participating Businesses are:

	Bird's Centra Athboy	
	Staunton's Pharmacy	
	Mc Elhinney's for Men – 10% discount	
	RS (Richard Smith) Awards	
	The Darnley Lodge Hotel	
	Amber boutique	
	B J Faulkners & Sons	
	Belle Marie Bridal	
	BOI - Athboy	
	Athboy Physiotherapy and Sports Clinic	
	Niamh's Beauty Salon	
	Mullens Funeral Directors	
	Treacy's Gifts	
	The Gift & Home Boutique	
	Café Sabrosa	
	Hi Class Cuts	
	Smyths newsagents & PO	
	Mellowes Adventure Centre	
	The Lawrence	



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

The HSE's Activity Garden and Outdoor Gym Project on the St. John's Community Hospital campus in Enniscorthy was launched on 29th June. The project at the St. John's Community Hospital campus has been developed with support from the HSE's Health and Wellbeing Staff Fund, with the aim of re-imagining and ensuring greater use and enjoyment of the green space on the campus – thereby promoting physical activity in a more creative and stimulating environment.



The HSE, in addition to providing a wide range of community healthcare services at locations in Enniscorthy and to its and surrounding communities, is one of the biggest employers in the town. The St. John's campus features:

- St. John's Community Hospital (long stay older persons and extended care residential centre).
- Millbrook Disability Day Centre.
- An Tearmann (mental health services respite unit).
- Carn House community mental health day services centre).
- Havenview (mental health services residential centre).
- Millview (mental health services residential centre).
- Tús Nua (mental health services rehabilitation unit).
- HSE and other Primary Care services located the old St. John's Hospital building.

The project on site also involves inter agency co-operation with and the active support of Waterford Institute of Technology (WIT), Wexford County Council including Wexford Age Friendly, Libraries, Arts Department and Sports Active, Creative Ireland, the Irish Architectural Foundation and Enniscorthy Men's Shed.

On hand to mark the latest development in a (limited and) socially distanced launch on Tuesday afternoon of the outdoor gym on the campus was Wexford Senior Hurling Team Manager and RTE "Ireland's Fittest Family" co-presenter Davy Fitzgerald.



For the HSE, Dr. Derval Howley (Head of Service, Health and Wellbeing, South East Community Healthcare) and Dr. Denise Rogers (Acting Principal Psychology Manager, Wexford Mental Health Services) both spoke about the development of plans regarding the Activity Garden and Outdoor Gym Project.

Welcoming the Chair of the Enniscorthy District of Wexford County Council Cllr. Cathal Byrne and other guests to the launch, Mick Mahon (Clinical Nurse Manager, Havenview Mental Health Services Residential Centre) said: “Everyone that works on campus here in Enniscorthy are delighted that Davy Fitzgerald took time out to visit us today and launch this important amenity. As someone so well regarded in sporting circles and other spheres of life in Co. Wexford, Davy is a very welcome visitor and we are appreciative of his association with the Enniscorthy Activity Garden project.” “Our outdoor gym signifies the start of an exciting development for a community here that has had a challenging time over the past year, so this positive development is really welcome.”

“Last year, we established the St. Johns Healthy Campus Committee, who oversee all of the Health and Wellbeing. Initiatives onsite have included covered bicycle storage, seating and the “Keith’s Closet” donated clothes use for residents/patients to name a few. Thanks to the wider HSE Management who have supported staff across divisions and services to be involved in this initiative. We are delighted to have Enniscorthy Men’s Shed, Wexford Age Friendly and Sport Active Wexford as active members on this committee.

“In noting Creative Ireland co-ordinator Eileen Morrissey’s presence here today, we are excited to announce that we have secured Creative Ireland funding – in partnership with Wexford County Council Arts Department and Wexford Age Friendly, the Irish Architecture Foundation and Men’s Sheds – to develop the space in collaboration with architects and artists into something really special. This will be designed in collaboration with people who use the campus over the next few months.”

Your Voice



We've heard about so much good work going on all around the country, please let us know what's happening in your area so we can share those innovative ideas with everyone. Please email us your news to Rachel at rleavy@meathcoco.ie Information is one thing we can share right now!

International Updates



International Federation on Ageing

IFA Global Cafe | In Conversation with Dr Dalia Tsimpida on "Hearing Health in Later Life"



The International Federation on Ageing held a Global Cafe event earlier today called - In Conversation with Dr Dalia Tsimpida on "Hearing Health in Later Life". A recording of this event will be available on the Federation's website <https://ifa.ngo/>

<https://www.who.int/news-room/fact-sheets/detail/deafness-and-hearing-loss>

Important Tips

Always have your **Eircode** close by in case of emergency. You can find your Eircode [here](#)

Perhaps keep a **daily diary** to record the people you are in contact with every day, so if you develop symptoms it will be easier to trace them

Coronavirus COVID-19

If you have fever and/or cough you should stay at home regardless of your travel or contact history.

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days. Check the list of affected areas on www.usda.ie

All people are advised to:

- > **Reduce** social interactions
- > **Keep a distance** of 2m between you and other people
- > **Do not** shake hands or make close contact where possible

If you have symptoms visit hae.ie OR phone HSE Live **1850 24 1850**

How to Prevent

Wash <small>your hands, feet and clothes to avoid contamination</small>	Cover <small>your mouth and nose with a tissue or elbow when coughing or sneezing and dispose used tissue</small>	Avoid <small>touching eyes, nose or mouth with unwashed hands</small>	Clean <small>and disinfect frequently touched objects and surfaces</small>	Stop <small>shaking hands, taking public transport, visiting other people</small>	Distance <small>avoid at least 2 metres (6 feet) from other people, especially those who might be unwell</small>

Symptoms
Fever (High Temperature) • A Cough • Shortness of Breath • Breathing Difficulties

For daily updates visit
www.gov.ie/health/covid-19
www.2020.ie

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Useful Contacts

Age Friendly Ireland Shared Service Office Telephone: 046 9097413

Or Email: rleavy@meathcoco.ie

HSE Advice Line: Callsave 1850 24 1850

Call from 8am – 8pm Monday to Friday and 10am to 5pm Saturday and Sunday

The following is the list of each **Local Authority's Helpline phone numbers**

Local Authority	Community Response Number
Carlow County Council	1800 814 300
Cavan County Council	1800 300 404
Clare County Council	1800 203 600
Cork City Council	1800 222 226
Cork County Council	1800 805 819
Donegal County Council	1800 928 982
Dublin City Council	01 222 8555
DLR County Council	1800 804 535
Fingal County Council	1800 459 059
Galway City Council	1800 400 150
Galway County Council	1800 928 894
Kerry County Council	1800 807 009
Kildare County Council	1800 300 174
Kilkenny County Council	1800 326 522
Laois County Council	1800 832 010
Leitrim County Council	1800 852 389
Limerick City and County Council	1800 832 005
Longford County Council	1800 300 122
Louth County Council	1800 805 817
Mayo County Council	094 906 4660
Meath County Council	1800 808 809
Monaghan County Council	1800 804 158
Offaly County Council	1800 818 181
Roscommon County Council	1800 200 727
Sligo County Council	1800 292 765
South Dublin County Council	1800 240519
Tipperary County Council	076 106 5000
Waterford City and County Council	1800 250 185
Westmeath County Council	1800 805 816
Wexford County Council	053 919 6000
Wicklow County Council	1800 868 399